

Understanding Manual Handling in Care

Enhancing Safety and Well-being



Importance Of Manual Handling In Nursing

Katie Kay



Importance Of Manual Handling In Nursing

(Mis)powered Practice Katie Kay, 2015 Inherent in the nursing role are manual handling activities required for the provision of patient care The physical demands upon nurses have resulted in high rates of musculoskeletal disorders MSDs within the profession Despite the development of programs intended to reduce MSDs sustainable solutions have remained elusive Nurses continue to be disproportionately represented in the statistics for injuries arising from manual handling Over 95% of nurses are likely to incur at least one MSD during their professional lifetime The scholarly literature provides little evidence of the inclusion of nurses in the manual handling dialogue despite their intimate knowledge of the healthcare environment This thesis reports on a study of nurses speaking about their perspectives on current manual handling practices and their experiences of participation in injury prevention programs The research explored nurses experiences of manual handling within acute and aged care health facilities in two Australian states with the intent to make explicit the assumptions underlying contemporary approaches to manual handling issues The overall aim of this research was to explore nurses manual handling experiences in the specific context of healthcare organisations An improved understanding of manual handling from the perspectives of nurses has the potential to explicate aspects of manual handling not previously considered in the development of programs to reduce injuries The overarching intention of this study was to give nurses the opportunity to verbalise and examine their manual handling experiences and perceptions with an aim to explore any possible transformative practices

Abstract Safe Patient Handling and Movement Audrey L. Nelson, PhD, RN, FAAN, 2005-12-02 Did you know that an estimated 12% of nurses leave the profession annually because of back injuries and that over half of RNs complain of chronic back pain This book presents best practices in safe patient handling and movement Nurse and hospital administrators clinicians clinical managers risk managers and those involved in procurement and implementation of patient handling technologies in the health care environment will find this a practical resource for improving care and protecting staff from unnecessary injury You will come away from reading this book with information that you can employ in a variety of work environments hospitals nursing homes home care and other health care organizations whatever your practice setting may be Caregiver safety approaches include Evidence based standards for safe patient movement and prevention of musculoskeletal injuries An overview of available equipment and technology Architectural designs for ergonomically safe patient care space Institutional policies such as use of lift teams

Evidence-Based Patient Handling Pat Alexander, Emma Crumpton, Brian Fletcher, Mike Fray, Sue Hignett, Sue Ruzsala, 2005-07-05 Providing care and treatment for patients usually requires moving and handling activities associated with high rates of back injuries The personal and financial cost of back pain and injuries to health staff means there is an urgent need to improve practice in this area Over the past twenty years a number of guidelines have been published however these have been based on professional consensus

rather than evidence Evidence Based Patient Handling tackles the challenge of producing an evidence base to support clinical practice and covers tasks equipment and interventions This book questions previously held opinions about moving and handling and provides the foundation for future practice Manual Handling in Health and Social Care Michael Mandelstam,2002 This text presents an accessible overview of manual handling law and the legal implications and practical issues involved Topics covered include equipment provision and handling of children in schools and guidelines on health and safety **Improving Patient Safety and Nursing Care Utilizing Safe Patient Handling Devices** Ellena A. Evans,2016 Injury to patients and nurses who utilize manual lifting and transfer techniques is a significant problem in today s healthcare environment Nurses suffer injuries from manual patient handling which can lead to career limiting ending injuries for nurses The purpose of this project was to gain a better understanding of the frontline nurse experience in the clinical setting today and determine what leads them to utilize workarounds in the care of the patient The goals were to identify best practice evidence through research and use the evidence to improve the utilization of safe patient handling SPH equipment and devices Establish a culture that embraces the use of the SPH program Reduce injuries to patients and clinicians through elimination of manual handling techniques The objectives were to use nursing focus groups structured observations and a questionnaire to determine what change was needed to decrease injuries and increase utilization of the SPH program review systems and processes that hinder a safe working environment and discover the complexities nurses face in patient care setting Thereby gaining a better understanding of nursing knowledge levels and knowledge deficits that prohibit appropriate SPH equipment use and identification of obstacles that prohibit lifting and transferring patients safely Evaluation methods included equipment usage and a decrease in musculoskeletal injuries related to the use of proper body mechanics and lifting techniques with SPH equipment and devices Without the completion of this project the future clinical would be continued incidence of manual handling injuries lost and restricted work days and continued avoidable costs to patients nurses and the organization *Manual Handling in Nursing* Marion Pocock,1997 Safe Patient Handling Audrey Nelson,2007 Nursing personnel are consistently listed as one of the top ten occupations for work related musculoskeletal disorders with incidence rates of 8.8 per 100 in hospital settings and 13.5 per 100 in nursing home settings Strategies to prevent or minimize work related musculoskeletal injuries associated with patient handling are often based on tradition and personal experience rather than scientific evidence The most common patient handling approaches in the United States include manual patient lifting classes in body mechanics training in safe lifting techniques and back belts Design Guidelines for Queensland Residential Aged Care Facilities Queensland Health - Capital Works Branch Staff,1999 Safe Patient Handling Barbara Kelly,2014 A musculoskeletal injury of some type is most likely the expected result amongst nurses a consequence of the manual handling and lifting of patients over years working in the nursing profession Safe patient handling programs are being progressively recognized and instituted in more and more healthcare systems across the country as research studies have shown the

