

# **Download Ebook Journey To The Heart Daily Meditations On Path Freeing Your Soul Melody Beattie Read Pdf Free**

***Journey to the Heart Habits of the Heart Heart of the Matter The Dynamic Heart in Daily Life Renovation of the Heart Meditations of the Heart Right From the Heart Higher Than I Answers in the Heart Speaking to the Heart Renovation of the Heart in Daily Practice From the Heart A Heart Like Jesus Hardness of Heart Praying the Heart of God 30-Day Heart Tune-Up A Heart Like Mary's Beloved Wild at Heart The Heart-Shaped Life Daily Devotional A Disciple's Heart Companion Reader Heart Aflame Women's Daily Declarations for Spiritual Warfare A Leader's Heart Seeking God's Heart Daily Companion for Peace of Heart The Heart-Shaped Life Daily Devotional Journal Codependent No More Three Moments of the Day Love You by Heart The Simple Heart Cure Abide in the Heart of Christ The Joy of My Heart A Faithful Heart The Desert of the Heart: Daily Readings with the Desert Fathers The Heart of the Reformation Faithful Heart A Disciple's Heart Daily Workbook Talk to Me Jesus A Warrior Of Hope: A 30-Day Devotional For The Heart Of A Warrior***

**In Beloved, Kay takes you on a personal journey into a passion for living that flows from knowing how much God loves you--into a life of prayer, sensitivity to His leading, and a joyful spirit as you walk daily in His Word. Seeking God's Heart is filled with 365, 3-minute daily devotionals.**

**Each scripture based devotional is written real-time from Boyd Bailey's daily walk with the Lord. Join us as a fellow "wisdom hunter" as we seek to apply unchanging Truth in a changing world. "I read at least two devotionals a year, but these Wisdom Hunters writings are at the top of my most favorite list. Boyd is a modern day Oswald Chambers. What truth and what depth." - Johnny Hunt, First Baptist Church Woodstock, Past President Southern Baptist Convention Lotz brings some of her most thought-provoking meditations into a concise and captivating collection of daily devotions. With its attractive four-color cover and interior, it will be a welcome addition to anyone's personal devotional time. Daily reflections for those searching for lasting recovery from sex addiction. The supportive and motivational thoughts in this bestselling collection of daily readings promise to spark the healing, hope, and personal growth anyone addicted to sex needs to embrace recovery. Part of the Hazelden Meditation series, each thought of the day inspires the strength, courage, and mindfulness readers need to overcome patterns of sexual compulsion. Featuring 366 affirmations that complement any Twelve Step program for love addiction or an unhealthy dependence on sexual behavior, this book will become the touchstone to your transformation. Where do we get food to nourish our souls? Gods living word, the Holy Bible is our daily bread. If we want to be spiritually healthy, we should read and soak up his words. They are His living words and also provide us protection. As we read and put on His whole armor before heading out each day--we armor up, helping to keep us spiritually prepared for whatever the day holds. Has God ever put something on your heart, something**

that you know you should be doing? For me, although I'm finished with this devotional, this is the beginning of my new life's journey of letting his words in verses and text from the bible pour into my spirit. There is really something to the power found within his words. I have experienced a new peace in my life, so thankful am I for this journey. Spending time with the Lord and reading through verses and writing each day has made a difference in my life and I can say, I'm better for it. I hope whoever you are, if this finds its way to you, it will help create in you a thirst for our Father, our Savior, our Lord, Jesus Christ. And I pray whenever he speaks, whatever he speaks to your heart that you would be able to hear his words with clarity and walk on his paths of truth for your life. Every good and perfect gift comes from the Lord. A woman's devotional for spiritual warfare to use every day of the year. With the same bold, declarative style as the bestselling books "Prayers That Rout Demons" and "Daily Declarations for Spiritual Warfare," this daily guide gives women warriors inspiration, understanding, and direction for confronting demonic strongholds. Ellen G. Whites regular contact with Seventh-day Adventist church members during much of her ministry was through the articles she wrote for the various church journals. Woven throughout every message was her earnest desire to lead searching hearts and minds to Jesus and to prepare each believer for His soon return. Drawn exclusively from those thousands of articles, her words of encouragement, guidance, and caution will inspire you to an ever closer walk with God. Sometimes one word is all that stands between the truth and a lie, between life and death. In the Reformation, that word was sola, "alone." At a time when

