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Ancient Teachings for Beginners Ancient Teachings for
Modern Times Ancient Future Modern Buddhism:
Buddha's Ancient Teachings For The Modern Person
The Ancient Teachings of the Masters Ancient
Teachings The Upanishads Coming Full Circle The Spirit
of Intimacy: Ancient African Teachings in the Ways of
Relationships Ruling Your World Principles of the
Ancient Teachings of the Masters Yoga for
Transformation Common Sense about Uncommon
Wisdom The ANCIENT SCIENCE OF VIBRATION - THE
TEACHINGS OF TEHUTI Lineage Lectures on Ancient
Philosophy The Lost Teachings of Atlantis The Quest On
Manifesting The Last Stratum Medicine Wheels Gift of
Mind Goddess Wisdom The Ancient Wisdom Yoga
Morality The Spirit of Intimacy The Five Emanations
Ancient Teachings, Modern Perspectives The Gospel of
Buddha, Compiled from Ancient Records The Ancient
Wisdom The Ancient Wisdom The Secret Teachings of
the Lost Land of Eden The Epic of Gilgamesh, the
Teachings of Siduri and How Siduri's Ancient Advice

Can Help Guide Us to a Happier Life, Third Edition
Ancient Teachings on the Ego Ancient Wisdom for a
New Age Spiritual Teachings of the Avatar Ancient
Healing Techniques T'ai Chi Classics The Opening of
the Way Ancient Teachings on the EGO

Ancient Healing Techniques Apr 26 2021 Thousands of years ago, the High Priests of Egypt performed a special rite called a Final Initiation. Many of these secret ceremonies took place at the Great Pyramid, where initiates performed sacred rituals involving breathing, meditating, and chanting. Afterwards, the students were ready to enter the world as healers. The author of Ancient Teachings for Beginners, Douglas De Long demonstrates how to perform this Final Initiation rite and other methods for advancing one's psychic and healing abilities. These techniques-involving energy healing, chakra work, color, chanting, breathing-are designed to help one achieve spiritual, emotional, and physical well-being.

The Five Emanations Mar 06 2022 Creativity is based on receptivity. Hearing the original self speak is based on quieting the conditioned self's habit thoughts, emotions and memories. Attuning ourselves to the One is based on clearing out an inner place for the One to lodge. But the "how" of achieving such a goal can seem so elusive-or can be presented in ways that make it seem

like real results come only after decades of a monastic-like way of life. Author William Douglas Horden follows up on his highly acclaimed work, *The Toltec I Ching*, with this concise course in self-transformation. Based on his own death experience, Horden translates the ancient teachings on unifying the higher and lower souls into a practical guide for the modern mind. *The Five Emanations* is, in this sense, the newest incarnation of those ancient protocols that belong to this historical epoch. It is a course of self-transformation in the tradition of sudden enlightenment practitioners. It follows in the footsteps of those who empty out their self-defeating patterns of thought, emotion, and memory in order to make a lodging-place for the original uncreated awareness. It points to the shortcut method by which the modern mind of one's contemporaries is permanently aligned with the ancient soul ever-awakening within every form. In all this, it adheres to the ancient teaching of self-liberation, which transcends the separation of spirit and matter by uniting That Which Is Above with That Which Is Below in this very body and in this very lifetime.

The ANCIENT SCIENCE OF VIBRATION - THE TEACHINGS OF TEHUTI Apr 18 2023

The Ancient Wisdom Nov 01 2021 Embark on a transformative journey through the ages with "The Ancient Wisdom" by Annie Besant. This captivating

exploration delves into the timeless teachings and profound insights of ancient civilizations, offering a roadmap to unlocking the mysteries of the universe and discovering the true essence of existence. Annie Besant, a pioneering thinker and respected theosophist, invites readers on an enlightening quest to uncover the ancient wisdom traditions that have shaped human consciousness for millennia. Drawing from the sacred texts, myths, and philosophies of diverse cultures, she reveals the underlying principles that underpin the universe and the interconnectedness of all life. Within the pages of "The Ancient Wisdom," you'll encounter a treasure trove of esoteric knowledge, spiritual practices, and metaphysical truths that offer profound insights into the nature of reality. From the mystical teachings of ancient Egypt to the wisdom of the Vedas and the mystical traditions of the East, each chapter illuminates a different facet of humanity's quest for enlightenment. Whether you're a seasoned seeker or a curious explorer of the unknown, this book serves as a beacon of light on the path to self-discovery and inner wisdom. Through engaging prose and thought-provoking reflections, Annie Besant invites readers to awaken to their true potential and embrace the boundless possibilities of the universe. Uncover the secrets of the ancients and embark on a journey of self-transformation with "The Ancient Wisdom." Order your copy today and embark on an

odyssey of enlightenment that will forever change the way you perceive yourself and the world around you.

