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Idleness Essays in Idleness In Praise of Idleness and Other Essays Love in Idleness Essays in Idleness Life in Idleness In Praise of Idleness How to Be Idle The Book of Idle Pleasures Idleness, Indolence and Leisure in English Literature Love in idleness Essays in Idleness Love in Idleness. The Story of a Winter in Florida On Doing Nothing Idleness, Contemplation and the Aesthetic, 1750–1830 Idle Pursuits Life in Idleness A Christian Directory: Christian Ethics Essays in Idleness Essays in Idleness The Pursuit of Laziness Hannah Arendt and Isaiah Berlin Love in Idleness 1000 Poems from the Manyoshu Love in Idleness Love in Idleness; The Story of a Winter in Florida: 2; Autopilot We Learn Nothing Love in Idleness; The Story of a Winter in Florida The Anxieties of Idleness The Concept of the Social The Tree of Idleness / by Elizabeth Hunter Empty Labor In Praise of Idleness American Idle Love in Idleness Love in Idleness: A Volume of Poems Adorno's Negative Dialectic Essays in Idleness Not Working

The Concept of the Social Nov 15 2021 From here to utopia, new directions in political theory What does political agency mean for those who don't know what to do or can't be bothered to do it? This book develops a novel account of collective emancipation in which freedom is achieved not through knowledge and action but via doubt and inertia. In essays that range from ancient Greece to the end of the Anthropocene, Bull addresses questions central to contemporary political theory in novel readings of texts by Aristotle, Machiavelli, Marx, and Arendt, and shows how classic philosophical problems have a bearing on issues like political protest and climate change. The result is an entirely original account of political agency for the twenty-first century in which uncertainty and idleness are limed with utopian promise.

Idleness, Indolence and Leisure in English Literature Sep 06 2023 Idleness, Indolence and Leisure in English Literature is the first study to provide transhistorical perspectives and cutting-edge critical analyses of debates concerning idleness in English literature. The topicality of the subject is emphasized by two pieces of sociological analysis.

Idle Pursuits Feb 28 2023 "Throughout this study, idleness is shown to be a key element of self-presentation beginning with the figure of the idle aristocrat. The extravagant display of a life of leisure made Gilles de Rais the icon of aristocratic idleness. But even the hardworking humanist was anxious to assume a studied posture of idleness. If both figures were eager to display idleness, it was because oisivete was an important source of what modern theorists have termed symbolic capital. Finally, the Renaissance also saw the birth of a new figure of the "idler": the consumer of leisure. For it was leisure itself along with chivalric and amorous adventure that was consumed by the readers of the popular Amadis series. At once a commodity and form of capital, idleness (otium) clearly belonged to the realm of social exchanges ostensibly reserved for affairs (negotium)."--BOOK JACKET.

American Idle Jul 12 2021 **First Place Grand Prize Winner for Non-Fiction books at the 2010 Next Generation Indie Book Awards!! Congratulations Mary!!**

Not Working Feb 04 2021 How inactivity can be a necessary and creative condition to a life worth living.

The Tree of Idleness / by Elizabeth Hunter Oct 15 2021

Life in Idleness Jan 10 2024 The book is entitled Life in Idleness. So basically the book is on not wasting our time or our lives on things not serious or trying to make the reader think more about what he says and does in life so he can do things that are productive and not unproductive to himself or society. I wrote it with an aim to be more productive, and only be productive and not idle in our lives, or we'll get nowhere. If we do things in idleness while our lives stands still and make no gains in the world, time keeps creeping by without us noticing it, and we continue to get older and not realize that we have become unproductive in society. In the end, all we gain in life those that decides to live a life in idleness is time moving by while his or her life stands still being unproductive and useless to society. That's the reason for the clock picture on the book. The book is telling people to do things that are only productive and meaningful in order for any country or society to gain from your existence. Not doing things that are meaningful or productive to society is a burden to a society because were all born to help each other and be productive and not be unproductive. We have to seek during our lifetime professions or jobs that helps every society to learn and to make every society better either by inventing things to make every persons life better or the like. The main chapter in the book though is my new terms in rhetoric.