leaders in the church claimed to speak for God, the Protestant Reformers reminded God's people that Scripture alone is our infallible authority. While many people sought to work their way to heaven, the Reformers boldly proclaimed the only true gospel: salvation is by God's grace alone, through faith alone, in Christ alone, to the glory of God alone. That word, "alone," made all the difference then, and the same is true today. Take up this devotional to spend ninety days with the five solas of the Reformation. These core biblical truths display the reliability of God's Word and the depths of His mercy, helping you grow in faith day by day. Retreat master Christopher Collins introduces a powerful approach to both the Sacred Heart devotion and classic Ignatian spirituality. In the tradition of Michael Gaitley's bestselling *33 Days to Morning Glory*, *Three Moments of the Day* presents a classic Catholic tradition in a way that is fresh and compelling. Jesuit retreat master Christopher Collins introduces three simple, yet powerful prayer habits that are at the foundation of both the Sacred Heart devotion and Ignatian spirituality and that assist the reader in turning intentionally toward the Sacred Heart of Christ. In *Three Moments of the Day*, Collins guides readers through the morning offering, evening reflection, and how to ponder the gift of the Eucharist throughout the day. As Christians, we know that we are new creations in Jesus. So we try to act differently, hoping this will make us more like Him. But changing our outward behavior doesn't change our hearts. Only by God's grace can we be transformed internally. *Renovation of the Heart* lays a biblical foundation for understanding what best-selling author Dallas Willard calls the "transformation of the

**spirit”—a divine process that “brings every element in our being, working from inside out, into harmony with the will of God.” This fresh approach to spiritual growth explains the biblical reasons why Christians need to undergo change in six aspects of life: thought, feeling, will, body, social context, and soul. Willard also outlines a general pattern of transformation in each area, not as a sterile formula but as a practical process that you can follow without the guilt or perfectionism so many Christians wrestle with. Don’t settle for complacency. Accept the challenge Renovation of the Heart offers to become an intentional apprentice of Jesus Christ, changing daily as you walk with Him. ECPA Bronze Milestone Sales Award for more than 100,000 sold. In this one-year devotional, Talk to Me Jesus, Jesus speaks directly to you with words to pierce into every region of your life with the tender love of all eternity. Through these daily readings, the loving words of Jesus flood over you with new hope and new life. His loving voice, true and certain, speaks directly to you. Excerpt: Don't fret transition and reverse plans, for these are gifts to stretch your faith. I'm your provider. I'm the God of all there is, and I tell you not to underestimate My power and authority in every situation concerning you. Never fear the unexpected and the unpredictable; never stagger at the thought of change. I provide everything you need and much more. Discipleship in the Methodist tradition affirms that there is always more work for God to do in the human heart. A Disciple's Heart attempts to reclaim and, in a sense, reinterpret for today John Wesley's understanding of this transformation of the heart, which he called “Christian perfection,” with the goal of equipping participants to continue to grow into**

**the likeness of God's love in Christ. Designed to be used in a small group and, if desired, a congregation-wide emphasis, the Companion Reader, designed for both group members and leaders, provides background and deeper understanding of each week's theme from a distinctly Wesleyan perspective. In a crisis, it's easy to revert to old patterns. Caring for your well-being during the coronavirus pandemic includes maintaining healthy boundaries and saying no to unhealthy relationships. The healing touchstone of millions, this modern classic by one of America's best-loved and most inspirational authors holds the key to understanding codependency and to unlocking its stultifying hold on your life. Is someone else's problem your problem? If, like so many others, you've lost sight of your own life in the drama of tending to someone else's, you may be codependent--and you may find yourself in this book--Codependent No More. The healing touchstone of millions, this modern classic by one of America's best-loved and most inspirational authors holds the key to understanding codependency and to unlocking its stultifying hold on your life. With instructive life stories, personal reflections, exercises, and self-tests, Codependent No More is a simple, straightforward, readable map of the perplexing world of codependency--charting the path to freedom and a lifetime of healing, hope, and happiness. Melody Beattie is the author of Beyond Codependency, The Language of Letting Go, Stop Being Mean to Yourself, The Codependent No More Workbook and Playing It by Heart. Our approach to counseling and personal ministry is often lopsided—we treat people as minds to be taught or problems to be fixed, moving too quickly toward applying**

