

Download Ebook Backs Against The Wall Survival 2 Tracey Ward Read Pdf Free

Writing on the Wall Diseases of the Esophagus A Wall of White AR 420-1 02/12/2008 ARMY FACILITIES MANAGEMENT , Survival Ebooks Ultimate Worst-Case Scenario Survival Handbook He Walked Through Walls General Thoracic Surgery AR 195-5 02/22/2013 EVIDENCE PROCEDURES , Survival Ebooks Military Medicine Year Book Radiology Review Manual Nuclear Fusion by Inertial Confinement The Great Wall: Last Survivor Firefighter Rescue & Survival Forty Autumns Journal of the National Cancer Institute SURVIVAL HANDBOOK - How to Find Water, Food and Shelter in Any Environment, How to Protect Yourself and Create Tools, Learn How to Survive Fighting for Honor The Walled Towns of Ireland Cumulated Index Medicus Re-irradiation: New Frontiers Oswal - Gurukul Science Chapterwise Objective + Subjective for CBSE Class 10 Term 2 Exam Advanced Lung Cancer: Radical Surgical Therapy, An Issue of Thoracic Surgery Clinics Contractor's Guide to the Building Code Fundamentals of Diagnostic Radiology The Worst-Case Scenario Survival Handbook: Travel Survival Handbook - Manual for Learning How to Persist and Survive Ratchet & Clank Pulmonary Rehabilitation Breast Cancer Protectors - Book One of Beyond These Walls Maintenance, Safety, Risk, Management and Life-Cycle Performance of Bridges The Alpha Plague Backs Against the Wall Surgical Oncology Rutherford's Vascular Surgery and Endovascular Therapy, E-Book Chapterwise Objective MCQs Science (PCB) Book for CBSE Class 12 Term I Exam The Walls Manual of Emergency Airway Management Wall

It's been nearly a decade since the world ended. Since Joss watched her parents die at the hands of a nightmare, a nightmare that stalks her even now, all these years later. That's the problem with the Risen - they refuse to die. But Joss is a survivor. A loner living in the post-apocalyptic streets of Seattle. It's a world dictated by Risen and the looming threat of the Colonists, a group of fellow survivors living comfortably in their compounds and patrolling the wild, looking to "save" the orphans of the end. Orphans like Joss. Like Ryan. As a member of an all male gang, Ryan is a threat as real as the Risen, a threat Joss avoids at all costs. Then one night their paths cross and Joss makes a choice that goes against all of her instincts. A choice that will threaten everything she has. Now a new outbreak is imminent and the Colonists are closing in. Joss' solitary, secret world is blown wide open and the comfortable numbness she's lived in for the last six years will burn away leaving her aching and afraid. And awake. Don't let your jobs be held up by failing code inspections. Smooth sign-off by the inspector is the goal, but to make this ideal happen on your job site, you need to understand the requirements of latest editions of the International Building Code and the International Residential Code. Understanding what the codes require can be a real challenge. This new, completely revised Contractor's Guide to the Building Code cuts through the legalese of the code books. It explains the important requirements for residential and light commercial structures in plain, simple English so you can get it right the first time. In this illuminating and deeply moving memoir, a former American military intelligence officer goes beyond traditional Cold War espionage tales to tell the true story of her family—of five women separated by the Iron Curtain for more than forty years, and their miraculous reunion after the fall of the Berlin Wall. Forty Autumns makes visceral the pain and longing of one family forced to live apart in a world divided by two. At twenty, Hanna escaped from East to West Germany. But the price of freedom—leaving behind her parents, eight siblings, and family home—was heartbreaking. Uprooted, Hanna eventually moved to America, where she settled down with her husband and had children of her own. Growing up near Washington, D.C., Hanna's daughter, Nina Willner became the first female Army Intelligence Officer to lead sensitive intelligence operations in East Berlin at the height of the Cold War. Though only a few miles separated American Nina and her German relatives—grandmother Oma, Aunt Heidi, and cousin, Cordula, a member of the East German Olympic training team—a bitter political war kept them apart. In Forty Autumns, Nina recounts her family's story—five ordinary lives buffeted by circumstances beyond their control. She takes us deep into the tumultuous and terrifying world of East Germany under Communist rule, revealing both the cruel reality her relatives endured and her own experiences as an intelligence officer, running secret operations behind the Berlin Wall that put her life at risk. A personal look at a tenuous era that divided a city and a