Love in Idleness May 22 2022 This work has been selected by scholars as being culturally important, and is part of the knowledge base of civilization as we know it. This work was reproduced from the original artifact, and remains as true to the original work as possible. Therefore, you will see the original copyright references, library stamps (as most of these works have been housed in our most important libraries around the world), and other notations in the work. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. As a reproduction of a historical artifact, this work may contain missing or blurred pages, poor pictures, errant marks, etc. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

A Christian Directory: Christian Ethics Dec 29 2022 "A Christian Directory: Christian Ethics" by Richard Baxter. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten?or yet undiscovered gems?of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

Essays in Idleness May 14 2024 The Buddhist priest Kenko clung to tradition, Buddhism, and the pleasures of solitude, and the themes he treats in his "Essays, " written sometime between 1330 and 1332, are all suffused with an unspoken acceptance of Buddhist beliefs.

Love in Idleness Jun 10 2021

1000 Poems from the Manyoshu Jun 22 2022 Features 1,000 poems from the oldest Japanese poetry anthology, chosen by a scholarly committee based on their poetic excellence and their role in revealing the Japanese national spirit and character. Text is in English only.

Life in Idleness Jan 30 2023 The book is entitled Life in Idleness. So basically the book is on not wasting our time or our lives on things not serious or trying to make the reader think more about what he says and does in life so he can do things that are productive and not unproductive to himself or society. I wrote it with an aim to be more productive, and only be productive and not idle in our lives, or we'll get nowhere. If we do things in idleness while our lives stands still and make no gains in the world, time keeps creeping by without us noticing it, and we continue to get older and not realize that we have become unproductive in society. In the end, all we gain in life those that decides to live a life in idleness is time moving by while his or her life stands still being unproductive and useless to society. That's the reason for the clock picture on the book. The book is telling people to do things that are only productive and meaningful in order for any country or society to gain from your existence. Not doing things that are meaningful or productive to society is a burden to a society because we're all born to help each other and be productive and not be unproductive. We have to seek during our lifetime professions or jobs that helps every society to learn and to make every society better either by inventing things to make every person's life better or the like. The main chapter in the book though is my new terms in rhetoric.

Adorno's Negative Dialectic Apr 08 2021 The purely philosophical concerns of Theodor W. Adorno's negative dialectic would seem to be far removed from the concreteness of critical theory; Adorno's philosophy considers perhaps the most traditional subject of "pure" philosophy, the structure of experience, whereas critical theory examines specific aspects of society. But, as Brian O'Connor demonstrates in this highly original interpretation of Adorno's philosophy, the negative dialectic can be seen as the theoretical foundation of the reflexivity or critical rationality required by critical theory. Adorno, O'Connor argues, is committed to the "concretion" of philosophy: his thesis of nonidentity attempts to show that reality is not reducible to appearances. This lays the foundation for the applied "concrete" critique of appearances that is essential to the possibility of critical theory. To explicate the context in which Adorno's philosophy operates—the tradition of modern German philosophy, from Kant to Heidegger—O'Connor examines in detail the ideas of these philosophers as well as Adorno's self-defining differences with them. O'Connor discusses Georg Lucács and the influence of his "protocritical theory" on Adorno's thought; the elements of Kant's and Hegel's German idealism appropriated by Adorno for his theory of subject-object mediation; the priority of the object and the agency of the subject in Adorno's epistemology; and Adorno's important critiques of Kant and the phenomenology of Heidegger and Husserl, critiques that both illuminate Adorno's key concepts and reveal his construction of critical theory through an engagement with the problems of philosophy.