decline in workplace injuries due to the implementation of safe patient handling the decrease in costs related to those injuries as well as the increase in efficiency and safety for the patients Creating a culture change in a healthcare facility is difficult and entails continuous attentiveness and persistence with unfailing emphasis on staff involvement It is necessary to have engagement from all involved including the executives leadership and staff members Information and program resources for the implementation of a safe patient handling program are available through the Tampa Veterans Administration which is accessible online for the utilization in the process of development through the completion of the transition The designation of safe patient handling champions were chosen for each unit and charged with the competent use of the equipment Champion training sessions were set for a four hour time frame where training the remainder of staff was limited to two hour periods A patient mobility tool was developed to help verify the amount of assistance each patient needed and which type of equipment was necessary in order to achieve the safety and comfort for the patient as well as reducing the incidence of back injuries to the staff members

Nursing Care and the Activities of Living Ian Peate, 2010-01-19 This book gives a practical focus to the underpinning theory of nursing in order to help students through the academic part of their undergraduate course as well as their placement The book is based on the activities of living model so each activity has its own chapter allowing readers to dip in and out It is essential reading for students enabling them to understand and manage the many clinical issues they face on a daily basis when nursing adults on wards in clinics and in the community setting

Caring moments model Sally T. Gardner, Nurses suffer musculoskeletal disorders MSD at a higher rate than other industries due to the heavy loads nurses lift when handling patients As a result of high injury rates many hospitals have introduced Safe Patient Handling and Mobility SPHM Programs but program success varies Many nurses continue to practice outdated manual handling techniques than use the available SPHM equipment The Veterans Health Administration VHA Medical Center where this author works has a comprehensive SPHM program that includes a team of SPHM Unit Peer Leaders UPLs UPLs are experts in safe patient handling and provide training and education on the unit level Unfortunately since the role of the UPL is a collateral duty they must perform these tasks in addition to caring for a full patient assignment This Medical Center continues to have a high number of injuries and this author hypothesized that if the UPL had dedicated time provide SPHM expertise through transpersonal caring moments the nursing culture and patient handling behaviors would align with the SPHM program and policy Dr Jean Watson s Theory of Human Caring is the framework for the Caring Moments Model that incorporates the concepts of intentionality presence relationship and caring into the role of the UPL The Caring Moments Model aims to determine if a UPL who is armed with the knowledge of the cultures of nurses and of veterans can transform the culture of nursing and safe patient handling

Nursing Staff in Hospitals and Nursing Homes Institute of Medicine, Committee on the Adequacy of Nursing Staff in Hospitals and Nursing Homes, 1996-03-27 Hospitals and nursing homes are responding to changes in the health care system by modifying staffing levels and the mix of nursing

personnel But do these changes endanger the quality of patient care Do nursing staff suffer increased rates of injury illness or stress because of changing workplace demands These questions are addressed in *Nursing Staff in Hospitals and Nursing Homes* a thorough and authoritative look at today s health care system that also takes a long term view of staffing needs for nursing as the nation moves into the next century The committee draws fundamental conclusions about the evolving role of nurses in hospitals and nursing homes and presents recommendations about staffing decisions nursing training measurement of quality reimbursement and other areas The volume also discusses work related injuries violence toward and abuse of nursing staffs and stress among nursing personnel and examines whether these problems are related to staffing levels Included is a readable overview of the underlying trends in health care that have given rise to urgent questions about nurse staffing population changes budget pressures and the introduction of new technologies *Nursing Staff in Hospitals and Nursing Homes* provides a straightforward examination of complex and sensitive issues surround the role and value of nursing on our health care system