**biblical solutions without taking the time to love people well and understand their experiences and hurts. The Dynamic Heart in Daily Life provides a comprehensive view of how the heart works and how Christ redeems it. Pierre's faith-centered understanding of people combines with a Word-centered methodology to give readers a practical way to help others better understand their tough experiences and who they are in light of who Jesus is. Pierre guides readers through four key activities—reading, reflecting, relating, and renewing—that will consistently position them to understand everyday human experiences in light of Scripture. Pierre exposes the false dichotomy between the spiritual and seemingly unspiritual parts of the human experience, showing how every thought, feeling, and choice actually expresses the spiritual activity of the heart. He shows how faith in Christ is the means by which the heart begins to respond differently. Faith is not only the entry point for heart change, but also an expression of our everyday, ongoing need for Christ. Pierre's holistic view of counseling—forged by his experiences as a counselor, pastor, and seminary professor—equips readers to understand how everyday beliefs, desires, and commitments shape how we respond to life's biggest struggles and how an active relationship of trust in God is the foundation for lifelong change. Are you longing for life-changing transformation in your relationship with God? Get ready to find fresh illumination for your faith journey in this short and practical guide. Exploring over 60 carefully chosen selections from renowned author Dallas Willard's bestseller Renovation of the Heart, this book offers powerful brief lessons for character**

formation. With devotional-sized quotes and rigorous daily experiments, this book will challenge and encourage you to dive deeper than ever before in your relationship with the Creator. Perfect for group or individual study, this guide is for anyone and everyone, no matter the stage of your Christian walk. Working through Dallas Willard's plan for spiritual renovation of the whole person, this book covers a wide range of topics, such as: What "death to self" looks like The crucial role of good thinking The interplay of will, thoughts, and feelings Being a person of joy and peace The body's role in spiritual formation Be inspired and strengthened as you enjoy the adventure of these experiments in spiritual transformation and grow an unshakeable faith. "No one has impacted my life like Dallas Willard. But for most of us, it helps to break his thoughts into bite-sized portions and then actually do something with them. So, this is a feast!" —John Ortberg, author and speaker "I see no way to work through this book without being radically changed from the inside out." —Howard Baker, instructor of Christian formation, chaplain, author of *Soul Keeping* Reflecting daily on the completely updated writings of Cardinal John Henry Newman (canonization: October 13), surrounded by a Scripture verse and brief prayer will give readers a good deal to ponder and appreciate about the Catholic faith and God's enormous love. This contemporary version of convert, Catholic priest, and soon-to-be Saint's classic and timeless thoughts is for every reader who desires deeper faith and a closer walk with the Lord. Fairacres Publications 179 The way of life of the fourth-century Desert Fathers, with its emphasis on solitude, silence and unceasing prayer, has inspired many modern spiritual



writers. Why do the Desert Fathers have so much to say to us? To answer this question, Sister Benedicta presents some of the best and most illuminating stories and sayings from the desert. Readers will find spiritual wisdom, along with sharp humour and startling insight into human nature. The heart of Jesus is sacred, and the lessons and examples it provides to us are paramount in our daily mission to follow in His footsteps. Max Lucado poses the question "what if, for one day and night, your heart was replaced by the heart of Christ?" That thought-provoking question leads to many personal revelations demonstrating that we can recast our hearts to be more like that of Jesus, and the blessings created by the transformation will unleash ripples to the widest edges of our lives and those around us. Changed by War, Jerrod Harper Threatens His Family. And Only Breanna stands in his way. In all your boyhood dreams of growing up, did you dream of being a "nice guy"? Eldredge believes that every man longs for a battle to fight, an adventure to live, and a beauty to rescue. That is how he bears the image of God; that is what God made him to be. For people on-the-go who want a daily dose of God's truth for their life. You want to spend meaningful time each day with the Lord, but about 10 minutes into your day the demands of life distract and pull at you, and threaten to overshadow your plans for quiet time. Pastor Bryant Wright lends helpful guidance for staying focused on God's Word and applying it to your daily living. His to-the-point messages set the tone for living as Jesus lived, no matter your circumstances. Setting aside just a few minutes each day with the Lord can change your heart. The condition of your heart can change your day. And the outcome of your

