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**Functional Performance in Older Adults** **Social Work with Older Adults** **Ageing and Older Adulthood** **Nutrition Care of the Older Adult: a Handbook for Dietetics Professionals Working Throughout the Continuum of Care** **A Comprehensive Guide to Rehabilitation of the Older Patient** **E-Book** *Physical Activity Instruction of Older Adults, 2E* **Guccione's Geriatric Physical Therapy E-Book** **Ageing and Older Adulthood** **Working with Older Adults: Group Process and Technique** *Issues in Aging Nursing for Wellness in Older Adults* **Community Resources for Older Adults** **Exercise and Physical Activity for Older Adults** *Physician's Guide to Assessing and Counseling Older Drivers* **Social Isolation and Loneliness in Older Adults** *Occupational Therapy with Aging Adults* **Gerontology for the Health Care Professional Evidence-Based Geriatric Nursing Protocols for Best Practice Aging, Society, and the Life Course, Fourth Edition** **Adult Development and Aging** **Functional Performance in Older Adults** *Families Caring for an Aging America* **Age-Friendly Health Systems** **Policies and Procedures for Infusion Therapy: Older Adult, 4th Edition** **Social Work with the Aged and Their Families** **Gerontology** **Working with Older Adults** **Assessing Capacities of Older Adults** **Ageing America and Transportation** **The Mental Health and Substance Use Workforce for Older Adults** **Using Technology to Improve Care of Older Adults** **Occupational Therapy for Older People** *Brighter Vistas* **WAIS-IV, WMS-IV, and ACS** **Ebersole and Hess' Gerontological Nursing & Healthy Aging** **Social Work with Older Adults** *Policy and Program Planning for Older Adults and People with Disabilities* **Nutrition Care of the Older Adult** **Foods and Dietary Supplements in the Prevention and Treatment of Disease in Older Adults** **The Encyclopedia of Aging**

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**Key Benefit:** Presents a strengths-based approach of social work with older adults - **Social Work with Older Adults, 4/e** provides a comprehensive treatment of a strengths-based approach to the major areas of social work with older adults. **Key Topics:** Discuss how to engage in differential assessment. Understand the design of intervention to treat a wide variety of challenges facing older adults. **Market:** For those interested in learning more about Social Work with older adults. According to the US Census Bureau, the US population aged 65+ years is expected to nearly double over the next 30 years, from 43.1 million in 2012 to an estimated 83.7 million in 2050. These demographic advances, however extraordinary, have left our health systems behind as they struggle to reliably provide evidence-based practice to every older adult at every care interaction. **Age-Friendly Health**

Systems is an initiative of The John A. Hartford Foundation and the Institute for Healthcare Improvement (IHI), in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA), designed Age-Friendly Health Systems to meet this challenge head on. Age-Friendly Health Systems aim to: Follow an essential set of evidence-based practices; Cause no harm; and Align with What Matters to the older adult and their family caregivers. Gerontology For The Health Care Professional, Second Edition is a comprehensive, practical text covering the evolving field of gerontology, written for health care students and professionals . This text is clinically relevant while implementing theoretical treatment of the subject matter. Written by experts across many health professions, Gerontology For The Health Care Professional, Second Edition presents an up-to-date and realistic view on the aging process. With topics presented in an introductory fashion, this book covers all the important aspects of aging and instills an appreciation For The multidimensional aspects of aging for those who are working with and caring for elderly patients or clients. Each chapter includes objectives, chapter outlines, multiple-choice review questions and learning activities! Available Instructor Resources Include: PowerPoint Slides, Instructor's Manual and Discussion Questions. New To The Second Edition : Thoroughly updated content New information on sleep, aging, and functional performance later in life A new chapter on effective communication with older people Topics Covered Include: Demographic Trends of an Aging Society Social Aspects of Aging the Physiology and Pathology of Aging Staying Healthy in Late Life Cognition and Aging the Psychological Aspects of Aging (including quality of life, personality change, and behavioral change) Nutrition Throughout the Lifespan Drug Therapy and Polypharmacy in the Elderly Sexuality and Aging the Continuum of Care (including care giving) Financing Health Care For The Elderly Health Care Providers Working with the Elderly Future Concerns in an Aging Society Beginning with an overview of the changing world of aging, this book goes on to address practical principles and guidelines for group work. At least 5.6 million to 8 million-nearly one in five-older adults in America have one or more mental health and substance use conditions, which present unique challenges for their care. With the number of adults age 65 and older projected to soar from 40.3 million in 2010 to 72.1 million by 2030, the aging of America holds profound consequences for the nation. For decades, policymakers have been warned that the nation's health care workforce is ill-equipped to care for a rapidly growing and increasingly diverse population. In the specific disciplines of mental health and substance use, there have been similar warnings about serious workforce shortages, insufficient workforce diversity, and lack of basic competence and core knowledge in key areas. Following its 2008 report highlighting the urgency of expanding and strengthening the geriatric health care workforce, the IOM was asked by the Department of Health and Human Services to undertake a complementary study on the geriatric mental health and substance use workforce. The Mental Health and Substance Use Workforce for Older Adults: In Whose Hands? assesses the needs of this population and the workforce that serves it. The breadth and magnitude of inadequate workforce training and personnel shortages have grown to such proportions, says the committee, that no single approach, nor a few isolated changes in disparate federal agencies or programs, can adequately address the issue. Overcoming these challenges will require focused and coordinated action by all. Named a 2013 Doody's Core Title! "The evidence-based protocols are designed as a primary reference and are useful, substantive, and timely...The broader contributions of useful format and succinct review of the evidence make it likely that this text will continue to be the leading resource in nursing education and practice."--The Gerontologist "Now more than ever, nurses are called upon to lead efforts to embed evidence-based practice in daily operations. As the IOM report states, 'nurses have key roles to play as team members and leaders for a reformed and better-integrated, patient-centered health care system.' The process of implementing sweeping change in health care will likely take years; however, nurses must start pragmatically and focus on these critically important protocols that have demonstrated improved outcomes for older adults. Simply stated, 'Pick this book up and use it.'" From the Foreword, Susan L. Carlson, MSN, APRN, ACNS-BC, GNP-BC, FNGNA President, National