Spiritual Teachings of the Avatar May 27 2021 Is there a divine reason the word "Avatar" emerged at the forefront of popular culture? Discover the original Avatars and learn how their ancient wisdom can change the way you view the world. **Spiritual Teachings of the Avatar** speaks to anyone concerned with the sustainability of Mother Earth, the role of elders in our society, the seemingly unconsciousness of science and corporations, and the subtleties of unseen realities, resulting in spiritual growth, a deeper relationship with nature, and a better world for all. An avatar is a manifestation of the Supreme Being—usually in human form—that descends from the transcendental realm to Earth to heal the planet and restore peace and harmony by eliminating the harmful souls that prey on Mother Earth. In **Spiritual Teachings of the Avatar**, Vedic expert and teacher Jeffrey Armstrong explains the ancient Indian wisdoms embodied in the word “ avatar, ” and that behind the notion of avatar is a view that sees the sacredness of all life and the soul of all beings as eternal—meant for freedom and made of divine essence.

Ancient Future Mar 30 2024 Ancient Future celebrates the wisdom of those ancient civilizations that did not disassociate the philosophical, spiritual, and material

realms of life. This book is an attempt to re-create this holistic experience in hopes that a synthesized view of life will become reality in the 21st century.

Medicine Wheels Sep 11 2022 This illuminating guide to the Native American ritual of the Medicine Wheel makes an ancient spiritual practice available to everyone. Roy Wilson, Cowlitz Chief and Spiritual Leader in Washington, combines Sun Bear's Zodiac (outer circle) and his own vision. The Four Pathways are used to experience the God within. It is important to note that all Pathways go through the Creator, which includes the Creator in the center, surrounded by seven Spirit Messengers: Cougar, Hawk, Coyote, Wolf, Bear, Raven, and Owl; the four Gatekeepers: Buffalo in the East, Bear in the South; Eagle in the West; and Cougar in the North; the twelve Spirit Helpers: Turkey, Turtle, and Owl on the East Pathway; Beaver, Ant, and Squirrel on the South Pathway; Butterfly, Bat, and Grouse on the West Pathway; and, Hawk, Goose, and Wolf on the North Pathway.

Coming Full Circle Oct 25 2023 "Lynn Andrews has gathered stories from the most profound teachings she has received over the years from the women of the Sisterhood of the Shield, members of an ancient shamanic society deeply embedded in native cultures and traditions all over the world. These shamanic, philosophical, and inspirational teachings are now

condensed into one very important book. Her unique and eloquent narrative style reveals and explains how the application of ancient healing techniques can relate to the modern world"--

Gift of Mind Aug 11 2022 The purpose of this book is to allow you some time to reflect on the vastness of the COSMOS. To travel within yourself quieting everything around you. To know there is only MIND and GOD. To understand that there is only ONE single sin that will affect you greatly. As it will lead you either to salvation/NIRVANA or damnation/ SUFFERING. That sin is not to KNOW GOD. It is vital to know that only each soul themselves, by THEIR OWN efforts CAN MAKE THIS HAPPEN. Teachers, Masters and friends can help you on the path. God only, together with yourself, can bring you to salvation. Your mind in yourself is a projection of the mind of God, This God mind is light, everything else flows from that.

The Ancient Teachings of the Masters Jan 28 2024
Ancient Teachings, Modern Perspectives Feb 02 2022
Sravaniya DiPecoraro has a knack for simplifying esoteric subjects and making them more accessible to the inquisitive seeker. Whether in the fields of yoga philosophy and the science of self realization, or tarot divination, psychological astrology or related metaphysical disciplines, her writing is based on the practical application of authentic information from

reliable sources. Illuminated with anecdotes and examples from decades of work, Sravaniya shares her extensive study and experience with her readers and brings the incomprehensible within reach. "During years of work in Hong Kong, teaching yoga on the one hand and studying on the other (in between eating-sleeping-and classes), quite a pile of notes and realizations accumulated. I considered that perhaps some of them may provide insights for other spiritual seekers - those among us who want to understand life and make sense of this world, or who want to make their way to ultimate peace and happiness. So it is that I've decided to share some of my writings. A few of these essays mention or explain in detail the concepts of yoga ethics - yama and niyama. Some of the pieces herein have been published in local Hong Kong magazines, a few are interviews. The websites noted may or may not be currently available. Things have changed a lot since the new age movement first took off here in the 1990s." "The sages and great thinkers have our best interests at heart," says Sravaniya. "My purpose in presenting these essays is not to tell anyone what to think. It is to create an experience wherein one can begin to understand what it is he thinks, and to either verify or disprove those assumptions based on sacred scriptural evidence. This enables one to expand his understanding based, not on imagination, but on true knowledge."

The Last Stratum Oct 13 2022 The mechanism to control every aspect of our lives is within ourselves. We, as intelligent beings, inherit such power. However, it is not automatic; we have to understand how to activate it. This ability has been guarded secret for thousands of years. Consequently, today the human mind remains stagnant. Because the teaching of this book reveals this ancient, powerful technique, in old time, such manuscript would have been regarded as dangerous. The Last Stratum exposes the secret of the science of the human psyche that will help to gradually recalibrate the human consciousness to a higher level. In that sense, you can become the being that you were meant to be.