day can change the course of your life for His eternal glory. Each of the 365 readings includes verses scripture that connect themes from the Old Testament, New Testament, and Psalms and concludes with a deeply personal devotional prayer. Acclaimed creator of *The Word Collector*, *Happy Dreamer*, *Say Something*, and *Be You*, #1 New York Times bestseller Peter H. Reynolds breaks new ground in this ultimate gift book format perfect for readers of every age. A poetic, universal, and joyful celebration of how we feel about the most beloved people in our lives -- we love them BY HEART! I love every smile, every blink, I love you by heart. I love your toes, your head, your nose, I love you by heart. Celebrated, bestselling creator Peter H. Reynolds brings to life this ode to unconditional love with a delightful and poetic tribute to the rare and beautiful love that binds us together. From the intimate and unbridled love parents and caregivers have for their little ones, to the tremendous love of a lifelong friendship, and the boundless love of a grandparent -- this is a heartfelt message to share with the people we cherish; like a song we have known all our lives, we love them by heart. Peter H. Reynold's whimsical and charming art conveys this deep expression of love with humor, tenderness, and heart. *Love You by Heart* is the perfect gift for Valentine's Day and any day of the year and will become a bookshelf staple. Just right for new and expectant parents, baby showers, birthdays, graduations, and anytime you want to share a most heartfelt message of L-O-V-E! Inspiration for a Heart-Shaped Life What if you could see the world through the lens of the heart moment by moment? What if God inspired you to walk "heart first" into every life event

and circumstance, no matter what it was? What if love was your number one priority? Love of God, love of others, and love of yourself? Inspired by 1 Corinthians 13:2: "If I had the gift of prophecy and knew all about what is going to happen in the future, knew everything about everything, but didn't love others, what good would it do?" . . .the Heart-Shaped Life series will encourage you to live life "heart first." The Heart-Shaped Life Daily Devotional provides refreshing thoughts, prayers, and scripture selections to help you discover the best path to the good life. . .which is all about LOVE! Cling to life-changing truths anchored in Scripture with Heart of the Matter, a CCEF daily devotional containing 366 selections. This devotional will reorient your day, lifting your eyes toward God through brief messages of gospel hope. Change that goes deeper than the surface of our lives happens as we daily remember the truths of the gospel. Every day we need to be reminded that Jesus, God's own Son, came to this world to save us from sin, sorrow, and death. We need to remember every day how Jesus's life, death, resurrection, ascension, and promised return change the way we view ourselves and others. In these daily reflections, readers are invited to consider the profound wisdom found in the Bible, deepening their experiences with the living God and his redemptive work in their lives. In these shared practical insights, men and women will find the gospel in the midst of our emotions, thoughts, actions, and relationships, grasping consistent gospel application. Heart of the Matter will be your next treasure. Use it to begin each day with inspiration based on Scripture, free from psychological jargon, and encourage the people around you. One of the world's

**greatest leadership experts, John Maxwell, brings winning concepts and daily devotions into a journaling format designed specifically for today's leaders. Each devotion offers clear and straightforward leadership examples that will bolster confidence and encourage leading from the heart. Journaling lines allow space for personal reflection. A Leader's Heart includes relevant topics such as: Success Stewardship Teamwork Mentoring Leaders need encouragement, too, and who better to send it than the leader of leaders. A Leader's Heart is perfect for those seeking a greater understanding of leadership qualities, real-life examples of how to apply John Maxwell's teachings, and how to excel in leadership today. John Calvin described the Psalms as "an anatomy of all the parts of the soul." The description is an apt one, says Sinclair B. Ferguson in the foreword to this volume, "since every experience, every emotion, all the heights and depths, all the joys and sorrows, all the mysteries of human life, are here." These select readings from Calvin's Commentary on the Psalms provide us with a year's worth of rewarding daily meditations. Calvin wrote as one whose own experience is mirrored in the Psalms. Here we witness his remarkable knack for seeing the real issues, particularly how Christ is the focus of all of Scripture. Journey to the Heart by New York Times bestselling author of Codependent No More, Beyond Codependency, and Lessons of Love, contains 365 insightful daily meditations that inspire readers to unlock their personal creativity and discover their divine purposes in life. "Melody Beattie gives you the tools to discover the magnificence and splendor of your being." -Deepak Chopra, author of Jesus and Buddha Heart disease kills**