nation, and continues to haunt us, Forty Autumns is an intimate and beautifully written story of courage, resilience, and love—of five women whose spirits could not be broken, and who fought to preserve what matters most: family. Forty Autumns is illustrated with dozens of black-and-white and color photographs. The third triennial congress of the International Society for Diseases of the Esophagus (ISDE) was held in Munich in September 1986 under the presidency of J. Rudiger Siewert. The very well organized and epoch-making meeting was part of the International Esophageal Week and was held in conjunction with the International Conference of Esophageal Diseases, the European Study Group of Diseases of the Esophagus (GEEMO), and International Organization for Statistical Studies of Esophageal Diseases (OESO). I am very pleased that it has been possible to publish the proceedings of the congress so rapidly. The problems associated with diseases of the esophagus are multifaceted, varying considerably according to locality; their study thus necessitates a large international forum, which is one of the founding aims of the ISDE. We hope that this volume, by virtue of the in-depth and up-dated reports it contains, can play a role in advancing the work being done in this field. Finally I should like to express my heartfelt appreciation to Professor Siewert and Dr. Holscher for their contribution toward the success of the congress. Kiyoshi Inokuchi, M.D., F.A.C.S. President of the ISDE Preface The scientific knowledge about esophageal diseases and their treatment has rapidly developed and increased within the last 10 years. The present book reproduces for 1987 the topical state of the art about pathology, pathophysiology, diagnostic, and therapy of benign and malignant diseases of the esophagus. Deliberate training in firefighter rescue and survival is a field that is new to many in the fire service and private industry alike. For those firefighters and company officers assigned to a Rapid Intervention Team (RIT), not making the correct split-second decisions—such as immediately recognizing changes in fire behavior or failing to evaluate their level of SCBA air—can result in the loss of the lives of the entire team. In an effort to reduce the number of line-of-duty firefighting injuries and deaths, while at the same time being proactive in the fire service training and leadership, authors Richard Kolomay and Robert Hoff have drawn upon their combined 50+ years of firefighting experience to put together this comprehensive guide. Key Features & Benefits - Provides an awareness of firefighter safety and proactive fire service training - Describes various types of serious firefighter injuries and fatality incidents during emergency incident operations - Details recommended Rapid Intervention Team operating methods and procedures, as well as how to activate a Rapid Intervention Team With over 9 million copies sold worldwide, the Worst-Case Scenario series has been preparing readers for dangers of all kinds for more than a decade. This handsome large-format hardcover compendium is truly the ultimate guide for handling life's inevitable Worst-Case Scenarios, collecting—for the first time—hundreds of the best and most crucial scenarios from across the entire 26-book series, along with dozens of all-new and expanded scenarios, charts, and expert tips. Topical, tabloid-style pages explore more than 100 subjects, from storms to stampedes to technology failures and beyond, with special sections highlighting critical information on starting fires, animal encounters, emergency signals, "Can I eat that?" questions, and more. Packed with expert advice and sturdy enough to stop a tiger bite, this gifty tome will keep longtime fans and new initiates safe and entertained in equal measure. Do you have a plan for the apocalypse? Rhys doesn't. But as he watches chaos spill from the Alpha tower, he knows one thing for sure ... He must get to his son before the virus does. If you like high stakes and edge of your seat action in a post-apocalyptic world, then The Alpha Plague is for you. Get it now to join Rhys at ground zero as he tries to save his loved ones and survive a disaster that will leave the world changed forever. "The book describes the disease entities, radiologic symptoms., as well as lists of differential diagnosis"--Provided by publisher. "What will no doubt become popular airport reading for stranded passengers . . . another eminently practical, enjoyable survival guide." —Publishers Weekly If you have to leave home, TAKE THIS BOOK! The team that brought you the bestselling The Worst-Case Scenario Survival Handbook now helps you navigate the perils of travel. Learn what to do when the tarantula crawls up your leg, the riptide pulls you out to sea, the sandstorm's headed your way, or your camel just won't stop. Find out how to pass a bribe, remove leeches, climb out of a well, survive a fall onto subway tracks, catch a fish without a rod, and preserve a severed limb. Hands-on, step-by-step instructions show you how to survive these and dozens of other adventures. An appendix of travel tips, useful phrases, and gestures to avoid will also ensure your safe return. Because you just never know . . . Praise for the Worst-Case Scenario Survival series "The scenarios owe a debt to action flick clichés—how often do you find yourself leaping from rooftop to rooftop?