Gerontological Nursing Association "As a gerontological clinical educator/research nurse, I will often use this as a reference. The format and the content are good, and the explanations of how to best use the evidence simplify the process of sifting through mountains of information to figure the best practice." Score: 97, 5 Stars. --Doody's One of the premier reference books for geriatric nurses in hospital, long-term, and community settings, this 4th edition has been thoroughly updated to provide the most current, evidence-based protocols for care of common clinical conditions and issues in elderly patients. Designed to improve the quality, outcomes, and cost-effectiveness of health care, these guidelines are the result of collaboration between leading practitioners and educators in geriatric nursing and New York University College of Nursing. Protocols for each clinical condition have been developed by experts in that particular area, and most have been systematically tested by over 300 participating hospitals in "Nurses Improving Care for Health System Elders" (NICHE). Evidence is derived from all levels of care, including community, primary, and long-term care. A systematic method in compliance with the AGREE appraisal process was used to rate the levels of evidence for each protocol. Protocols are organized in a consistent format for ease of use, and each includes an overview, evidence-based assessment and intervention strategies, and an illustrative case study with discussion. Additionally, each protocol is embedded within chapter text, which provides the context and detailed evidence for the protocol. Each chapter contains resources for further study. Key Features: Updated to provide a wide range of evidence-based geriatric protocols for best practices Contains new chapters on function-focused care, catheter-associated urinary tract infections, mistreatment detection, acute care models, and transitional care Illustrates application of clinical protocols to real-life practice through case studies and discussion Edited by nationally known leaders in geriatric nursing education and practice, who are endorsed by the Hartford Institute for Geriatric Nursing and NICHE Encompasses the contributions of 58 leading practitioners of geriatric care Written for nursing students, nurse leaders, and practitioners at all levels, including those in specialty roles The second edition of this landmark textbook is distinguished by its pioneering approach to encompassing disability and aging policies under one umbrella, in response to the newly developed Administration on Aging and Disability. It addresses policy changes impacting health and disability services resulting from the Affordable Care Act (ACA) and other new legislation, and offers a pioneering approach to transforming policy into practice applications. New to the second edition is current census data and new legislative mandates from the ACA and other policy organizations impacting aging adults and/or disabled populations. Also included is new coverage on Social Media, Motivational Interviewing, Health Literacy, Underrepresented Groups, LGBT, and Rural Communities. Podcasts, available as downloads, present the messages of advocates, lobbyists, policy experts, and consumers who address various aspects of relevant policies and policy development. Unlike other texts, the book focuses on triangulating skills, policies, and programs for graduate students in social work, public health, gerontology, and rehabilitation. It aims thus to enhance understanding of policy development through a critical analysis and review of policy framework, and promotes development of skills in shaping programs and implementing policy. The text lays out tools that facilitate policy and program development to include the media, coalition building, the use of an evidence base, and how each mandated policy addresses these programs and services. Chapters include learning objectives, case studies, review/discussion questions, and resources for additional information. An Instructors Manual, Test Bank, and PowerPoint slides facilitate the teaching process. New to the Second Edition: Addresses both disability and aging policies Includes updated census data Presents new legislation and mandates for the ACA, Veterans and the Military, Caregivers/Caregiver Support Act, Alzheimer Support, Health Lifestyles, Aging and Disability Resource Centers, Elder Justice Act, and Substance Use and Misuse Provides new coverage on Social Media, Motivational Interviewing, Health Literacy, Minorities, Incarcerated Individuals, Immigrants/Refugees, LGBT, and Rural Communities Offers podcasts of interviews with key consumers and policy experts Key Features: Lays out tools that facilitate policy and program development Examines major service areas for older adults Addresses