Love in Idleness. The Story of a Winter in Florida Jun 03 2023

The Book of Idle Pleasures Oct 07 2023 The Art of Doing Nothing meets The Dangerous Book for Boys in this charming celebration of simple delights. In The Book of Idle Pleasures, the United Kingdom's expert Idlers Tom Hodgkinson and Dan Kieran stand up for the simple pleasures in life . . . by lying down for a nap. With its tongue firmly in its cheek, The Book of Idle Pleasures renounces our world of ever-growing consumer overload in favor of the timeless true adage that the best things in life really are free. Clever and sometimes all too true in its reflections on 100 simple pastimes--among them slouching, skipping stones, staring out the window, doodling, and, natch, taking a nap--The Book of Idle Pleasures is a charming celebration of simple pleasures for the sake of pleasure itself, making it a soothing antidote for our nonstop culture and an ideal restorative against the costly confusion of our daily existence.

Love in Idleness: The Story of a Winter in Florida Jan 18 2022 This work has been selected by scholars as being culturally important, and is part of the knowledge base of civilization as we know it. This work was reproduced from the original artifact, and remains as true to the original work as possible. Therefore, you will see the original copyright references, library stamps (as most of these works have been housed in our most important libraries around the world), and other notations in the work. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work.As a reproduction of a historical artifact, this work may contain missing or blurred pages, poor pictures, errant marks, etc. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Empty Labor Sep 13 2021 The first critical study of 'empty labor', the time during which employees engage in non-work activities during the working day.

How to Be Idle Nov 08 2023 Yearning for a life of leisure? In 24 chapters representing each hour of a typical working day, this book will coax out the loafer in even the most diligent and schedule-obsessed worker. From the founding editor of the celebrated magazine about the freedom and fine art of doing nothing, The Idler, comes not simply a book, but an antidote to our work-obsessed culture. In How to Be Idle, Hodgkinson presents his learned yet whimsical argument for a new, universal standard of living: being happy doing nothing. He covers a whole spectrum of issues affecting the modern idler—sleep, work, pleasure, relationships—bemoaning the cultural skepticism of idleness while reflecting on the writing of such famous apologists for it as Oscar Wilde, Robert Louis Stevenson, Dr. Johnson, and Nietzsche—all of whom have admitted to doing their very best work in bed. It's a well-known fact that Europeans spend fewer hours at work a week than Americans. So it's only befitting that one of them—the very clever, extremely engaging, and quite hilarious Tom Hodgkinson—should have the wittiest and most useful insights into the fun and nature of being idle. Following on the quirky, call-to-arms heels of the bestselling Eat, Shoots and Leaves: The Zero Tolerance Approach to Punctuation by Lynne Truss, How to Be Idle rallies us to an equally just and no less worthy cause: reclaiming our right to be idle.

Essays in Idleness Jul 04 2023

In Praise of Idleness Aug 13 2021 Intolerance and bigotry lie at the heart of all human suffering. So claims Bertrand Russell at the outset of In Praise of Idleness, a collection of essays in which he espouses the virtues of cool reflection and free enquiry; a voice of calm in a world of maddening unreason. From a devastating critique of the ancestry of fascism to a vehement defence of 'useless' knowledge, with consideration given to everything from insect pests to the human soul, this is a tour de force that only Bertrand Russell could perform.

Idleness, Contemplation and the Aesthetic, 1750–1830 Apr 01 2023 Reconstructing the literary and philosophical reaction to Adam Smith's dictum that man is a labouring animal above and before all else, this study explores the many ways in which Romantic writers presented idle contemplation as the central activity in human life. By contrasting the British response to Smith's political economy with that of contemporary German Idealists, Richard Adelman also uses this consideration of the importance of idleness to Romantic aesthetics to chart the development of a distinctly British idealism in the last decades of the eighteenth century. Exploring the work of Adam Smith, Jeremy Bentham, Friedrich Schiller, William Cowper, Samuel Taylor Coleridge, Mary Wollstonecraft and many of their contemporaries, this study pinpoints a debate over human activity and capability taking place between 1750 and 1830, and considers its social and political consequences for the cultural theory of the early nineteenth century.