—but their utter implausibility doesn't make this read any less riveting." —People "What this book lacks in spiritual enlightenment, it more than makes up for with the practical advice you thought you'd never need." —The Irish Times "There is something for everyone. It has a wide range of scenarios from dangerous to just downright irritating . . . It is fun, witty, entertaining and you learn something along the way too." —Quill Quotes Joss has escaped the Colonies but her troubles have only just begun. She's wounded, exposed and vulnerable but worst of all, she needs help. And there's only one place she can go to get it. Only one place she can stand to be. With Ryan. Together they'll have to delve into the seedy underworld of post-apocalyptic Seattle. A world of gambling, fighting, secrets and lies. A world governed by The Hive. But the deeper they sink, the more they'll find that The Hive isn't everything it seems. That even the mighty have someone to fear. Is the enemy of their enemy their friend? Or is there another threat, one greater than the Risen or the Colonies, looming in the distance? "Vol. 1 provides a comparative study of walled towns in Ireland, reviews the conceptual basis of towns ... [and] the distribution of walled towns ... is examined from historical and geographical viewpoints. Vol. 2 provides a gazetteer to 91 sites ..."--Jacket. AR 420-1 02/12/2008 ARMY FACILITIES MANAGEMENT , Survival Ebooks An impossible challenge, an unbeatable rival, and a horde of diseased killers stand between him and the girl he loves ...In the walled city of Edin, Spike's carefree childhood has always had an end date. His protection from the wasteland of death on the outside is about to change on his 18th birthday. But while only half of the cadets survive their mandatory time on national service, Spike's goal goes far beyond making it out alive. He's betting everything on being chosen as the top candidate, rising to the role of Protector, and securing a spot beside his beautiful best friend ...The only thing Matilda wants more than Spike's success is to keep her family safe. But as she shows support for the boy she loves, she wishes national service didn't force her to leave her vulnerable brother behind. Matilda understands that Edin's rules will only let her and Spike be together if he becomes the next Protector, but when a devious rival decimates his odds, she doubts both their gamble and her feelings...To become the last cadet standing, Spike must learn to kill the diseased, control his emotions, and become the best in a sea of worthier candidates. Will Matilda and Spike achieve the impossible beyond the city walls, or will they join the growing pile of corpses on the outside?Protectors is the first gripping book in the Beyond These Walls post-apocalyptic series. If you like breathtaking action, high-stakes love stories, and characters who risk it all for freedom, then you'll love Michael Robertson's thrilling novel. Buy Protectors to beat the odds today! * Richly illustrated overview of clinical oncology, covering both general aspects of cancer, and detailing specific cancers by organ system * Detailed information on demographics, etiology, tumor biology, diagnostics, therapeutic techniques, and nutrition * Includes tumor classification, staging and treatment options for cancers of the skin, head and neck, lungs, esophagus, stomach, pancreas, small intestine, large bowel, breast and more. This fully revised edition of Fundamentals of Diagnostic Radiology conveys the essential knowledge needed to understand the clinical application of imaging technologies. An ideal tool for all radiology residents and students, it covers all subspecialty areas and current imaging modalities as utilized in neuroradiology, chest, breast, abdominal, musculoskeletal imaging, ultrasound, pediatric imaging, interventional techniques and nuclear radiology. New and expanded topics in this edition include use of diffusion-weighted MR, new contrast agents, breast MR, and current guidelines for biopsy and intervention. Many new images, expanded content, and full-color throughout make the fourth edition of this classic text a comprehensive review that is