philosophical, historical, and demographic challenges Enhances understanding of policy development through critical analysis Includes learning objectives, case studies, review questions, and instructor package The ideal resource for rehabilitation professionals who are working with or preparing to work with older adults! It describes the normal aging process, illustrates how health and social factors can impede an aging person's abilities, and demonstrates how to develop mechanisms for maximizing the well-being of older adults. Policies and Procedures for Infusion Therapy: Older Adult, 4th edition, is the updated guide to clinical practice for the older adult patient. This edition addresses key points, patient/caregiver education, and assessment of this patient population. Following the guidance presented in this edition, nurses will be able to deliver care more effectively to the older adult. "Recommended."--CHOICE: Current Reviews for Academic Libraries "Coughlin and D'Ámbrosio's edited volume is a welcome contribution to highlighting this issue for gerontologists. The collection is an informative and useful reference for students, researchers, practitioners, planners, and policy analysts"--The Gerontologist This solution-focused volume fills a gap in the literature by addressing the key issues around mobility and transportation for the aging Baby Boomer generation--issues that will be significantly different than those of previous generations of older adults. This new generation, many of whom will continue to work past the traditional retirement age and expect to pursue an active lifestyle, may have to confront new transportation technology, the need to use public transportation, and ways to continue driving safely as their eyesight fades and reaction time slows down. This volume examines many of the issues faced by policymakers, transportation officials, vehicle manufacturers, health and human services professionals, and aging adults themselves as the largest generation prepares to enter late adulthood. The volume's editors are both at the MIT AgeLab, whose multi-disciplinary team designs, develops and deploys innovations to enhance quality of life for aging populations. Through the contributions of a diverse group of theorists and practitioners, including recommendations from the National Older Driver Safety Advisory Council, a collaboration between AARP's Driver Safety Program and the MIT AgeLab, the book discusses several key topics pertinent to Aging America and transportation. Among them are the changing demographics of the population, how this generation's lifestyle choices affect mobility, technology trends in private vehicles, changes in the infrastructure and transportation system, the "new" older driver, and issues of safety and education among older drivers. This book also explores practical solutions and strategies, such as new transportation options and innovations that will significantly impact the future of mobility for older adults, for keeping these seniors active and mobile well into their later years. Key Features: Focuses on the unique mobility needs of the aging Baby Boomer generation Provides practical solutions and strategies for policy changes to enhance the mobility of older adults Examines issues faced by policymakers, transportation officials, vehicle manufacturers, health and human services professionals, and aging adults Discusses strategies for updating the infrastructure and transportation system, driving safety education for older drivers, and trends in private vehicle innovations "Stay ahead in the field of gerontological nutrition with the fully updated 4th edition of Nutrition Care of the Older Adult. Authored by leading experts, this comprehensive practice guide is thoughtfully crafted to provide both new and experienced health care professionals with the latest evidence-based practices and strategies for optimizing nutrition care in older adults. Like the previous edition, this hands-on reference encompasses the total perspective on person-driven nutrition care of older adults. The 4th edition includes three brand new chapters on gastroenterology, food allergies, and neurological disorders as well as the following: Section 1: Introduction to Nutrition Care in Older Adults (person-driven care, community resources) Section 2: Nutrition Assessment (skin integrity, lab assessment, dining assessment, drug-nutrient interactions) Section 3: Disease States and Interventions (malnutrition, hydration, oral health and swallowing, renal disease, diabetes, cancer, and more) Section 4: Standards for Compliance (federal regulations, role of the RDN and NDTR, emergency management, and more)"-- Rev ed of "Working with the elderly." In recent years, theoreticians, researchers, and practitioners have become increasingly interested in older adults and the aging process. This volume draws on related