On Doing Nothing May 02 2023 In an age of obsessive productivity and stress, this illustrated ode to idleness invites you to explore the pleasures and possibilities of slowing down. Beloved author and illustrator Roman Muradov weaves together the words and stories of artists, writers, philosophers, and eccentrics who have pursued inspiration by doing less. He reveals that doing nothing is both easily achievable and essential to leading an enjoyable and creative life. Cultivating idleness can be as simple as taking a long walk without a destination or embracing chance in the creative process. Peppered with playful illustrations, this handsome volume is a refreshing and thought-provoking read. "Whimsical, clever, and companionable . . . On Doing Nothing provides a much-needed correction to our distracted, anxiety-ridden, and increasingly disembodied culture. Muradov has written and illustrated a kind of Situationist, Oulipian Ways of Seeing—a manual for clarity and presence, a book which issues a call to attention; a call to pay attention. The smart yet approachable philosophical reflections unfold like a leisurely stroll through a beautiful and unfamiliar city, provoking thoughtfulness and eliciting in the reader a spirit of discovery." —Peter Mendelsund, author of What We See When We Read

Hannah Arendt and Isaiah Berlin Aug 25 2022 For the first time, the full story of the conflict between two of the twentieth century's most important thinkers—and the lessons their disagreements continue to offer Two of the most iconic thinkers of the twentieth century, Hannah Arendt (1906–1975) and Isaiah Berlin (1909–1997) fundamentally disagreed on central issues in politics, history and philosophy. In spite of their overlapping lives and experiences as Jewish émigré intellectuals, Berlin disliked Arendt intensely, saying that she represented "everything that I detest most," while Arendt met Berlin's hostility with indifference and suspicion. Written in a lively style, and filled with drama, tragedy and passion, Hannah Arendt and Isaiah Berlin tells, for the first time, the full story of the fraught relationship between these towering figures, and shows how their profoundly different views continue to offer important lessons for political thought today. Drawing on a wealth of new archival material, Kei Hiruta traces the Arendt–Berlin conflict, from their first meeting in wartime New York through their widening intellectual chasm during the 1950s, the controversy over Arendt's 1963 book Eichmann in Jerusalem, their final missed opportunity to engage with each other at a 1967 conference and Berlin's continuing animosity toward Arendt after her death. Hiruta blends political philosophy and intellectual history to examine key issues that simultaneously connected and divided Arendt and Berlin, including the nature of totalitarianism, evil and the Holocaust, human agency and moral responsibility, Zionism, American democracy, British imperialism and the Hungarian Revolution. But, most of all, Arendt and Berlin disagreed over a question that goes to the heart of the human condition: what does it mean to be free?

Love in idleness Aug 05 2023

In Praise of Idleness and Other Essays Apr 13 2024 Intolerance and bigotry lie at the heart of all human suffering. So claims Bertrand Russell at the outset of "In Praise of Idleness," a collection of essays in which he espouses the virtues of cool reflection and free enquiry; a voice of calm in a world of maddening unreason. With characteristic clarity and humour, Russell surveys the social and political consequences of his beliefs. From a devastating critique of the ancestry of fascism to a vehement defense of 'useless' knowledge, with consideration given to everything from insect pests to the human soul, " In Praise of Idleness " is a tour de force that only Bertrand Russell could perform.

Love in Idleness; The Story of a Winter in Florida: 2; Apr 20 2022 This work has been selected by scholars as being culturally important, and is part of the knowledge base of civilization as we know it. This work was reproduced from the original artifact, and remains as true to the original work as possible. Therefore, you will see the original copyright references, library stamps (as most of these works have been housed in our most important libraries around the world), and other notations in the work. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. As a reproduction of a historical artifact, this work may contain missing or blurred pages, poor pictures, errant marks, etc. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Essays in Idleness Oct 27 2022 Excerpt from Essays in Idleness She is sitting now on my desk, and I glance at her with deference, mutely begging permission to begin. But her back is turned to me, and Expresses in every curve such

fine and delicate disdain that I falter and lose courage at the very threshold of my task. I have long known that cats are the most contemptuous of creatures, and that Agrippina is the most contemptuous of cats. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at www.forgottenbooks.com This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as a blemish or missing page, may be replicated in our edition. We do, however, repair the vast majority of imperfections successfully; any imperfections that remain are intentionally left to preserve the state of such historical works.