ideal as a first reader for beginning residents, a reference during rotations, and a vital resource when preparing for the American Board of Radiology examinations. More than just a book, the fourth edition is a complete print and online package. Readers will also have access to fully searchable content from the book, a downloadable image bank containing all images from the text, and study guides for each chapter that outline the key points for every image and table in an accessible format—ideal for study and review. This is the 1 volume set. New developments such as refined combined modality approaches and significant technical advances in radiation treatment planning and delivery are facilitating the re-irradiation of previously exposed volumes. As a consequence, both palliative and curative approaches can be pursued at various disease sites. Re-irradiation: New Frontiers is the first book to provide a comprehensive overview on current re-irradiation strategies. Re-irradiation methods, technical aspects, the role of combined therapy with anticancer drugs and hyperthermia, and normal tissue tolerance are all discussed in detail. In addition, disease-specific chapters document recent clinical results and future research directions. Professionals involved in radiation treatment planning and multimodal oncology treatment will find this book to be an invaluable aid in understanding the benefits and limitations of re-irradiation and in designing prospective trials. Long recognized as the gold standard emergency airway management textbook, The Walls Manual of Emergency Airway Management, Sixth Edition, remains the most trusted reference on this challenging topic. This practical reference, edited by Drs. Calvin A. Brown III, John C. Sakles, Nathan W. Mick, Jarrod M. Mosier, and Darren A. Braude, is the foundation text for these nationally recognized programs: The Difficult Airway Course: Emergency™, The Difficult Airway Course: Critical Care™, The Difficult Airway Course: EMSTM, and The Difficult Airway Course: Residency Edition™. Its hands-on approach provides the concrete guidance you need to effectively respond wherever adult or

pediatric airway emergencies may occur, including in and out of hospital settings, emergency departments, and urgent care centers. Through nine outstanding editions, Rutherford's Vascular Surgery and Endovascular Therapy has been the gold standard text in this fast-changing, complex field. Published in association with the Society for Vascular Surgery, this state-of-the-art reference by Drs. Anton N. Sidawy and Bruce A. Perler is a must-have for vascular surgeons, interventionalists, vascular medicine specialists, and trainees, as well as general surgeons, interventional radiologists, and cardiologists that depend upon "Rutherford's" in their practice. It offers authoritative guidance from the most respected and innovative global thought leaders and clinical and basic science experts in the diagnosis and treatment of circulatory disease. Incorporates medical, endovascular, and surgical treatment, as well as diagnostic techniques, decision making, and fundamental vascular biology. Features all vascular imaging techniques, offering a non-invasive evaluation of both the morphology and hemodynamics of the vascular system. Provides unparalleled insight from multidisciplinary leaders worldwide, who share their expertise on the most appropriate contemporary and future treatment of circulatory disease. Employs a full-color layout and images so you can view clinical and physical findings and operative techniques more vividly. Includes 40 new chapters incorporating a shorter, more focused format with a summary for each chapter that provides a quick access to key information – ideal for consultation situations as well as daily practice. Some of these chapters are organized in new sections dedicated to open operative exposure and vessel dissection techniques, diabetic foot, Pediatric Vascular Disease, and practice management issues; areas in the specialty that clinicians frequently face but seldom detailed in other vascular texts nor in earlier Rutherford editions. Covers hot topics such as endovascular therapy of aortic arch and thoracoabdominal aortic aneurysm disease, including the evolving management of aortic dissections. This edition covers ALL survival skills and techniques that a person can use in order to sustain life in any type of natural environment. The techniques are meant to provide basic necessities like water, food and shelter... Nevertheless, it takes much more than the knowledge to build a shelter, get food and make fire in order to survive successfully. A key ingredient in any survival situation is the mental attitude. This e-book covers both aspects of the survival. It will help you develop your survival