Manual Handling for Nurses WorkCover NSW.,2005 [Back Injury Among Healthcare Workers](#) William Charney,Anne Hudson,2003-07-28 The U S Bureau of Labor Statistics recently calculated nearly 60 000 musculoskeletal injuries to healthcare workers resulting from heavy lifting during attempts to move patients Often the nurses aides orderlies and attendants who suffered permanent injuries were forced out of the profession straining an already inadequate pool of workers and [Guidelines for Nursing Homes](#) ,2003 [Keeping Patients Safe](#) Institute of Medicine,Board on Health Care Services,Committee on the Work Environment for Nurses and Patient Safety,2004-03-27 Building on the revolutionary Institute of Medicine reports *To Err is Human* and *Crossing the Quality Chasm* *Keeping Patients Safe* lays out guidelines for improving patient safety by changing nurses working conditions and demands Licensed nurses and unlicensed nursing assistants are critical participants in our national effort to protect patients from health care errors The nature of the activities nurses typically perform monitoring patients educating home caretakers performing treatments and rescuing patients who are in crisis provides an indispensable resource in detecting and remedying error producing defects in the U S health care system During the past two decades substantial changes have been made in the organization and delivery of health care and consequently in the job description and work environment of nurses As patients are increasingly cared for as outpatients nurses in hospitals and nursing homes deal with greater severity of illness Problems in management practices employee deployment work and workspace design and the basic safety culture of health care organizations place patients at further risk This newest edition in the groundbreaking Institute of Medicine Quality Chasm series discusses the key aspects of the work environment for nurses and reviews the potential improvements in working conditions that are likely to have an impact on patient safety

Nursing in the Community: an essential guide to practice Sue Chilton,Karen Melling,Dee Drew,Ann Clarridge,2004-04-30 *Nursing in the Community* an essential guide to practice is an introductory textbook for professionals and students who have chosen a career in community health care nursing The

book gives comprehensive coverage of the full range of professional issues such as personal safety and the environment in addition to public health health promotion and family health nursing This user friendly text provides clear guidelines on how to transfer skills from the hospital acute setting to the community In addition it fully reflects current government health social policy the implications for the roles and responsibilities of the community health care nurse and aims to support a trainee new practitioner to function safely and effectively in the full range of community settings

Safe Patient Handling Training for Schools of Nursing Centers for and Prevention, Department of Human Services, National Institute Safety and Health, 2013-10-20 In the field of nursing work related musculoskeletal disorders MSDs such as back and shoulder injuries persist as the leading and most costly U S occupational health problem A large body of evidence indicates that a substantial number of work related MSDs reported by nurses are due to the cumulative effect of repeated manual patient handling activities and work done in extreme static awkward postures In a list of at risk occupations for musculoskeletal disorders in 2007 nursing aides orderlies and attendants ranked first in incidence rate with a case rate of 252 cases per 10 000 workers a rate seven times the national MSD average for all occupations Emergency medical personnel ranked second followed by laborers and material movers ticket agents and travel clerks and light and heavy truck drivers among the top six at risk occupations Department of Labor Bureau of Labor Statistics BLS 2009 The nursing occupation also typically ranks in the top ten in yearly incidence rate of sprain and strain injuries In most industries MSD injury rates have declined in recent years yet MSD rates for nurses in the healthcare industry have not declined during the same period Healthcare units at high risk for back and other injuries to caregivers have certain characteristics History of frequent injuries High proportion of dependent patients Lack of use of lifting equipment in good repair Low staffing levels More than 30 years of evidence has demonstrated that manual patient handling and relying on body mechanics is unsafe Furthermore this evidence indicates that adoption of safe patient handling SPH techniques where nurses use assistive equipment during transfers is effective in reducing the incidence of MSDs related to the handling of patients

Manual Handling Guide for Nurses ,1998 **The Effects of Training in Safe Manual Handling on the Patient Lifting Techniques of Nursing Personnel** Bruce Paul Klein, 1985

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