disciplines to better understand the biological, psychological, and social aspects of aging. *Social Work with the Aged and Their Families* covers areas of central interest to those coping with the needs of an aging population. Among the topics addressed are assessment of the aging, taking into account biological age, psychological age, and socio-cultural and spiritual age. Greene also considers the importance of the family system, family roles and development, functional-age individual and family intervention, and group and community interventions. The scientific and systematic study of aging is known as gerontology. Geriatric social workers are those who have applied established social work theories in an attempt to find suitable techniques for working with their elderly clients. The need for specialized services has given birth to various services and programs. For example, meals-on-wheels and home health care services have been designed to meet specific physical needs of older adults. However, mental health services have lagged far behind as practitioners struggled to adapt such specialties as family therapy to families of later years. A major contribution of this book, now in its third edition, is the functional-age model of intergenerational treatment (FAM), which is an outgrowth of that demand. The functional-age model of intergenerational treatment is an integrative theoretical framework for social workers interested in clinical social work practice with older adults and their families. Since its initial construction in 1986, the model has been augmented by more recent concepts related to successful aging, spirituality, and resiliency. These additions, together with the original assessment and intervention strategies, present the major converging conceptual trends that constitute a model for twenty-first century social work practice in the field of aging.

**Print+CourseSmart** This book demonstrates how to address practical and ethical challenges when assessing older adults with neurocognitive disorders, like dementia. Expanding on the ABA/APA's *Assessment of Older Adults with Diminished Capacity: A Handbook for Psychologists*, it explores the tension between ensuring a client's autonomy while protecting them from harm, particularly when decision-making capacity or daily living skills are impaired. Chapters cover a range of complex issues in careful detail, including financial exploitation, undue influence, sexual consent, and medical aid in dying. Reflects the most important theoretical foundations and research directions concerning aging and older adulthood

This authoritative volume provides the latest insights into, and theoretical interpretation of, our understanding of the human aging process. Newly updated and revised, this edition of the well-established student textbook offers relatable scenarios that touch upon real-world issues faced by older adults and their families. The book explains how research studies attempt to answer questions of both theoretical and practical importance as they relate to aging and older adulthood, and it explains the hypotheses and findings of the studies in a manner that is comprehensible to readers of all levels of research experience. *Aging and Older Adulthood* begins by describing the demographic characteristics of the older population, and follows with a chapter on theoretical models that apply to the study of adult development and aging, as well as approaches commonly taken to conduct research and ethical concerns involved in the study of this group. It then offers a series of chapters exploring biological aging, sensation perception and attention, memory, intellectual functioning, cognition and real-world problem-solving, personality and coping, social interaction and social ties, lifestyles and retirement, mental health and psychotherapy, and death and bereavement. The final chapter looks at aging in the future. Each chapter includes fully updated research findings, as well as new and expanded coverage of concepts and ideas in areas such as neuroscience, and diabetes. New edition of a highly respected text exploring our contemporary understanding of a broad range of topics related to older adulthood and the psychology of aging

Offers thematic treatment of core issues including health, sensory perception, memory, intellect, social interactions, employment and retirement, and mental health Uses a dual lens of two models – the selective optimization with compensation model and the ecological model – to provide cohesiveness to the presentation of both theoretical and applied material Introduces each chapter with a relevant real-world scenario and refers back to it throughout the chapter Includes pedagogical feature boxes that reflect current understanding of contemporary issues in the field as well as key points and issues for further discussion