skills, as well as the will to survive. It will prepare you for any type of situation, either physical or psychological ordeal. Pulmonary rehabilitation programmes are now a fundamental part of the clinical management of patients with chronic respiratory diseases. This comprehensive reference book places pulmonary rehabilitation within the wider framework of respiratory disease, and the health burden that this now poses worldwide. Part one of the book examines the evidence This issue of Thoracic Surgery Clinics is devoted to "Advanced Lung Cancer: Radical Surgical Therapy" and is edited by Dr. Raja M. Flores. Articles in this outstanding issue include: Surgical Resection of Lung Cancer in the Elderly; Extended Chest Wall Resection and Reconstruction in the Setting of Lung Cancer; The Management of Non-Small Cell Lung Cancer with Oligometastases; Lung Resection in Patients with Marginal Pulmonary Function; Surgery for Small Cell Lung Cancer; Bronchial and Arterial Sleeve Resection after Induction Therapy for Lung Cancer; Advanced Lung Cancer: Aggressive Surgical Therapy Vertebral Body Involvement; Pulmonary Resection after Pneumonectomy; Superior Vena Caval Resection in Lung Cancer; Surgical Resection of Non-Small Cell Lung Cancer with N2 Disease; Lung Transplantation for Multifocal Lung Adenocarcinoma; Extended Resections of Non-Small Cell Lung Cancers Invading the Aorta, Pulmonary Artery, Left Atrium or Esophagus: Can They Be Justified?; VATS Lobectomy after Induction Therapy; Extrapleural Pneumonectomy for Pleural Disease; Carinal Resection, and more! This edition covers ALL survival skills and techniques that a person can use in order to sustain life in any type of natural environment. The techniques are meant to provide basic necessities like water, food and shelter... Nevertheless, it takes much more than the knowledge to build a shelter, get food and make fire in order to survive successfully. A key ingredient in any survival situation is the mental attitude. This e-book covers both aspects of the survival. It will help you develop your survival skills, as well as the will to survive. It will prepare you for any type of situation, either physical or psychological ordeal. What qualities are needed when your life is in danger, not merely once or twice, but on several occasions? As author Myriam Miedzian shows in this richly detailed story of the lives of her Polish-Jewish father and family, it takes tenacity, forethought, ingenuity, strength, and courage. During World War I, the anti-Semitic Polish authorities imprisoned young Henyek Miedzianagora and his father and brother on a trumped-up charge of spying for the Germans. Rebuffed by military authorities, Henyek's tenacious mother sought out a nobleman business acquaintance of her husband and persuaded him that a mistake had been made; with his help, her husband and sons were set free the day of their scheduled execution. It required courage when as a schoolboy, Henyek decided to go AWOL and risk being shot for desertion rather than experience the pointless slaughter of the Polish-Soviet War of 1919-21. In 1930, Henyek moved to Belgium, where he married and had two children. His awareness of the fragility of existence in a world that can turn hostile at any moment--a legacy no doubt of his early harrowing experiences--led him to leave Brussels immediately on May 10, 1940 when the Germans attacked Belgium, and not turn back. The family eventually reached New York--via France, Spain, and Morocco, where they spent close to a year. Henyek had the extraordinary foresight, in 1936, to deposit \$10,000 in a bank account in the United States, just in case. . . . Sure enough, the money made it possible to obtain visas to the U.S. In a bravura performance of recollection, reimagination, and characterization, Myriam Miedzian relates the incredible story of her father's three passages from peril to safety in her father's voice. Completing this work of generations, Myriam's daughter, Nadia Malinovich, a professor of Jewish history, fleshes out the historical and cultural background of her grandfather and, indeed, great-grandfather's life in Poland and Belgium during the first half of the twentieth century. Includes an excerpt from Spaceman, a post-apocalyptic/dystopian thriller. The Ultimate Gadget to Save the Universe! - Complete walkthrough of each planet with detailed maps - Detailed weapon and gadget descriptions - Locations of every Gold Bolt - Strategies for dealing with Chairman Drek's minions - All secrets revealed Score and Prepare well for your 12th Class Board Examination with Gurukul's newly introduced CBSE Chapterwise Objective MCQs Science Stream(PCB) Book for Term I Exam.This practice book Includes subject papers such as Physics, Chemistry, Biology, English, and Physical Education. How can you benefit from Gurukul CBSE Chapterwise PCB Objective MCQs for 12th Class? Our Comprehensive Handbook Includes questions segregated chapter wise which enable Class 12 CBSE students' to concentrate properly on one chapter at a time.It is strictly based on the latest circular no. Acad 51, 53 and 55 of July, 2021 issued by the board for the Term I & II Examination for in-depth preparation. 