more people than any other medical condition, and no one is more aware of this than renowned cardiologist Dr. Chauncey Crandall. In addition to having performed over 40,000 heart procedures during his career, Dr. Crandall has experienced this deadly disease on the most personal level — as a patient. At the age of 48, and with no major risk factors, he found himself in the ER with a blockage of his main coronary artery. After emergency intervention, he recovered from heart disease using the same course of treatment he recommends to his thousands of patients, making him living proof of his program's success. In his new book, *The Simple Heart Cure: The 90-Day Program to Stop and Reverse Heart Disease*, you'll find this top doc's groundbreaking, three-pronged approach to prevent and reverse heart disease — an approach honed by his study of cultures free of heart disease, and his decades of experience helping thousands of patients achieve a healthier heart at any age. So if you're recovering from a heart attack or concerned with preventive maintenance, you'll find the help you need in *The Simple Heart Cure*, including great, heart-healthy menus, and a 90-day, week-by-week plan to help you start taking action immediately. Here are just a few of the potentially life-saving gems you'll discover in *The Simple Heart Cure: The 90-Day Program to Stop and Reverse Heart Disease*: How to slash your risk of a deadly heart attack by 61%... Proven ways to banish your "bad" cholesterol... 8 easy steps to head off high blood pressure... How you can safeguard against lethal stroke... Simple strategies to unclog your arteries — without surgery... What your belly says about your heart health... Must-have heart tests for every person over 50... Easy solutions to steer clear of statin drugs... Special

**advice for women, diabetics, the very stressed, and much more... "By following the advice in Dr. Chauncey Crandall's new book The Simple Heart Cure, you can surmount the biggest challenge of all and win your battle against heart disease." — Scott Carpenter, Astronaut, NASA's Mercury Project** When it comes to your heart health, **The Simple Heart Cure** could be the most important book you'll ever read!

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latin;} Do you see a hopeless end or an endless hope?  
Hope can be hard to come by, and if there is anything, we  
need more of it is hope. Hope does not come from people,  
circumstances, or situations. Hope comes from God. In  
this devotional, Laurie will share personal stories,  
scripture passages, and a positive affirmation that will  
remind you of God's provisions and promises. I pray God  
will use **A Warrior of Hope** to remind you of the hope you  
have in Christ Jesus. **Passionate Called Holy Equipped  
Joyful Loving Learning Authentic** These eight words, so  
simple on a page, yet when they are lived out daily they  
will change your heart and the hearts of those around you.  
**A Faithful Heart** is an eight-week journey into these

**words. Follow along and find yourself strengthening your heart and experiencing God in a powerful way. In the pages of this book, Sally Dyck combines Scripture, engaging stories, and the faith of Mary to encourage women to grow and share their heart. Experience A Faithful Heart on your own or as part of a community of women who want to open themselves up to the richness of God's daily presence. A separate Leader Guide is available order item #9781426710834 Follow this step-by-step program to optimize your cardiovascular health, boost your energy, slim your waistline, and heat up your sex life—all while enjoying sixty delicious recipes!**

**Cardiovascular disease is America's #1 killer, and while most doctors focus on lowering cholesterol and blood pressure they are overlooking the real culprits: arterial plaque and poor gut health. The good news is that everyone—regardless of size, genetics, gender, or age—can treat arterial plaque, improve their overall health, and prevent heart attacks and strokes with The 30-Day Heart Tune-Up. Inside, you'll discover: A delicious, heart-healthy diet designed to supercharge your heart health Exercises to improve circulation and strengthen your entire cardiovascular system Creative and effective techniques for stress management A customized supplement plan Cutting-edge science on the fascinating ways the bacteria in your gut can affect the health of your heart. This fully revised and updated edition of The 30-Day Heart Tune-Up includes the latest science on the surprising connections between your gut and your heart as well as tons of new information on reducing cardiovascular risk factors like obesity, high blood sugar, high cholesterol, and chronic inflammation through diet**

**and exercise, it will help you get healthy—and stay healthy—for life. Discipleship in the Methodist tradition affirms that there is always more work for God to do in the human heart. A Disciple's Heart attempts to reclaim and, in a sense, reinterpret for today John Wesley's understanding of this transformation of the heart, which he called "Christian perfection," with the goal of equipping participants to continue to grow into the likeness of God's love in Christ. Designed to be used in a small group and, if desired, a congregation-wide emphasis, the Daily Workbook fosters personal spiritual growth as group members develop their own pattern of daily Scripture reading, prayer, and personal reflection (five readings per week). Participants are invited to journal in response to guided questions, define their own next steps, and then share with others in their small group as they learn and grow together in community. Are you "out of shape" spiritually? Do you long for a life that is fully and deeply engaged with the Creator? Does your heart ache to be transformed by God? Real change happens only when we train ourselves to be in the habit of exercising our hearts in the practice of godliness. The Bible says that training the body is of some value, but the most important thing we can do is to train our spirit. Habits of the Heart will help you develop practices that draw you into a deeper and lasting relationship with God. Each day of the year, this simple guide will help you focus on one essential aspect of your walk with God and show you how to make it a habit. Features: Unique cover material featuring wood texture stamped with a bronze foil Elegant interior design with full-color end papers and a ribbon marker 365 devotions offer a meaningful, yet**