*Aging and Older Adulthood*, 4th Edition is an

excellent text for upper division undergraduate and graduate courses focusing on the older adulthood and aging, the psychology of aging, gerontological studies, and lifespan development. Opportunities and Optimism in Aging. Issues in Aging, 3rd edition takes an optimistic view of aging and human potential in later life. This book presents the most up-to-date facts on aging today, the issues raised by these facts, and the societal and individual responses that will create a successful old age for us all. Mark Novak presents the full picture of aging--exhibiting both the problems and the opportunities that accompany older age. The text illustrates how generations are dependent on one another and how social conditions affect both the individual and social institutions. Learning Goals -Upon completing this book, readers will be able to: -Understand how large-scale social issues--social attitudes, the study of aging, and demographic issues--affect individuals and social institutions -Identify the political responses to aging and how individuals can create a better old age for themselves and the people they know -Separate the myths from the realities of aging -Recognize the human side of aging -Trace the transformation of pension plans, health, and opportunities for personal expression and social engagement -to the new ecology of aging today Social isolation and loneliness are serious yet underappreciated public health risks that affect a significant portion of the older adult population. Approximately one-quarter of community-dwelling Americans aged 65 and older are considered to be socially isolated, and a significant proportion of adults in the United States report feeling lonely. People who are 50 years of age or older are more likely to experience many of the risk factors that can cause or exacerbate social isolation or loneliness, such as living alone, the loss of family or friends, chronic illness, and sensory impairments. Over a life course, social isolation and loneliness may be episodic or chronic, depending upon an individual's circumstances and perceptions. A substantial body of evidence demonstrates that social isolation presents a major risk for premature mortality, comparable to other risk factors such as high blood pressure, smoking, or obesity. As older adults are particularly high-volume and high-frequency users of the health care system, there is an opportunity for health care professionals to identify, prevent, and mitigate the adverse health impacts of social isolation and loneliness in older adults. Social Isolation and Loneliness in Older Adults summarizes the evidence base and explores how social isolation and loneliness affect health and quality of life in adults aged 50 and older, particularly among low income, underserved, and vulnerable populations. This report makes recommendations specifically for clinical settings of health care to identify those who suffer the resultant negative health impacts of social isolation and loneliness and target interventions to improve their social conditions. Social Isolation and Loneliness in Older Adults considers clinical tools and methodologies, better education and training for the health care workforce, and dissemination and implementation that will be important for translating research into practice, especially as the evidence base for effective interventions continues to flourish. Physical Activity Instruction of Older Adults, Second Edition, is the most comprehensive text available for current and future fitness professionals who want to design and implement effective, safe, and fun physical activity programs for older adults with diverse functional capabilities. Offering a comprehensive look at physical therapy science and practice, Guccione's Geriatric Physical Therapy, 4th Edition is a perfect resource for both students and practitioners alike. Year after year, this text is recommended as the primary preparatory resource for the Geriatric Physical Therapy Specialization exam. And this new fourth edition only gets better. Content is thoroughly revised to keep you up to date on the latest geriatric physical therapy protocols and conditions. Five new chapters are added to this edition to help you learn how to better manage common orthopedic, cardiopulmonary, and neurologic conditions; become familiar with functional outcomes and assessments; and better understand the psychosocial aspects of aging. In all, you can rely on Guccione's Geriatric Physical Therapy to help you effectively care for today's aging patient population. Comprehensive coverage of geriatric physical therapy prepares students and clinicians to provide thoughtful, evidence-based care for aging patients. Combination of foundational knowledge and clinically relevant information provides a meaningful background in how to effectively manage geriatric disorders Updated information reflects the

most recent and relevant information on the Geriatric Clinical Specialty Exam. Standard APTA terminology prepares students for terms they will hear in practice. Expert authorship ensures all information is authoritative, current, and clinically accurate. NEW! Thoroughly revised and updated content across all chapters keeps students up to date with the latest geriatric physical therapy protocols and conditions. NEW! References located at the end of each chapter point students toward credible external sources for further information. NEW! Treatment chapters guide students in managing common conditions in orthopedics, cardiopulmonary, and neurology. NEW! Chapter on functional outcomes and assessment lists relevant scores for the most frequently used tests. NEW! Chapter on psychosocial aspects of aging provides a well-rounded view of the social and mental conditions commonly affecting geriatric patients. NEW! Chapter on frailty covers a wide variety of interventions to optimize treatment. NEW! Enhanced eBook version is included with print purchase, allowing students to access all of the text, figures, and references from the book on a variety of devices. Look no further for the book that provides the information essential for successful practice in the rapidly growing field of gerontological occupational therapy!

Occupational Therapy with Aging Adults is a new, comprehensive text edited by OT and gerontological experts Karen Frank Barney and Margaret Perkinson that takes a unique interdisciplinary and collaborative approach in covering every major aspects of geriatric gerontological occupational therapy practice. With 30 chapters written by 70 eminent leaders in gerontology and OT, this book covers the entire continuum of care for the aging population along with special considerations for this rapidly growing demographic. This innovative text also covers topical issues spanning the areas of ethical approaches to treatment; nutrition and oral health concerns; pharmacological issues; low vision interventions; assistive technology supports; and more to ensure readers are well versed in every aspect of this key practice area. UNIQUE! Intraprofessional and interprofessional approach to intervention emphasizes working holistically and collaboratively in serving older adults. Case examples help you learn to apply new information to actual patient situations. Questions at the end of each chapter can be used for discussion or other learning applications. Chapter on evidence-based practice discusses how to incorporate evidence into the clinical setting. Chapter on ethics provides a deeper understanding of how to address challenging ethical dilemmas. UNIQUE! Chapter on the wide range of physiological changes among the aging patient population highlights related occupational performance issues. UNIQUE! Chapter on oral health explores the challenges faced by older adults. Presenting a strengths-based approach to social work with older adults, the fourth edition of this text examines the basics of biopsychosocial functioning and the design of interventions to treat a wide variety of challenges facing older adults. Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. This text covers the theory and practice of wellness-oriented gerontological nursing, addressing both physiologic and psychosocial aspects of aging. Organized around the author's unique Functional Consequences Theory, the book explores age-related changes as well as the risk factors that often interfere with optimal health and functioning. Key features include: NEW! Technology to Promote Wellness in Older Adults boxes describe examples of technology-based interventions that can be effective for promoting wellness for older adults. NEW! Interprofessional Collaboration (IPC) material, which is found in boxes or is highlighted with orange bars in the margins, indicates the responsibilities of nurses to collaborate with other professionals and paraprofessionals in health care and community-based settings when caring for older adults. NEW! Global Perspective boxes provide examples of the various ways in which health care professionals in other countries provide care for older adults. NEW! Unfolding Patient Stories, written by the National League for Nursing, are an engaging way to begin meaningful conversations in the classroom. These vignettes, which open each unit, feature patients from Wolters Kluwer's vSim for Nursing | Gerontology (co-developed with Laerdal Medical) and DocuCare products; however, each Unfolding Patient Story in the book stands alone, not requiring purchase of these products. For your convenience, a list of these case studies, along with their location in