1. Study material strictly based on the Reduced Syllabus issued by the Board in July, 2021 for Term 1 Exam 2. Focused on New Objective Paper Pattern Questions 3. Multiple Choice Questions (MCQs) based on the board's most recent typologies of the objective type questions: a. Stand-Alone MCQs b. Assertion-Reason based questions c. MCQs with a case study 4. Questions included from the official CBSE Question Bank, issued in April 2021 5. NCERT & NCERT Exemplar questions provided 6. 2000+ New Chapter-wise Questions included for practice 7. Detailed Explanations given for better understanding 8. Recent Years board objective questions This book provides the reader with up-to-date information on important advances in the understanding of breast cancer and innovative approaches to its management. Current and emerging perspectives on genetics, biology, and prevention are first discussed in depth, and individual sections are then devoted to pathology, imaging, oncological surgery, plastic and reconstructive surgery, medical oncology, and radiotherapy. In each case the focus is on the most recent progress and/or state of the art therapies and techniques. Further topics to receive detailed consideration include particular conditions requiring multidisciplinary approaches, the investigation of new drugs and immunological agents, lifestyle and psychological aspects, and biostatistics and informatics. The book will be an excellent reference for practitioners, interns and residents in medical oncology, oncologic surgery, radiotherapy, pathology, and human genetics, researchers, and advanced medical students. Nuclear Fusion by Inertial Confinement provides a comprehensive analysis of directly driven inertial confinement fusion. All important aspects of the process are covered, including scientific considerations that support the concept, lasers and particle beams as drivers, target fabrication, analytical and numerical calculations, and materials and engineering considerations. Authors from Australia, Germany, Italy, Japan, Russia, Spain, and the U.S. have contributed to the volume, making it an internationally significant work for all scientists working in the Inertial Confinement Fusion (ICF) field, as well as for graduate students in engineering and physics with interest in ICF. AR 195-5 02/22/2013 EVIDENCE PROCEDURES , Survival Ebooks An original graphic novel inspired by the major motion picture The Great Wall from Legendary, Universal Pictures, China Film Co., Ltd and Le Vision Pictures, directed by Zhang Yimou (Hero, House of Flying Daggers) and starring Matt Damon, Pedro Pascal and Willem Dafoe. The Great Wall: Last Survivor is written by Arvid Nelson (Rex Mundi) with art by Gian Fernando (13 Legends). What if an army was created to defend our world from an enemy so dangerous, its very existence must be kept a secret? Built to keep out the ferocious Tao Tei, The Great Wall is the most powerful defensive structure ever built; but it is the heroes within that make the wall great: The Nameless Order. Set sixty years prior to the film, in the mysterious lands of ancient China, tragedy forces young Bao into joining The Nameless Order and upholding the corps' four principles: Discipline, Loyalty, Secrecy, and Sacrifice. Challenged by rivals, haunted by his past, and tested by desires, Bao spends his life preparing for one singular moment: when he will have to defend the world from ferocious monsters that have come to devour us all. Maintenance, Safety, Risk, Management and Life-Cycle Performance of Bridges contains lectures and papers presented at the Ninth International Conference on Bridge Maintenance, Safety and Management (IABMAS 2018), held in Melbourne, Australia, 9-13 July 2018. This volume consists of a book of extended abstracts and a USB card containing the full papers of 393 contributions presented at IABMAS 2018, including the T.Y. Lin Lecture, 10 Keynote Lectures, and 382 technical papers from 40 countries. The contributions presented at IABMAS 2018 deal with the state of the art as well as emerging concepts and innovative applications related to the main aspects of bridge maintenance, safety, risk, management and life-cycle performance. Major topics include: new design methods, bridge codes, heavy vehicle and load models, bridge management systems, prediction of future traffic models, service life prediction, residual service life, sustainability