Ruling Your World Aug 23 2023 You 're stuck in the airport security line, late for a flight. The line isn 't moving. You 're angry at the security personnel for taking so long, you 're irritated at the other passengers for having so much stuff, you 're mad at your boss for sending you on this trip in the first place. By the time you get to your gate you 're angry, deflated, and exhausted. Then someone cuts in front of you in the line to board and you snap.

“ There 's a line, you know! ” Is that really you, standing in an airport, yelling at a stranger, emotions raging? It happens to most of us more than we 'd like to admit. In an instant, our lives seem out of control and overwhelming. It 's always something, isn 't it? But what if you could approach every part of your life—from the

smallest decisions to life ' s biggest setbacks—with total confidence, clarity, and control? According to Sakyong Mipham, we all have that power. The secret is simple: If you just stop thinking about yourself all the time, happiness and confidence will come naturally. It sounds absurd and, what ' s more, impossible. But in *Ruling Your World*, Sakyong Mipham shares ancient secrets on how to take control of our lives and be successful while cultivating compassion for others and confidence in our own intelligence and goodness. The key to this well-being lies in the ancient strategies of the warrior kings and queens of Shambhala. The kingdom of Shambhala was an enlightened kingdom of benevolent kings and queens and fiercely trained warriors. No one knows for sure whether this kingdom was real or mythical, but there are ancient guidebooks to this land and practical instructions for creating a Shambhala in your own world, bringing peace, purpose, and perspective into your life and environment. Sakyong Mipham, the descendant of a warrior king, has inherited these teachings and gives us the lessons and myths of the great rulers and warriors of Shambhala. He makes these teachings relevant to our twenty-first-century lives in a fresh and witty voice and helps us all to realize our potential for power and control in a seemingly uncontrollable world. For the first time ever, revered spiritual leader Sakyong Mipham brings the lessons of the ancient Shambhala warriors and

rulers to the Western world and shows us how to live our lives with confidence. Most of us are living in a haze—sometimes helping others, sometimes helping ourselves, sometimes happy, sometimes sad. We don't feel in control of our own lives. The ancient teachings of Shambhala rulership show us that we all have the ability to rule our own world and live with confidence. To do this, we need to use our daily lives to be strong, as opposed to aggressive, and to act with wisdom and compassion. This may sound difficult, but when we begin to mix this ancient wisdom of rulership into our everyday life, we have both spiritual and worldly success. We don't need to abandon our life and become an ascetic or a monk in order to gain confidence and achieve this success. We can live in the world as a ruler no matter what we are doing. —from *Ruling Your World*

The Ancient Wisdom Dec 03 2021 This book is intended to place in the hands of the general reader an epitome of theosophical teachings, sufficiently plain to serve the elementary student, and sufficiently full to lay a sound foundation for further knowledge. It is hoped that it may serve as an introduction to the profounder works of H.P. Blavatsky, and be a convenient steppingstone to their study. Those who have learned a little of the Ancient Wisdom know the illumination, the peace, the joy, the strength, its lessons have brought into their lives. That this book may win some to con its teachings, and to

prove for themselves their value, is the prayer with which it is sent forth into the world. "Annie Besant"

Common Sense about Uncommon Wisdom May 20 2023 A simple and contemporary introduction to the vital teachings of Vedanta--what it is, isn't, and how to understand it.

Ancient Teachings Dec 27 2023

Modern Buddhism: Buddha's Ancient Teachings For The Modern Person Feb 27 2024 To understand the words of the Buddha, they must be explained by one who has experienced his path. From the very first chapter, we begin to dispel the misunderstandings that have surrounded the words of the Buddha. We come to understand the origins of unhappiness that have taken root in the body. Freeing ourselves from these roots, we are able to find peace. Although the words on the Buddha are easily mistaken, Devean gives us an extraordinary explanation for the modern person. The essence of the Buddha's path to enlightenment suited for the plights of the modern world. Modern Buddhism is unlike other Buddhist books. While others theorize and argue over the meaning of the words academically, Devean provides you with the meaning behind the words.

The Spirit of Intimacy: Ancient African Teachings in the Ways of Relationships Sep 23 2023 A renowned, respected teacher and mentor to thousands, Sobonfu

Somi is one of the first and foremost voices of African spirituality to come to the West. Somi was born in Dano, Burkina Faso, a remote West African village with a population of about two hundred people. Dano has preserved the old ways of African village life, with family structures, spiritual practices, and methods of living that have been in place for more than ten thousand years. In *The Spirit of Intimacy*, Somi distills the ancient teachings and wisdom of her native village to give insight into the nature of intimate relationships. Somi generously applies the subtle knowledge from her West African culture to this one. Simply and beautifully, she reveals the role of spirit in every marriage, friendship, relationship, and community. She shares ancient ways to make our intimate lives more fulfilling and secure and offers powerful insights into the "illusion of romance," divorce, and loss. Her important and fascinating lessons from the heart include the sacred meaning of pleasure, preparing a ritual space for intimacy, and the connection between sex and spirituality. Her ideas are intuitively persuasive, provocative, and healing--and supported by sound practical advice, along with specific rituals and ceremonies based on those used for thousands of years. With this book, the spiritual insights of indigenous Africa take their place alongside those of native America, ancient Europe, and Asia as important influences on Western readers.