The Anxieties of Idleness Dec 17 2021 The Anxieties of Idleness: Idleness in Eighteenth-Century British Literature and Culture investigates the preoccupation with idleness that haunts the British eighteenth century. Jordan argues that as Great Britain began to define itself as a nation during this period, one important quality it claimed was industriousness. However, this claim was undermined and complicated by many factors, such as leisure's importance to class status. Thus idleness was a subject of intense anxiety. One result of this anxiety was an increased surveillance of the supposed idleness of those members of society with less power to wield: the working classes, the nonwhite races, and women. Jordan analyzes how the "idleness" of these groups is figured, in traditional literature and in extra-literary works. Idleness was also a concern for writers of the day, as writing became a money-earning profession. Jordan examines the lives and works of two writers especially obsessed with idleness, Samuel Johnson and William Cowper.

Essays in Idleness Nov 27 2022 Agnes Replier was one of the most famous American essayists of her time, developing the craft of the essay to the level of art. The essays presented in this collection contain literary criticism as well as comments on the life in the writer's times.

Love in Idleness Mar 12 2024 In her delightful reimagining of A Midsummer's Night Dream, Amanda Craig slyly serves up a witty cross-cultural farce, a modern-day tale of love and lies set against the magical landscape of Tuscany. When Theo, a workaholic lawyer, his English wife Polly, and their two children rent an idyllic Italian villa, they expect a relaxing summer holiday together. Polly, with her loved ones' romantic interests at heart, has invited an eccentric mix of friends and family along—including three eligible bachelors, a former model, an Indian-British divorcee with a young son, and her own appalling mother-in-law. They soon discover the Casa Luna is a strange, enchanted place where people find their heart's desire—but at a price. Everyone falls in love, though not with the people they expect, and the results are surprising and hilarious.

Essays in Idleness Mar 08 2021 Between 1330 and 1332 the Buddhist priest Kenkō, having, as he put it, "nothing better to do," turned to his inkstone and brushes. He jotted down his thoughts, observations, and opinions; anecdotes that he found interesting, amusing, or instructive; accounts of customs and ceremonies everything that seemed to him worthy of preservation. Donald Keene's complete translation admirably presents this extraordinarily influential Japanese classic. ?????????? ??????????????????

The Pursuit of Laziness Sep 25 2022 We think of the Enlightenment as an era dominated by ideas of progress, production, and industry—not an era that favored the lax and indolent individual. But was the Enlightenment only about the unceasing improvement of self and society? The Pursuit of Laziness examines moral, political, and economic treatises of the period, and reveals that crucial eighteenth-century texts did find value in idleness and nonproductivity. Fleshing out Enlightenment thinking in the works of Denis Diderot, Joseph Joubert, Pierre de Marivaux, Jean-Jacques Rousseau, and Jean-Siméon Chardin, this book explores idleness in all its guises, and illustrates that laziness existed, not as a vice of the wretched, but as an exemplar of modernity and a resistance to beliefs about virtue and utility. Whether in the dawdlings of Marivaux's journalist who delayed and procrastinated or in the subjects of Chardin's paintings who delighted in suspended, playful time, Pierre Saint-Amand shows how eighteenth-century works provided a strong argument for laziness. Rousseau abandoned his previous defense of labor to pursue reverie and botanical walks, Diderot emphasized a parasitic strategy of resisting work in order to liberate time, and Joubert's little-known posthumous Notebooks radically opposed the central philosophy of the Enlightenment in a quest to infinitely postpone work. Unsettling the stubborn view of the eighteenth century as an age of frenetic industriousness and labor, The Pursuit of Laziness plumbs the texts and images of the time and uncovers deliberate yearnings for slowness and recreation. Some images inside the book are unavailable due to digital copyright restrictions.