the book, appears in the “Case Studies in This Book” section later in this frontmatter. NEW! Transitional Care Unfolding Case Studies, which unfold across Chapters 27 through 29, to illustrate ways in which nurses can provide effective transitional care to an older adult whose progressively worsening condition requires that her needs be met in several settings. For your convenience, a list of these case studies, along with their location in the book, appears in the “Case Studies in This Book” section later in this frontmatter. Updated unfolding case studies illustrate common experiences of older adults as they progress from young-old to old-old and are affected by combinations of age-related changes and risk factors. Evidence-based information is threaded through the content and summarized in boxes in clinically oriented chapters. Assessment and intervention guidelines help nurses identify and address factors that affect the functioning and quality of life of older adults. Nursing interventions focus on teaching older adults and their caregivers about actions they can take to promote wellness. Case studies include content on transitional care, interprofessional collaboration, and QSEN! Completely revised with new chapters and sections covering everything the health-care provider needs to know when working with the older adult either at home or in nursing and long-term care facilities. Chapters cover factors affecting nutrition, nutrition and disease, nutritional assessment, dining challenges and regulatory compliance. This scientifically sound and practical resource for new and experienced nutrition professionals includes new forms, resources, the food guide pyramid for older adults and an index of tales. Ebersole & Hess' Gerontological Nursing and Healthy Aging is the only gerontological nursing text that follows a wellness-based, holistic approach to older adult care. Designed to facilitate healthy aging regardless of the situation or disease process, this text goes beyond simply tracking recommended treatments to address complications, alleviate discomfort, and help older adults lead healthy lives. Featuring evidence-based practice boxes, safety alerts, expanded tables, and careful attention to age, gender, and cultural differences, Ebersole & Hess' Gerontological Nursing and Healthy Aging is the most complete text on the market. Focus on health and wellness helps you gain an understanding of the patient's experience. AACN and the Hartford Institute for Geriatric Nursing core competencies integrated throughout. Consistent chapter organization and pedagogy, including Learning Objectives, Glossary, and Research and Study Questions/Activities. Evidence-Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown, ineffective, or harmful effects. Careful attention to age, cultural, and gender differences helps you understand these important considerations in caring for older adults Expanded tables, boxes, and forms, including the latest scales and guidelines for proper health assessment make information easy to find and use. Activities and discussion questions at the end of every chapter equip you with the information you need to assess the patient. UPDATED! Healthy People 2020 boxes integrate information about healthy aging. NEW! Safety Alerts highlight safe practices and quality of care QSEN competencies. NEW! Chapter on Neurologic Compromise expands content on stroke and Parkinson's disease. Family caregiving affects millions of Americans every day, in all walks of life. At least 17.7 million individuals in the United States are caregivers of an older adult with a health or functional limitation. The nation's family caregivers provide the lion's share of long-term care for our older adult population. They are also central to older adults' access to and receipt of health care and community-based social services. Yet the need to recognize and support caregivers is among the least appreciated challenges facing the aging U.S. population. Families Caring for an Aging America examines the prevalence and nature of family caregiving of older adults and the available evidence on the effectiveness of programs, supports, and other interventions designed to support family caregivers. This report also assesses and recommends policies to address the needs of family caregivers and to minimize the barriers that they encounter in trying to meet the needs of older adults. This book provides users of the Wechsler Adult Intelligence Scale (WAIS-IV) with information on applying the WAIS-IV, including additional indexes and information regarding use in special populations for advanced clinical use and interpretation. The book offers sophisticated users of the WAIS-IV and Wechsler Memory Scale (WMS-IV) guidelines on how to enhance the clinical