The Quest Dec 15 2022 This book is written to share ancient Chinese and Buddhist philosophies and their wisdom in the causes and effects of sufferings. It takes the readers in a quest of spirituality without religiosity into centuries-old teachings grounded by reasons, logic, and facts. It tells about causes and effects of modern-day problems and ways to overcome them. It is a book that is solidly grounded in ancient teachings, which have been analyzed, have been tested, and have survived for centuries. Problems such as career, romance, family, finance, and mental and physical health are thoroughly explained, analyzed, and investigated based on reasons. Its preventions and solutions are practical and logical. The knowledge in this book is in-depth while its wisdom is profound, derived from centuries-old teachings. This is a book for all ages in understanding and overcoming modern-day problems by oneself.

T'ai Chi Classics Mar 25 2021 An essential guide for T ' ai Chi practitioners of all skill levels—with an overview of basic principles and commentary on three classic internal martial arts texts According to Master Liao, the great power of T ' ai Chi cannot be realized without knowing its inner meaning. T ' ai Chi Classics presents the inner meaning and techniques of T ' ai Chi movements through translations of three core classics of T ' ai Chi, often considered the “ T ' ai Chi Bible ” . Divided into three chapters, the guide explains how to increase

inner energy (ch'i), transform it into inner power (jing), and project this inner power outward to repel an opponent without physical contact. Master Liao also provides a description of the entire sequence of Tai Chi movements, illustrated by his own line drawings.

Goddess Wisdom Jul 10 2022 Ancient civilizations worshipped female deities, and women were the leaders, counsellors and healers of nations. However, through various historical events, such as the arrival of Christianity in many cultures, the worship of the goddess was lost. In this book, author Tanishka shares the long-lost ancient culture of the goddess.

Ancient Teachings for Beginners Jun 01 2024 Ancient Teachings for Beginners by Douglas De Long reveals the mysteries from the distant past and how they can lead to a brighter future in the New Age. It begins with a brief history of spiritual development from before ancient Egypt right up to the present. It continues by explaining the secrets of the aura and the chakras. In this section you'll learn about the importance of the third eye chakra. It is related to the pineal gland and the third eye. Opening the third eye aids intuition, creativity, and psychic abilities. You can do this easily by "toning," "doing vibrational work" or chanting Thoh (rhymes with "toe") at a middle or high "C" note. This triggers a vibration in the pineal which cause the third eye and its chakra to open. The exact techniques are included in the

book. If you open the crown chakra (associated with the pituitary gland) you can improve some of your natural psychic abilities, including clairaudience, clairvoyance, and clairsentience. Vibrational work for this chakra uses the sound May. Breathing techniques and the exact way of toning to open the chakra are fully explained. You'll also learn how to see the aura and interpret its colors, as well as how to open all of the chakras. The book also explains techniques to send the mysterious kundalini energy through the chakras. But this book has more! It includes the secrets of channeling, such as working with angels and spirit guides. It goes on to share methods of astral projection and then reveals the secrets of reincarnation. Ancient Teachings for Beginners is easy to understand and the techniques are a snap to use. If you are looking for an introduction to the secrets of the teachings of the ancient mystery schools, this book is for you!

Yoga Morality May 08 2022 “ It is impossible to be a good yogi or yogini without also being a morally mature individual, ” writes internationally-known Yoga authority and author, Georg Feuerstein. Yoga Morality looks at our present world situation - primarily from the viewpoint of a spiritually-committed person, especially a practitioner of Yoga. It addresses the question: How are we to live consciously, responsibly, authentically, and without fear in the midst of mounting global crises? This

book is a hard-hitting critique of the media hype surrounding Yoga, and an exploration of Yogic philosophy and practice to discover what it really means to be a mature and moral person. Topics Include: Moral Law and Cosmic Law; Interconnectedness and the Web of Life; Universal Morality and Personal Virtues; Truthfulness; Compassion; Generosity; Death, Freedom, and Moral Spontaneity

Ancient Wisdom for a New Age Jun 28 2021 Is life simple, once we understand how it works, or is it so complicated only a nuclear physicist could understand it? The authors claim that life is simple, but only if we accept what we encounter with equanimity and are willing to replace old ideas with new ones that make more sense. Attachment, resistance, and emotional reactions are what make life difficult. Is there a personal God? Does Satan exist? Do politics have a role in the spiritual development of our world? What part does sex play in our spiritual development? This is not a "safe" book. The authors have answers for all these questions and more, but not all readers will agree with them. And that is as it should be, according to them. Their concepts of how life works, based on Ancient Wisdom teachings, will make you analyze, ponder over, and re-assess your entire belief system. The overall message is one of assurance. As one reader said, "It gave me hope. I never considered myself a spiritual person until I read

this book." What is our purpose as humans? To become perfect. Perfection means graduating from the human realm to that of the Adepts or Mahatmas, becoming members of the Spiritual Hierarchy. Have you ever wished for a manual on how life works? You have found it. For some, perfection will come within a relatively short time. For others, in the far distant future. The choice is yours.

