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JAMES R. FINLEY AND BRENDA S. LENZ

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Addiction Treatment Homework Planner

David J. Berghuis, Julie A. Winkelstern



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Addiction Treatment Homework Planner James R. Finley, Brenda S. Lenz, 2017-05-11 Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems The Addiction Treatment Homework Planner Fifth Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 100 ready to copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions such as anxiety impulsivity childhood trauma dependent traits and occupational problems A quick reference format the interactive assignments are grouped by behavioral problems including alcoholism nicotine dependence and sleep disturbance as well as those problems that do not involve psychoactive substances such as problem gambling eating disorders and sexual addictions Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross referenced to The Addiction Treatment Planner Fifth Edition so you can quickly identify the right exercise for a given situation or problem All exercises are available online for you to download and customize to suit you and your clients unique styles and needs

Addiction Treatment Homework Planner Brenda S. Lenz, Arthur E. Jongsma, Jr., James R. Finley, 2023-12-19 A hands on homework toolkit for mental health practitioners treating clients with substance use disorders In the newly revised sixth edition of the Addiction Treatment Homework Planner a team of distinguished clinicians delivers a practical and

effective resource for clients who wish to keep their therapy and recovery efforts front of mind and incorporate them into their daily lives The activities and homework contained within will assist clients and the clinicians treating them to collect real time data enabling practitioners to address relevant issues quickly and collaboratively This Homework Planner is designed as a companion manual to the sixth editions of the Addiction Treatment Planner and Addiction Progress Notes Planner It focuses on client centered assessment driven evidence based treatment in the field of substance use disorder psychotherapy Each included exercise is designed to Emphasize the importance of client motivation and increase the knowledge awareness and insight of people moving through the addiction recovery process Incorporate a skills component for further instruction in therapy or at home Be completed or processed within individual sessions or where appropriate within group therapy sessions and at various levels of care An indispensable hands on resource for counselors therapists psychiatrists psychologists and other mental health professionals engaged in the treatment of patients with substance use disorders the Addiction Treatment Homework Planner is a time saving tool with the potential to improve patient outcomes and increase client engagement

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The Addiction Progress Notes Planner David J. Berghuis, Katy Pastoor, 2022-05-03 An invaluable practice resource for practitioners engaged in addictions treatment In The Addiction Progress Notes Planner Sixth Edition a team of distinguished mental health professionals delivers complete pre written session and patient presentation descriptions for every behavioral problem in the Addictions Treatment Planner Sixth Edition Each note can be simply and quickly adapted to fit a real world client need or treatment situation while remaining completely unified with the client s treatment plan This new edition offers new and revised evidence based objectives and interventions organized around 46 behavior based presentations including alcoholism nicotine dependence substance abuse problem gambling eating disorders and sexual addictions The resource also offers A wide array of treatment approaches that correspond to the behavioral problems and DSM V diagnostic categories included in the Addiction Treatment Planner Sixth Edition Sample progress notes

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professionals The Co Occurring Disorders Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal review agencies A critical tool for mental health professionals treating patients coping simultaneously with mental illness and serious substance abuse Saves you hours of time consuming paperwork yet offers the freedom to develop customized treatment plans Organized around 25 main presenting problems with a focus on treating adults and adolescents with alcohol drug or nicotine addictions and co occurring disorders including depression PTSD eating disorders and ADHD Over 1 000 well crafted clear statements describe the behavioral manifestations of each relational problem long term goals short term objectives and clinically tested treatment options Easy to use reference format helps locate treatment plan components by behavioral problem or DSM IV TR diagnosis Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including HCFA JCAHO and NCQA

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The Early Childhood Education Intervention Treatment Planner David J. Berghuis,Julie A. Winkelstern,2006-04-20 The Early Childhood Education Intervention Treatment Planner provides all the elements necessary to quickly and easily develop formal education treatment plans that take the educational professional a step further past the writing of goals for Individualized Education Plans IEPs as well as mental health treatment plans The educational

treatment plan process assists the professional in identifying interventions and communicating to others the specific method means format and or creative experience by which the student will be assisted in attaining IEP goals Critical tool for treating the most common problems encountered in treating children ages 3 6 Saves you hours of time consuming paperwork yet offers the freedom to develop customized educational treatment plans Organized around 27 main presenting problems including autism cultural and language issues depression eating and elimination concerns cognitive and neurological impairment oppositional behavior school entry readiness and others Over 1 000 well crafted clear statements describe the behavioral manifestations of each relational problem long term goals short term objectives and educational interchange Easy to use reference format helps locate educational treatment plan components by disability Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including HCFA JCAHO and NCQA

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them more adolescent client friendly Homework assignments for the parents of adolescents in treatment assignments for the adolescents themselves and assignments for parents and adolescents to complete together An essential and practical tool for therapists and practitioners treating adolescents The Adolescent Psychotherapy Homework Planner Sixth Edition will benefit social workers psychologists psychiatrists and other clinicians seeking efficient and effective homework tools for their clients

The Chemical Dependence Treatment Planner Robert R. Perkinson, Arthur E. Jongsma (Jr.), 1998 This valuable professional resource makes it easier than ever for professionals who treat chemically dependent patients to write polished effective treatment plans that satisfy all the demands of HMOs managed care companies third party payers and state and federal review agencies This comprehensive planner provides problem definitions treatment goals objectives interventions and DSM IV diagnoses for 29 substance abuse related problems

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The Addiction Progress Notes Planner David J. Berghuis, Katy Pastoor, Arthur E. Jongsma (Jr.), 2022 Progress notes are the primary source for documenting the therapeutic process and one of the main factors in determining a client's eligibility for reimbursable treatment The purpose of including the Progress Notes Planners in the PracticePlanners Series is to assist the practitioner in easily and quickly constructing progress notes that are thoroughly unified with the client's treatment plan

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