applicability of these tests. The first section of the book provides an overview of the WAIS-IV, WMS-IV, and new Advanced Clinical Solutions for Use with the WAIS-IV/WMS-IV (ACS). In this section, examiners will learn: Normal versus atypical score variability Low-score prevalence in healthy adults versus clinical populations Assessing whether poor performance reflects a decline in function or is the result of suboptimal effort New social cognition measures found in the ACS are also presented. The second part focuses on applying the topics in the first section to specific clinical conditions, including recommended protocols for specific clientele (e.g. using demographically adjusted norms when evaluating individuals with brain injury). Common clinical conditions are discussed, including Alzheimer's disease, mild cognitive impairment, traumatic brain injury, and more. Each chapter provides case examples applying all three test batteries and using report examples as they are obtained from the scoring assistant. Finally, the use of the WAIS-IV/WMS-IV and the ACS in forensic settings is presented. Coverage of administration and scoring of WAIS-IV, WMS-IV and ACS Information contained on the use of WAIS-IV with special populations Case studies in each chapter Written by the creators of WAIS-IV, WMS-IV and ACS Comprehensive multidisciplinary encyclopedia dealing with aging processes and older adults. Intended for "the educated inquirer who needs a brief authoritative introduction to key topics and issues in aging." Signed entries contain cross references. Contains lengthy bibliography. General index. State-of-the-art developments in multiple new technologies for older adult care Grounded in a unique team-based geriatrics perspective, this book delivers a broad range of current, evidence-based knowledge about innovative technology that has the potential to advance the care and well being of older adults. It provides key information about the development, selection, and implementation of technology products, and describes research evidence, education-based initiatives, and systems thinking. The book also examines challenges and barriers to implementation, adoption and innovation. From telehealth and assistive technology in the home to simulation and augmented reality in educational settings, the text provides a hands-on, field-tested articulation of how products can aid in the transitional care process, chronic care delivery, and geriatrics/gerontology education. It discusses technology developments in rural areas, home telehealth, wearable technology, personalized medicine, social robots, technology to assist seniors with cognitive impairments, the potential of artificial intelligence to enhance health care of older adults. The text is written to help health care professionals select the appropriate technology for their needs. Key Features: Describes the most current technology resources, evidence, and developments for older adult care Based on a team-centered approach Written by interprofessional health care providers experienced in implementing, developing and adopting technology to assist older adults Includes case studies depicting technology-related successes and failures Addresses the challenges, barriers, and opportunities for transforming aging with technology across transitions of care Support the very best health, well-being, and quality of life for older adults! Here's the ideal resource for rehabilitation professionals who are working with or preparing to work with older adults! You'll find descriptions of the normal aging process, discussions of how health and social factors can impede your clients' ability to participate in regular activities, and step-by-step guidance on how to develop strategies for maximizing their well-being. This book focuses on evidence-based occupational therapy in the care of older adults in different clinical settings, from home to acute hospital, from intensive care unit to rehabilitation centers and nursing homes. Occupational therapy has progressively developed as a new discipline aiming to improve the daily life of individuals of different ages, from children to older adults. The book first reviews the interaction between occupational therapy and geriatrics and then discusses in depth how occupational therapy interventions are applied in the community, in the acute hospital and in the nursing home. It highlights the key role of occupational therapy in the management of frail patients, including critically ill older patients and persons with dementia, and describes in detail how to maintain occupational therapy interventions across different settings to avoid the fragmentation of care. The ageing population requires new innovative approaches to improve the quality of life, and as such this book provides clinicians with handy, key information on how to implement