**practical, way to exercise your heart in the practice of godliness Each week immerses you in a specific practice: conversational prayer, unplugging from life's daily grind, waiting on God, being watchful, and much more A Heart Like Mary's is the perfect book for all Catholics wishing to begin or deepen their devotion to Mary. Author and Marian theologian Rev. Edward Looney guides us through thirty-one daily meditations on the unique characteristics of Mary's heart. This easy-to-read and engaging monthly devotional is full of practical lessons that address the personal challenges we all face as Mary's fellow pilgrims walking the path of faith. In the midst of feeling lost in his prayer life and relationship with God, Fr. Looney found himself reflecting on who Mary is and how he could be more like her. He learned that by daily meditating on Mary's attributes and praying for the grace to have a heart like hers he could turn his pessimistic and critical thoughts into optimistic and charitable ones. A Heart Like Mary's offers readers a simple yet reflective introduction to Marian spirituality by way of a month-long daily devotional. Readers come away with a clear sense of who Mary was, how she cares for and looks after the faithful, and how we can honor her in our daily lives. Based heavily on scripture, Church teaching, and Looney's personal experience, A Heart Like Mary's gently teaches us how to imitate Mary's love for others and devotion to God. Each day's meditation offers simple yet reflective insight into a unique characteristic of Mary's heart. You'll discover twenty-one attributes and ten separate desires of her heart, including: A Heart That Says Yes A Heart That Rejoices A Heart Filled with Generous Love A Heart Attentive to the Needs of Others A Heart of Compassion A**

**Heart Desiring to Alleviate Suffering A Heart Desiring Us to Pray A Heart Desiring Peace As we're guided through each of these meditations, we'll find inspiration for changing our own behavior and heart's disposition so that we, too, can respond to God, our loved ones, and life's obstacles with the same tenderness that Mary does. Each day provides a scriptural quote or message from one of Mary's apparitions, followed by a reflection leading us into the depths of Mary's heart and showing us how to mirror her heart. We also will be invited to call upon Mary's intercession, asking her to give us a heart like hers. Each meditation concludes with a challenge to incorporate a love for Mary into our prayer life and action toward others. In *Abide in the Heart of Christ*, Rev. Joe Laramie, S.J., offers accessible wisdom from the foundations of Jesuit spirituality—St. Ignatius Loyola's *Spiritual Exercises*—in a ten-day personal retreat that will help you encounter Christ, grow your relationship with him, and shape your heart. Laramie is your guide through this accessible retreat into the heart of Jesus. Based on a structure and approach he developed as a retreat leader at White House Jesuit Retreat in St. Louis, Laramie introduces you to classic themes of the Christian life, including sin, forgiveness, and creation. This book also helps you learn how to use key scripture passages to reflect on your own experiences. Each reflection includes teachings from the *Spiritual Exercises* and offers examples from Laramie's own life. Reflection questions and activities guide you in further contemplation to help you see what's in your heart, encounter Christ in your daily life, and live more fully in his love each day. With refreshing thoughts, prayers, scripture selections, and**

plenty of room to write, **The Heart-Shaped Life Daily Devotional Journal** will help you discover the best path to the good life. . .which is LOVE. **The Crisis:** People who are in rebellion are not the only ones with hard hearts. The dictionary defines hard when it applies to matters of the heart as being "cold; insensitive; callous; unfeeling; unyielding." This malady has stricken every Christian in some area of their life. This is what keeps us from hearing the voice of the Lord and being led by Him in our everyday lives. **The Cause:** The condition of our heart is determined by what we focus our attention on. It doesn't matter what we know, it's what we think on that controls whether our hearts is hard or soft (Proverbs 23:7). Once this is understood, this same law that will sensitize us towards God can be used to harden us towards the devil. **The Cure:** The Cure for a hardened heart is a total commitment to keep our minds stayed on the Lord. This teaching will give you one of the clearest understandings of the relationship between faith and unbelief that you have ever had.

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