



# THE MUSCULAR SYSTEM

Muscles, the specialized tissues that facilitate body movement, make up about 40% of body weight. Most body muscle is the voluntary type, called skeletal muscle because it is attached to the bony skeleton. Skeletal muscle contributes to body contours and shape, and it composes the organ system called the muscular system. These muscles allow you to grin, frown, run, swim, shake hands, swing a hammer, and to otherwise manipulate your environment. The balance of body muscle is smooth and cardiac muscles, which form the bulk of the walls of hollow organs and the heart. Smooth and cardiac muscles are involved in the transport of materials within the body.

Study activities in this chapter deal with microscopic and gross structure of muscle, identification of voluntary muscles, body movements, and important understandings of muscle physiology.

## OVERVIEW OF MUSCLE TISSUES

1. Nine characteristics of muscle tissue are listed below and on page 104. Identify the muscle tissue type described by choosing the correct response(s) from the key choices. Enter the appropriate term(s) or letter(s) of the key choice in the answer blank.

### *Key Choices*

A. Cardiac

B. Smooth

C. Skeletal

- |       |  |
|-------|--|
| _____ | 1. Involuntary                                   |
| _____ | 2. Banded appearance                             |
| _____ | 3. Longitudinally and circularly arranged layers |
| _____ | 4. Dense connective tissue packaging             |
| _____ | 5. Figure-8 packaging of the cells               |
| _____ | 6. Coordinated activity to act as a pump         |



# **The Muscular System Chapter 6 Coloring Workbook**

**Joseph E. Muscolino**



## The Muscular System Chapter 6 Coloring Workbook

Muscular System Coloring Book Pamphlet Books, 2014-12-23 Master the muscular system benefit from realistic medical anatomy illustrations that will help you master the muscular system with effortlessness while you're having fun coloring the different detailed muscles of the body and then comparing them with a labeled version which you can also color Human Anatomy Physiology Coloring having a better understanding and learning the muscular system in detail can be achieved through coloring coloring will improve your studying ability and help increase your reference recall by fixating the anatomical images in your mind for easy visual recall later on just from the simple physical activity of coloring Activity process the hold activity process of coloring is intended to imprint on your memory the different shapes and location of each muscles which will help you to visually recall later the different shapes and location of each muscle biology Interactive approach so instead of hours and hours and hours of memorization the muscular system coloring book will help you learn through an interactive approach Table of Contents 1 ANTERIOR MUSCLE UNLABEL 2 ANTERIOR LABELED 3 POSTERIOR MUSCLE UNLABEL 4 POSTERIOR LABELED 5 LATERAL MUSCLE UNLABEL 6 LATERAL LABELED 7 ANTERIOR LATERAL POSTERIOR MUSCLE UNLABEL 8 ANTERIOR LATERAL POSTERIOR LABELED 9 DEEP ANTERIOR MUSCLE UNLABEL 10 DEEP ANTERIOR LABELED 11 DEEP POSTERIOR MUSCLE UNLABEL 12 DEEP POSTERIOR LABELED 13 DEEP LATERAL MUSCLE UNLABEL 14 DEEP LATERAL LABELED 15 DEEP ANTERIOR LATERAL POSTERIOR MUSCLE UNLABEL 16 DEEP ANTERIOR LATERAL POSTERIOR LABELED 17 HEAD LATERAL MUSCLE UNLABEL 18 HEAD LATERAL LABELED 19 HEAD ANTERIOR LATERAL MUSCLE UNLABEL 20 HEAD ANTERIOR LATERAL LABELED 21 ARM ANTERIOR MUSCLE UNLABEL 22 ARM ANTERIOR LABELED 23 ARM POSTERIOR MUSCLE UNLABEL 24 ARM POSTERIOR LABELED 25 ARM LATERAL MUSCLE UNLABEL 26 ARM LATERAL LABELED 27 ARM ANTERIOR LATERAL POSTERIOR MUSCLE UNLABEL 28 ARM ANTERIOR LATERAL POSTERIOR LABELED 29 LEG ANTERIOR MUSCLE UNLABEL 30 LEG ANTERIOR LABELED 31 LEG POSTERIOR MUSCLE UNLABEL 32 LEG POSTERIOR LABELED 33 LEG LATERAL MUSCLE UNLABEL 34 LEG LATERAL LABELED 35 LEG ANTERIOR LATERAL POSTERIOR MUSCLE UNLABEL 36 LEG ANTERIOR LATERAL POSTERIOR LABELED 37 HAND PALMAR MUSCLE UNLABEL 38 HAND PALMAR LABELED 39 HAND ANTERIOR MUSCLE UNLABEL 40 HAND ANTERIOR LABELED 41 HAND POSTERIOR MUSCLE UNLABEL 42 HAND POSTERIOR LABELED 43 HAND PALMAR ANTERIOR POSTERIOR MUSCLE UNLABEL 44 HAND PALMAR ANTERIOR POSTERIOR LABELED 45 FOOT ANTERIOR MUSCLE UNLABEL 46 FOOT ANTERIOR LABELED 47 FOOT MEDIAL MUSCLE UNLABEL 48 FOOT MEDIAL LABELED 49 FOOT PLANTER MUSCLE UNLABEL 50 FOOT PLANTER LABELED 51 FOOT ANTERIOR MEDIAL PLANTER MUSCLE UNLABEL 52 FOOT ANTERIOR MEDIAL PLANTER LABELED