Lineage Mar 18 2023 Tai Chi Chuan and Ninjutsu are two of the oldest surviving martial arts, reaching back through countless centuries into legend. They are also two disciplines within which Robert Abelar has been fortunate enough to find three sets of both gifted and passionate teachers. LINEAGE cycles through various key, self-developmental topics - each being reconsidered from the individual viewpoint of Robert's instructors. These recollections are intertwined by his growing relationship with a strange old lady - who he met quite unexpectedly - and who offers her own unique perspective on events. Throughout their conversations, the old lady artfully references the infamous anthropologist of the 1960's, Carlos Castaneda, and his reported apprenticeship with a Mexican Shaman. Unabashedly dragging Castaneda's unconventional works into the everyday world of modern urban life, she reveals the key underpinnings of all martial arts and self-improvement practices - helping Robert to reconsider the

more remarkable experiences of his previous training. More disturbingly, she proceeds to claim personal links to Castaneda's teachings, and to an ancient way of knowledge. What Robert took to be a chance encounter with a mysterious old woman led to an onslaught not only on his martial studies, but his entire outlook on life. LINEAGE is an account of how his innermost beliefs were brought to their knees, and how he became a beginner yet again. It's the story of how Castaneda's legacy is not yet finished...

Principles of the Ancient Teachings of the Masters Jul 22 2023

Ancient Teachings on the Ego Jul 30 2021 The Mysteries of our spiritual evolution concealed in the Tarot has taken a considerable amount of time to come to light for the masses. Most people tend to think that Tarot cards first appeared in the Middle Ages, however, many believe the basic images of the Major Arcana may have existed for thousands of years. In general, the Tarot was treated as a tool for divination. Then in the early 20th century Arthur Edward Waite commissioned Pamela Coleman Smith to create a new deck using the mystical teachings of the Golden Dawn. Known as the Rider-Waite-Smith deck, it was published in 1910, and began a revival of interest in understanding the deeper messages in the Tarot images. One such investigator was a Jewish rabbi, who studied the images from the

Kabbalistic perspective. Taking his investigation as far as he could, the rabbi sought out a Jesuit priest who became so intrigued that he left the priesthood and devoted the next 40 years to its study. My involvement began when after meeting the ex-priest in the mid-70s, he became my mentor and close confidant. One day he handed me a box full of papers with the instructions that I was to collate the information and after adding my interpretation of the symbols, arrange it into a manuscript for publishing. This proved to be no easy task and required me establishing my own publishing company to bring the book to print in 1987. Following my publication of the book, Llewellyn Publishers became interested and published two printings of the book in the early 90s. In 2007, I decided to revise the manuscript and as owner of the copyright, publish this new version through my publishing company. Looking for endorsements for the back cover, I contacted Craig and Suzzan Babcock asking them if I could use excerpts of the letter they sent me endorsing the book. Not surprisingly they agreed, which started our long association together. Suzzan confided that she had experienced an extremely detailed a powerful vision connecting the 22 Major Arcana with the Tree of Life. It seemed to me that she was being motivated to add another level to the work, but it was not until she contacted me in 2014 suggesting that we republish The

Rabbi's Tarot that I saw what her contribution would be. First, she has recolored all the cards according to my symbolism, bringing them to life in a very real way. Still, this was not her most important role. That has come from her inspired commentary, which brings in many other aspects and takes the messages of the cards to another level. In this book resides the following sentence. "The teaching of Tarot and the esoteric teaching of Scripture narrative is that the self-conscious, by assiduous endeavor, may bring into your body (and your body is your self-conscious) more and more of the superconscious in the form of Cosmic Mind-Stuff." It is this Cosmic Mind-Stuff, an energetic manifestation of sorts, which finds its way into our world when allowed. I believe it found not only the Rabbi and the Priest before me, but also Suzzan in its effort of coming forth for all humanity.

The Lost Teachings of Atlantis Jan 16 2023 This is the account of an American teenager who discovered a monastery in Tibet that was the inspiration for the legend of Shangri La. It might be categorized as a 'new age' or philosophy book, like the Celestine Prophecy, since it focuses on his spiritual training and their teachings in a novel-like format. Hard to believe, but interestingly, the sub-tropical region amongst the Himalayas that he describes finding, was later documented by explorers from National Geographic, then 'covered up' (there is still

evidence of this). Also interesting is that the author was apparently mentioned in the Edgar Cayce readings (the famous American psychic whose books have sold millions of copies), as someone who would one day bring an important message to the world.