and life-cycle assessments, maintenance strategies, bridge diagnostics, health monitoring, non-destructive testing, field testing, safety and serviceability, assessment and evaluation, damage identification, deterioration modelling, repair and retrofitting strategies, bridge reliability, fatigue and corrosion, extreme loads, advanced experimental simulations, and advanced computer simulations, among others. This volume provides both an up-to-date overview of the field of bridge engineering and significant contributions to the process of more rational decision-making on bridge maintenance, safety, risk, management and life-cycle performance of bridges for the purpose of enhancing the welfare of society. The Editors hope that these Proceedings will serve as a valuable reference to all concerned with bridge structure and infrastructure systems, including students, researchers and engineers from all areas of bridge engineering. Long considered the bible of thoracic surgery, this comprehensive text guides readers through open and endoscopic surgical techniques with expert commentary by the leaders in thoracic surgery. Coverage includes extensive sections on lung cancer and other pulmonary tumors. Includes access to a companion Web site. One of the most amazing survival stories ever told -- journalist Jennifer Woodlief's gripping account of the deadliest ski-area avalanche in North American history and the woman who survived in the face of incalculable odds. On the morning of March 31, 1982, the snow had already been falling at a record rate for four days at Alpine Meadows ski resort near Lake Tahoe, California. For the vacationers and employees at the resort, this day would change their lives forever. The unprecedented avalanche that day at Alpine Meadows was a once-in-a-lifetime catastrophe. Much like the nor'easter that bedeviled the fishermen in Sebastian Junger's The Perfect Storm, an unforeseeable confluence of natural events created the conditions for an unimaginable disaster -- and, in one woman's case, an astonishing ordeal of survival. Jennifer Woodlief movingly tells the story of the massive slab avalanche that killed seven and left one victim buried alive under the snow. In this freak event, millions of tons of snow roared into the ski area and beyond, engulfing unsuspecting vacationers as well as resort employees working in spite of the danger. At the center of this wrenching tale of nature's fury are ski patrolman Larry Heywood and his team, who heroically fought with the help of a search-and-rescue dog to save a twenty-two-year-old woman trapped for five days underneath the suffocating snow -- a tale of survival that is itself an exploration of the capacity of courage. Written with all the suspense of a thriller, A Wall of White is an inspiring story of a group of strangers brought together by an inconceivable calamity -- a testament to the unwavering dedication of a band of rebel rescuers, driven only by a commitment to saving lives, battling not just extreme conditions but seemingly impossible odds. A groundbreaking investigation into the migration of martial arts techniques across continents and centuries The presence of African influence and tradition in the Americas has long been recognized in art, music, language, agriculture, and religion. T. J. Desch-Obi explores another cultural continuity that is as old as eighteenth-century slave settlements in South America and as contemporary as hip-hop culture. In this thorough survey of the history of African martial arts techniques, Desch-Obi maps the translation of numerous physical combat techniques across three continents and several centuries to illustrate how these practices evolved over time and are still recognizable in American culture today. Some of these art traditions were part of African military training while others were for self-defense and spiritual discipline. Grounded in historical and cultural anthropological methodologies, Desch-Obi's investigation traces the influence of well-delineated African traditions on long-observed but misunderstood African and African American cultural activities in North America, Brazil, and the Caribbean. He links the Brazilian martial art capoeira to reports of slave activities recorded in colonial and antebellum North America. Likewise Desch-Obi connects images of the kalenda African stick-fighting techniques to the Haitian Revolution. Throughout the study Desch-Obi examines the ties between physical mastery of these arts and changing perceptions of honor. Including forty-five illustrations, this rich history of the arrival and dissemination of African martial arts in the Atlantic world offers a new vantage for furthering our understanding of the powerful influence of enslaved populations on our collective social history.