**Muscular System Coloring Book** Pamphlet Books,2016-07-10 Colored Illustrations this book is the same as the Muscular System Coloring Book Now you can learn and master the muscular system with ease while having fun but the difference is it as interior colored illustrations like what you see on the back pages of both books Master the muscular system benefit from realistic medical anatomy illustrations that will help you master the muscular system with effortless while you re having fun coloring the different detailed muscles of the body and then comparing them with a labeled version which you can also color Human Anatomy Physiology Coloring having a better understanding and learning the muscular system in detail can be achieved through coloring coloring will improve your studying ability and help increase your reference recall by fixating the anatomical images in your mind for easy visual recall later on just from the simple physical activity of coloring Activity process the hold activity process of coloring is intended to imprint on your memory the different shapes and location of each muscles which will help you to visually recall later the different shapes and location of each muscle biology Interactive approach so instead of hours and hours and hours of memorization the muscular system coloring book will help you learn through an interactive approach Table of Contents 1 ANTERIOR MUSCLE UNLABEL 2 ANTERIOR LABELED 3 POSTERIOR MUSCLE UNLABEL 4 POSTERIOR LABELED 5 LATERAL MUSCLE UNLABEL 6 LATERAL LABELED 7 ANTERIOR LATERAL POSTERIOR MUSCLE UNLABEL 8 ANTERIOR LATERAL POSTERIOR LABELED 9 DEEP ANTERIOR MUSCLE UNLABEL 10 DEEP ANTERIOR LABELED 11 DEEP POSTERIOR MUSCLE UNLABEL 12 DEEP POSTERIOR LABELED 13 DEEP LATERAL MUSCLE UNLABEL 14 DEEP LATERAL LABELED 15 DEEP ANTERIOR LATERAL POSTERIOR MUSCLE UNLABEL 16 DEEP ANTERIOR LATERAL POSTERIOR LABELED 17 HEAD LATERAL MUSCLE UNLABEL 18 HEAD LATERAL LABELED 19 HEAD ANTERIOR LATERAL MUSCLE UNLABEL 20 HEAD ANTERIOR LATERAL LABELED 21 ARM ANTERIOR MUSCLE UNLABEL 22 ARM ANTERIOR LABELED 23 ARM POSTERIOR MUSCLE UNLABEL 24 ARM POSTERIOR LABELED 25 ARM LATERAL MUSCLE UNLABEL 26 ARM LATERAL LABELED 27 ARM ANTERIOR LATERAL POSTERIOR MUSCLE UNLABEL 28 ARM ANTERIOR LATERAL POSTERIOR LABELED 29 LEG ANTERIOR MUSCLE UNLABEL 30 LEG ANTERIOR LABELED 31 LEG POSTERIOR MUSCLE UNLABEL 32 LEG POSTERIOR LABELED 33 LEG LATERAL MUSCLE UNLABEL 34 LEG LATERAL LABELED 35 LEG ANTERIOR LATERAL POSTERIOR MUSCLE UNLABEL 36 LEG ANTERIOR LATERAL POSTERIOR LABELED 37 HAND PALMAR MUSCLE UNLABEL 38 HAND PALMAR LABELED 39 HAND ANTERIOR MUSCLE UNLABEL 40 HAND ANTERIOR LABELED 41 HAND POSTERIOR MUSCLE UNLABEL 42 HAND POSTERIOR LABELED 43 HAND PALMAR ANTERIOR POSTERIOR MUSCLE UNLABEL 44 HAND PALMAR ANTERIOR POSTERIOR LABELED 45 FOOT ANTERIOR MUSCLE UNLABEL

Anatomy Coloring Workbook I. Edward Alcamo,2003 Anatomy Coloring Workbook The human body is wondrously complex with 700 muscles 206 bones and countless cells and tissues Studying and remembering all of them can be overwhelming The Anatomy Coloring Workbook gives you a clear and concise understanding of anatomy The interactive approach to learning anatomy through coloring takes less time than memorizing from textbooks and flashcards The coloring process thoroughly fixes anatomical concepts in your mind and when you need to recall the material you ll be able to visualize the body structures The diagrams and plates in the Anatomy Coloring Workbook have been created electronically to give you a sharp precise rendering of anatomical structures We fully explain the concepts behind each coloring lesson to make the learning experience complete We include an introductory section on anatomical terminology to get you started coloring suggestions to assist you and labels for easy identification and reference This book is an invaluable resource for students of anatomy physiology biology psychology nursing medical technology health administration fitness education nutrition art and more Medical practitioners dentists and dental hygienists physical and occupational therapists educators and professionals in scores of other fields will also find directed coloring a helpful means of review The 125 plates in the book are organized into the following sections Introduction to Anatomy The Skeletal System The Muscular System The Nervous System The Endocrine System The Circulatory System The Digestive System The Respiratory System The Urinary System The Reproductive System

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## Reviewing **The Muscular System Chapter 6 Coloring Workbook**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**The Muscular System Chapter 6 Coloring Workbook**," an enthralling opus penned by a highly acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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