Yoga for Transformation Jun 20 2023 Go beyond the physical exercise of yoga with the founder of the American Viniyoga Institute While there is no denying yoga's popularity as a form of physical exercise, the other life-enhancing aspects of this tradition remain obscure to many Westerners. In Yoga for Transformation, Gary Kraftsow introduces techniques that treat not only the physical body but also the emotions, mind, heart, and soul of the practitioner-the places where real transformation can take place. There are breathing techniques to control energy levels, exercises to train and sharpen the intellect, and meditative practices to help increase self-awareness. With more than 350 black and white photographs throughout, this unique and accessible book is dedicated to strengthening the whole self-body, mind, and spirit.

Ancient Teachings for Modern Times Apr 30 2024 Is your life fulfilling? Do you feel loved and valued? Are you full of energy, happy and healthy? Are your days inspiring and fun? This remarkable book shows you how to stop the struggle and embrace life. Peta Morton shares the timeless spiritual wisdom of the ages in a

modern, non-religious context and invites you on a journey of self-discovery. 'Peta Morton elegantly weaves together practical wisdom from a diverse array of traditions to provide a 'one stop shop' for anyone interested in personal development and well-being. This synthesis of important teachings and modalities, ranging from the power of breathing, thoughts, gratitude, and beyond, has the potential to shift the reader's perspective and clears the path for a happier, more peaceful life.' Mark Gober, author of *An End to Upside Down Thinking*

The Ancient Wisdom Jun 08 2022

The Upanishads Nov 25 2023 The ancient teachings of Swami Paramananda.

The Spirit of Intimacy Apr 06 2022 A renowned, respected teacher and mentor to thousands, Sobonfu Somi is one of the first and foremost voices of African spirituality to come to the West. Somi was born in Dano, Burkina Faso, a remote West African village with a population of about two hundred people. Dano has preserved the old ways of African village life, with family structures, spiritual practices, and methods of living that have been in place for more than ten thousand years. In *The Spirit of Intimacy*, Somi distills the ancient teachings and wisdom of her native village to give insight into the nature of intimate relationships. Somi generously applies the subtle knowledge from her West African culture to

this one. Simply and beautifully, she reveals the role of spirit in every marriage, friendship, relationship, and community. She shares ancient ways to make our intimate lives more fulfilling and secure and offers powerful insights into the "illusion of romance," divorce, and loss. Her important and fascinating lessons from the heart include the sacred meaning of pleasure, preparing a ritual space for intimacy, and the connection between sex and spirituality. Her ideas are intuitively persuasive, provocative, and healing--and supported by sound practical advice, along with specific rituals and ceremonies based on those used for thousands of years. With this book, the spiritual insights of indigenous Africa take their place alongside those of native America, ancient Europe, and Asia as important influences on Western readers. A renowned, respected teacher and mentor to thousands, Sobonfu Somi is one of the first and foremost voices of African spirituality to come to the West. Somi was born in Dano, Burkina Faso, a remote West African village with a population of about two hundred people. Dano has preserved the old ways of African village life, with family structures, spiritual practices, and methods of living that have been in place for more than ten thousand years. In *The Spirit of Intimacy*, Somi distills the ancient teachings and wisdom of her native village to give insight into the nature of intimate relationships. A renowned, respected teacher

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Western readers.

The Gospel of Buddha, Compiled from Ancient Records
Jan 04 2022 'The Gospel of Buddha' is an 1894 book by Paul Carus. It is modeled on the New Testament and tells the story of Buddha through parables. It was an important tool in introducing Buddhism to the west and is used as a teaching tool by some Asian sects. The work was assembled from existing English translations of Buddhists texts, with significant amendments and reworkings. His selection of texts favored Buddhism as a philosophy without any supernatural elements.

The Epic of Gilgamesh, the Teachings of Siduri and How Siduri's Ancient Advice Can Help Guide Us to a Happier Life, Third Edition Aug 30 2021 Across the span of recorded history, at the birth of writing and civilization, there was the Epic of Gilgamesh. This seminal tale of gods, kings, battles, friendship, loss, the fear of death, the search for immortality and advice on how one should live life, represents our first complete work of literature. While the origin of the Epic of Gilgamesh is lost to the sands of time, it is probable that this story had been verbally transmitted for a very long time before the invention of writing, but we have no way of knowing when, where or why the story actually originated or even how many original contributors there were. What we do know is that the story encompassed a large number of concepts, ideas and philosophies, and was considered

important enough that it was told from generation to generation for hundreds of years, before being immortalized in clay around four thousand years ago. Unfortunately, the original "Old Babylonian" version of the Epic of Gilgamesh is incomplete, making it difficult for us to piece together the exact story our ancient ancestors considered so important. However, several critical fragments of the original Epic have been recovered and differ in significant ways from later more complete versions. One of the most fascinating of these original fragments is the Sippar tablet which was discovered near the city of Sippar, on the Euphrates river, upstream of the Babylonian region in present day Iraq. The Sippar tablet contains the earliest recorded advice, given by a beautiful young girl called Siduri, on how we should live our lives. Interestingly, in a later version of the Epic of Gilgamesh (referred to as the "Akkadian" version) Siduri's advice was removed from the Epic and much of her original role was given to Utnapishtim, an immortal wise old man. One theory for the diminishment of Siduri's role is that Siduri being young, female and working class (a wine maker), and Utnapishtim being old, male and high class (an immortal wise man) may have contributed, and may suggest possible differences between Sumerian and Akkadian culture. Specifically, this change may highlight a degree of ageism, sexism and/or classism in Akkadian culture,