Essays in Idleness Feb 11 2024 These two works on life's fleeting pleasures are by Buddhist monks from medieval Japan, but each shows a different world-view. In the short memoir Hôjōki, Chōmei recounts his decision to withdraw from worldly affairs and live as a hermit in a tiny hut in the mountains, contemplating the impermanence of human existence. Kenko, however, displays a fascination with more earthy matters in his collection of anecdotes, advice and observations. From ribald stories of drunken monks to aching nostalgia for the fading traditions of the Japanese court, Essays in Idleness is a constantly surprising work that ranges across the spectrum of human experience. Meredith McKinney's excellent new translation also includes notes and an introduction exploring the spiritual and historical background of the works. Chōmei was born into a family of Shinto priests in around 1155, at a time when the stable world of the court was rapidly breaking up. He became an important though minor poet of his day, and at the age of fifty, withdrew from the world to become a tonsured monk. He died in around 1216. Kenkō was born around 1283 in Kyoto. He probably became a monk in his late twenties, and was also noted as a calligrapher. Today he is remembered for his wise and witty aphorisms, 'Essays in Idleness'. Meredith McKinney, who has also translated Sei Shōnagon's The Pillow Book for Penguin Classics, is a translator of both contemporary and classical Japanese literature. She lived in Japan for twenty years and is currently a visiting fellow at the Australian National University in Canberra. [Essays in Idleness is] a most delightful book, and one that has served as a model of Japanese style and taste since the 17th century. These cameo-like vignettes reflect the importance of the little, fleeting futile things, and each essay is Kenko himself' Asian Student

Idleness Jun 15 2024 "For millennia, idleness and laziness have been regarded as vices. We're all expected to work to survive and get ahead, and devoting energy to anything but labor and self-improvement can seem like a luxury or a moral failure. Far from questioning this conventional wisdom, modern philosophers have worked hard to develop new reasons to denigrate idleness. In Idleness, the first book to challenge modern philosophy's portrayal of inactivity, Brian O'Connor argues that the case against an indifference to work and effort is flawed—and that idle aimlessness may instead allow for the highest form of freedom. Idleness explores how some of the most influential modern philosophers drew a direct connection between making the most of our humanity and avoiding laziness. Idleness was dismissed as contrary to the need people have to become autonomous and make whole, integrated beings of themselves (Kant); to be useful (Kant and Hegel); to accept communal norms (Hegel); to contribute to the social good by working (Marx); and to avoid boredom (Schopenhauer and de Beauvoir). O'Connor throws doubt on all these arguments, presenting a sympathetic vision of the inactive and unserious that draws on more productive ideas about idleness, from ancient Greece through Robert Burton's Anatomy of Melancholy, Schiller and Marcuse's thoughts about the importance of play, and recent critiques of the cult of work. A thought-provoking reconsideration of productivity for the twenty-first century, Idleness shows that, from now on, no theory of what it means to have a free mind can exclude idleness from the conversation."--Provided by publisher

Love in Idleness Jul 24 2022 Anna Raine is desperate: to escape Somerset, to evade her mother, and above all, to find a model of adulthood on whom to base her future self. When Stella, her mother's thrillingly reckless younger sister offers her a Bloomsbury flat Anna feels sure that some form of stardom will shortly follow.

We Learn Nothing Feb 16 2022 A New York Times political cartoonist and writer presents a collection of his most popular essays and drawings about life and government hypocrisy, exploring the darkly comic aspects of such topics as falling in love with unlikeable people, managing a friend with outspoken political views and reacting to a long acquaintance's sex-change operation. By the creator of The Pain--When Will It End?