occupational therapy in the daily clinical care of older adults based on the current scientific evidence. "This book discusses the physical benefits of exercise and physical activity when aging without major diseases, making this book unique in the sense of its primary prevention focus"-- Community Resources for Older Adults: Programs and Services in an Era of Change, Fourth Edition, by Robbyn Wacker and Karen Roberto, provides an in-depth review of policy and programs for the "aging network," answering such key questions as "How have programs for older adults evolved?" "Who uses these resources?" "How are they delivered?" and "What challenges do service providers face in meeting the needs of the aging baby-boom generation?" To give students the foundational knowledge they need to meet the needs of their older clients, the authors provide a theoretical framework for understanding the forces that shape older adults' likelihood to seek assistance, include in-depth reviews of the current body of empirical literature in each program area, and discuss the challenges programs and services will face in the future. Reflects the most important theoretical foundations and research directions concerning aging and older adulthood This authoritative volume provides the latest insights into, and theoretical interpretation of, our understanding of the human aging process. Newly updated and revised, this edition of the well-established student textbook offers relatable scenarios that touch upon real-world issues faced by older adults and their families. The book explains how research studies attempt to answer questions of both theoretical and practical importance as they relate to aging and older adulthood, and it explains the hypotheses and findings of the studies in a manner that is comprehensible to readers of all levels of research experience. Aging and Older Adulthood begins by describing the demographic characteristics of the older population, and follows with a chapter on theoretical models that apply to the study of adult development and aging, as well as approaches commonly taken to conduct research and ethical concerns involved in the study of this group. It then offers a series of chapters exploring biological aging, sensation perception and attention, memory, intellectual functioning, cognition and real-world problem-solving, personality and coping, social interaction and social ties, lifestyles and retirement, mental health and psychotherapy, and death and bereavement. The final chapter looks at aging in the future. Each chapter includes fully updated research findings, as well as new and expanded coverage of concepts and ideas in areas such as neuroscience, and diabetes. New edition of a highly respected text exploring our contemporary understanding of a broad range of topics related to older adulthood and the psychology of aging Offers thematic treatment of core issues including health, sensory perception, memory, intellect, social interactions, employment and retirement, and mental health Uses a dual lens of two models – the selective optimization with compensation model and the ecological model – to provide cohesiveness to the presentation of both theoretical and applied material Introduces each chapter with a relevant real-world scenario and refers back to it throughout the chapter Includes pedagogical feature boxes that reflect current understanding of contemporary issues in the field as well as key points and issues for further discussion Aging and Older Adulthood, 4th Edition is an excellent text for upper division undergraduate and graduate courses focusing on the older adulthood and aging, the psychology of aging, gerontological studies, and lifespan development. Print+CourseSmart The fourth edition continues to provide psychologists with a fresh and engaging approach to the field of psychology of adult development and aging. It focuses on three themes: a multidisciplinary approach, positive images of aging, and the newest and most relevant research. Recent articles and updates to the information on demography, economics, and public policy are presented. The Aging in the News feature includes a story of a remarkable achievement by a middle-aged or older adult. The Assess Yourself boxes are also updated with new questions. Psychologists appreciate this mix of examples and discussions that make the material come to life. This book will help all health professionals involved in the rehabilitation of older people to provide their patients with the highest possible quality of life and autonomy. Expanded and rewritten by a diverse team of authors, the text is suitable for doctors in all specialties that see older patients, as well as nurses, physiotherapists, occupational therapists, psychologists, dietitians, speech and language therapists/pathologists, physician associates/assistants,

healthcare assistants, and many others including patients, family members and students. The book is written in an accessible, no-jargon style and provides a patient-centred perspective on recent advances in the field of rehabilitation – an increasingly important aspect of care for older people. Clear explanations of relevant concepts: ageing, frailty, comprehensive assessment, rehabilitation Broad coverage of all aspects of rehabilitation including different settings Explanations of input from multiple health professionals Problem-based section that highlights solutions to common issues during rehabilitation Specialty-specific areas of rehabilitation such as stroke rehabilitation, cancer rehabilitation, post-operative rehabilitation, trauma, rehabilitation in the community Practical section explaining how to plan discharge safely, run a care planning meeting, organize home supports, continue rehabilitation at home Evidence-based but accessible writing, complemented by practical clinical wisdom Aimed at a broader audience – applicable to all health professionals who see older patients Resources for patients and their caregivers Multiple-choice questions to test knowledge Foods and Dietary Supplements in the Prevention and Treatment of Disease in Older Adults focuses on the ways in which food and dietary supplements affect the major health problems of aging adults. Researchers in nutrition, diet, epidemiology, and aging studies, as well as healthcare providers who work with elderly patients will use this comprehensive resource as a tool in their long-term goal of preventing and treating chronic disease within the elderly. This book brings together a broad range of experts working on the different aspects of foods and dietary supplements (vitamins, herbs, plant extracts, etc.) in health promotion and disease prevention. They have contributed chapters which define a range of ways in which foods, nutraceuticals, and dietary supplements prevent disease and promote health in older adults. They begin by reviewing the medicinal role of foods, herbal, and dietary supplements in health promotion in older adults, as well as some of the most commonly used supplements in elder "self-medication." They review the most recent studies of how foods, herbal, and dietary supplements are effective in the prevention and treatment of cancer, cardiovascular disease, diabetes, and other obesity associated diseases in older adults. Then they consider alcohol, other drugs, and plant based drugs of abuse which can adversely affect the health of older adults. Lastly, they consider foods and dietary supplements in gene regulation in older adults. Investigates the important nutritional requirements of the aging population in health and in relation to various acute and chronic diseases Explores the nutritional effects of botanical extracts and components that can have important health promotion benefits, and risks, to ensure safe consumption Reviews studies of common diseases within the aging population including cancer, cardiovascular, metabolic, and infectious diseases that can alter the intake of foods, supplements, and/or requirements for various nutrients Investigates the mechanisms of action of components of foods and dietary supplements, in particular gene activation and epigenetics

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