and the removal of Siduri's advice could represent the first recorded case of censorship. Siduri's words were recorded long before any other religious text, including the Bible, the Koran or any eastern philosophies (including Buddhism) and represent a very different perspective to the religious texts used today. Siduri was pro-wine, pro-feasting, pro-music, pro-dancing, pro-joy, pro-sex and pro-family. Wouldn't the world be a better place if more people today would heed Siduri's ancient advice? In this book I have re-introduced Siduri's teachings, and the original Old Babylonian fragments into the Epic of Gilgamesh, while using the later Akkadian text to fill in the gaps in the original story. I have tried to remain faithful to the original events, concepts and philosophies our ancient ancestors found so important. I have also included a discussion of Siduri's teachings and how we can, if we so wish, live our lives according to Siduri's original ancient advice. In this updated Third Edition I have re-written the Akkadian prose to more closely resemble the shortened poetic verse of the Old Babylonian texts, added additional analysis of the rest of the Epic and included a new section at the end of the book that contains various informative discussions, from multiple contributors, regarding Siduri's philosophies and underlying concepts within the Epic of Gilgamesh. Discussions of Siduri and her philosophies are included in a few very short

chapters at the beginning of the book, analysis of the rest of the Epic is incorporated into Chapter 6, the complete text for the Epic of Gilgamesh is contained within Chapters 7 to 9, and Chapter 10 contains the epilogue and the new multiple contributor discussions section.

Lectures on Ancient Philosophy Feb 14 2023 Complete in itself, this volume originated as a commentary and expansion of Manly P. Hall's masterpiece of symbolic philosophy, *The Secret Teachings of All Ages*. In *Lectures on Ancient Philosophy*, Manly P. Hall expands on the philosophical, metaphysical, and cosmological themes introduced in his classic work, *The Secret Teachings of All Ages*. Hall wrote this volume as a reader's companion to his earlier work, intending it for those wishing to delve more deeply into the esoteric philosophies and ideas that undergird the *Secret Teachings*. Particular attention is paid to Neoplatonism, ancient Christianity, Rosicrucian and Freemasonic traditions, ancient mysteries, pagan rites and symbols, and Pythagorean mathematics. First published in 1929-the year after the publication of Hall's magnum opus-this edition includes the author's original subject index, twenty diagrams prepared under his supervision for the volume, and his 1984 preface, which puts the book in context for the contemporary reader.

The Opening of the Way Feb 22 2021 Here, the author

of the two Her-Bak novels provides specific tools that instruct in the comprehension and application of those teachings, and help us recognize that it is by the path of silence and meditation that we are guided to the intelligence of the heart, which is our key to self-mastery and our connection to higher consciousness.

On Manifesting Nov 13 2022 Manifesting is also known as the law of attraction, sowing and reaping, and prosperity gospel, just to name a few. Sadly, the topic creates great confusion. In fact, shortly after a hot, new manifestation book is released, hoards of questioning and disillusioned people rise, all wondering, “where ’s my stuff?” Here ’s our proposition: what if the initial presentation was incorrect? However, rather than revisit their topic, many gurus either ignore the so-called failures and say that those who didn ’t achieve success likely made at least one of these mistakes: Perhaps those who haven ’t experienced the law of attraction success aren ’t thinking enough positive thoughts. Maybe there ’s a sliver of doubt that is hindering their wildest dreams. Maybe they didn ’t utter enough affirmations. Maybe they didn ’t believe those affirmations enough. Maybe those affirmations had a single incorrect word that canceled their desire. Maybe they didn ’t yell “cancel ” whenever a contrary thought entered their mind. The list can go on. For every dream dashed, a guru has an explanation for their current situation. And those

explanations can boil down to a simple concept: it ' s all their fault. Here ' s our take: if you search through ancient texts, open your eyes to the world around you, listen to the expert manifesters in your community (you may be surprised at who they are), you ' ll discover that manifestation doesn ' t exactly resemble the manifestation presented in many modern texts. And speaking of, what does it take to become a successful manifester? That ' s precisely what we ' re going to reveal in this short, simple text. This discussion is dedicated to every person who has been exposed to information like that presented in the law of attraction literature and have felt like a failure because it didn ' t seem to " work " for them.