Autopilot Mar 20 2022 Andrew Smart wants you to sit and do nothing much more often – and he has the science to explain why. At every turn we're pushed to do more, faster and more efficiently: that drumbeat resounds throughout our wage-slave society. Multitasking is not only a virtue, it's a necessity. Books such as Getting Things Done, The One Minute Manager, and The 7 Habits of Highly Effective People regularly top the bestseller lists, and have spawned a considerable industry. But Andrew Smart argues that slackers may have the last laugh. The latest neuroscience shows that the "culture of effectiveness" is not only ineffective, it can be harmful to your well-being. He makes a compelling case – backed by science – that filling life with activity at work and at home actually hurts your brain. A survivor of corporate-mandated "Six Sigma" training to improve efficiency, Smart has channeled a self-described "loathing" of the time-management industry into a witty, informative and wide-ranging book that draws on the most recent research into brain power. Use it to explain to bosses, family, and friends why you need to relax – right now.

In Praise of Idleness Dec 09 2023 Considered 'the Voltaire of his time', Bertrand Russell was a fearless iconoclast who stood unbowed before political and religious leaders; his disdain for conventional thinking and accepted beliefs set him apart from his academic peers and at odds with the authorities throughout his long and storied life. In his celebrated essay, In Praise of Idleness, Russell champions the seemingly incongruous notion that realising our full potential – and thus enjoying the greatest possible success and happiness – is not accomplished by working harder or smarter, but through harnessing the extraordinary power of idleness. Russell's penetrating insights and exquisite turns of phrase feel as fresh and relevant today as when they were first written. Arguing that we can achieve far more by doing far less, and that traditional wealth accumulation is a form of cultural and moral poverty, Russell demands greater depth from our age of abundant creativity and heralds the next wave of enlightened entrepreneurs. Replete with a new introduction and afterword, and interspersed with comic illustrations, informative notes plus a curated selection of Russell's best quotes from many of his acclaimed works, this unique edition of In Praise Of Idleness is given new life by New York Times best-selling author and internationally acclaimed humourist, Bradley Trevor Greive. --

Love in Idleness: A Volume of Poems May 10 2021 "Love in Idleness: A Volume of Poems" by Henry Charles Beeching stands as an exquisite journey through the vast landscape of love, meticulously capturing its intense emotions and intricate dynamics. Beeching's work masterfully articulates the essence of love, navigating through its exhilarating peaks and the profound sorrows that accompany deep emotional bonds. His poetry serves as a meticulous examination of human connections, showcasing a remarkable attention to the subtle nuances and complexities that define them. Within the confines of this collection, each poem emerges as a nuanced depiction of the myriad aspects of love. Beeching employs a palette of words to paint every stroke of tenderness, desire, and frailty, bringing to life the rich tapestry of human emotions that love weaves. The poems are not merely words arranged on a page; they are windows into moments brimming with softness, yearning, and exposed sensibilities. Beeching's adept use of lyrical prose and vivid imagery transports readers into the heart of each scene, allowing them to experience the raw beauty and bittersweetness of love firsthand. Through "Love in Idleness," Beeching extends an invitation to his readers to delve deep into the heart of romance. He encourages a contemplative engagement with the rhythms of love, urging readers to appreciate the nuanced flavors of devotion and companionship. This collection is more than a mere anthology of love poems; it is a profound reflection on the transformative power of love. Beeching illuminates how love, in its purest form, has the capacity to elevate the human experience, imparting lessons of resilience, joy, and the sheer potency of human emotions. Ultimately, "Love in Idleness" is a celebration of love's ability to leave a lasting mark on our lives. It is a tribute to love's capacity to move us, to reshape our understanding of the world, and to leave us forever changed in its wake. Beeching's poems resonate with the universal truth that love, in all its forms, remains one of the most powerful forces, capable of inspiring, healing, and altering the course of our lives. Through his poetic exploration, Beeching captures the indelible essence of love, making "Love in Idleness" an unforgettable ode to the most profound of human connections.

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