Ancient Teachings on the EGO Jan 21 2021 This is the Black & White issue, a full color issue is available under the same title on [createspace.com](https://www.createspace.com) The Mysteries of our spiritual evolution concealed in the Tarot has taken a considerable amount of time to come to light for the masses. Most people tend to think that Tarot cards first appeared in the Middle Ages, however, many believe the basic images of the Major Arcana may have existed for thousands of years. In general, the Tarot was treated as a tool for divination. Then in the early 20th century Arthur Edward Waite commissioned Pamela Coleman Smith to create a new deck using the mystical teachings of the Golden Dawn. Known as the Rider-Waite-Smith deck, it was published in 1910, and began a revival of interest in

understanding the deeper messages in the Tarot images. One such investigator was a Jewish rabbi, who studied the images from the Kabbalistic perspective. Taking his investigation as far as he could, the rabbi sought out a Jesuit priest who became so intrigued that he left the priesthood and devoted the next 40 years to its study. My involvement began when after meeting the ex-priest in the mid-70s, he became my mentor and close confidant. One day he handed me a box full of papers with the instructions that I was to collate the information and after adding my interpretation of the symbols, arrange it into a manuscript for publishing. This proved to be no easy task and required me establishing my own publishing company to bring the book to print in 1987. Following my publication of the book, Llewellyn Publishers became interested and published two printings of the book in the early 90s. In 2007, I decided to revise the manuscript and as owner of the copyright, publish this new version through my publishing company. Looking for endorsements for the back cover, I contacted Craig and Suzzan Babcock asking them if I could use excerpts of the letter they sent me endorsing the book. Not surprisingly they agreed, which started our long association together. Suzzan confided that she had experienced an extremely detailed a powerful vision connecting the 22 Major Arcana with the Tree of Life. It seemed to me that she was being motivated to add

another level to the work, but it was not until she contacted me in 2014 suggesting that we republish The Rabbi's Tarot that I saw what her contribution would be. First, she has recolored all the cards according to my symbolism, bringing them to life in a very real way. Still, this was not her most important role. That has come from her inspired commentary, which brings in many other aspects and takes the messages of the cards to another level. In this book resides the following sentence. "The teaching of Tarot and the esoteric teaching of Scripture narrative is that the self-conscious, by assiduous endeavor, may bring into your body (and your body is your self-conscious) more and more of the superconscious in the form of Cosmic Mind-Stuff." It is this Cosmic Mind-Stuff, an energetic manifestation of sorts, which finds its way into our world when allowed. I believe it found not only the Rabbi and the Priest before me, but also Suzzan in its effort of coming forth for all humanity.

The Secret Teachings of the Lost Land of Eden Oct 01 2021 The Secret Teachings of the Lost Land of Eden is one of the most important and unforgettable books you will ever read. Natural Science arose in the cultural setting of Christian Europe. Those first scientists at the dawn of the modern age, were spiritually trained mystical Monks of Christian Church. Natural Science is mysteriously intertwined with the riddles of the Soul, and

Christianity. The search for the meaning of life and the soul became bound up with debates over atoms and molecules - and ended there. Times changed and the search for the soul was obscured by the uncertainty of the findings of natural science which eventually pervaded everything, including the teachings associated with Christianity. The Spiritual Body of Man, and his Christology was cast into shadow by the new Light of natural science, and Eden faded from man's dreams. Is there a secret mystery teaching hidden in the discoveries of the natural sciences that relates to the search for the Soul, Man's spiritual body, and the secrets of Christianity? Tazo takes up these threads of thought to reveal a concealed Teaching of the Spirit that goes back to ancient times. Follow along as Tazo shows the hidden connection of the Ancient Teachings to unlock the secrets of the natural world. The search for the soul and its meaning and purpose is regained. The impulses of the ancient Christian Mysteries are Revealed once again in the modern era. The reader will gain insights into the life of the spirit, and the soul in relation to the Cosmos: to re-ignite his heart, and experience the deep enigmas of existence with the great thinkers of the past. "Our science must lead the way, must prepare for what has to happen with the bodily essence in the future. In the near future, it must itself develop into something which has life in itself, recognize the life inherent in the

earth for what it is . . . Outward matter is a product of living thought, just as ice is a product of water. The material world is . . . frozen thoughts. We must dissolve it back again into its higher elements, because we grasp life in thought. If we are able to lead the mineral up into life, if we transform [it into] the thoughts of the whole of human nature, then we will have succeeded our science will have become a science of the living and not of dead matter." The Temple Legend pg. 154, from a lecture given by Rudolf Steiner May 1905 "The reader willing to jettison any thought that the Garden of Eden ever existed as a place on Earth, in the realm of matter, and willing to embrace the notion of that ideal state having been an important stage in humanity's journey from the spiritual realm into the state of matter, will find in Tazo's book a welcome friend and helpful guide. An abundance of rich contemplations pointing to higher meanings, both for today and for the considerable journey ahead, awaits the reader." Edward Reaugh Smith, Author of David's Question, The Burning Bush, and The Disciple Whom Jesus Loved. "His works prove that knowledge is not enough...that only a personal experience of the light could bring forth such a profound original work of art. This standard of accomplishment will last throughout time beyond him, and affect so many long after he is gone. An absolute honor to know him and call him teacher, and true friend in the now and forever." Cary-

Hiroyuki Tagawa, founder of Chuu-shin Breathwork Art of Centering, Movie Producer, and Hollywood Film Star.

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