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Mental Disorders

This book has been designed for the beginners in Psychiatry. It is based upon the current knowledge regarding Psychiatric disorders and unfolds the neuro-scientific foundation of the symptoms and their management. Chapters are clubbed into sections, and each section represents a super-specialty in the field of Psychiatry. Then it goes to the next level of

organization. Disorders that share some common features are grouped into one chapter. Each chapter begins with the basic concept that ties all the disorders described in that chapter to reduce the burden on your memory. As you do in the clinics, each chapter starts with a clinical vignette and then discusses the clinical features of other disorders falling in the same group. Pathophysiology is depicted with the help of diagrams so as to improve your understanding. In addition to differential diagnosis, a section of diagnostic fallacies has been given. This book is based upon the DSM-5 criteria, which makes it useful for the students appearing in USMLE examination. However, for students from other countries a comparison between DSM-5 and ICD-10 has been provided. This book comes with complimentary access to enhanced e-book with digital assets: University and PG exam patterned MCQs Important case discussions "Understanding Mental Disorders: Your Guide to DSM-5-TR explains mental disorders, their diagnosis, and their treatment in basic terms for those seeking mental health care and for their loved ones. The book is a practical guide to the disorders described in the current edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM). The most recent edition of DSM is the fifth edition text revision, referred to as DSM-5-TR. The American Psychiatric Association (APA) developed Understanding Mental Disorders: Your Guide to DSM-5-TR to help people whose lives have been touched by mental illness. The book was written to help people better understand mental disorders and how to manage them. The APA also publishes DSM. The purpose of DSM is to create a common language for health care providers who diagnose mental illnesses. Understanding Mental Disorders can be a helpful resource when talking with a health care provider before or after a diagnosis is received. The content of this book mirrors that of DSM-5-TR-it describes symptoms, risk

factors, and related disorders. It defines mental disorders based on their symptoms and explores special needs or concerns. This new edition of Understanding Mental Disorders reflects changes made to DSM-5-TR and has been fully updated. Understanding Mental Disorders was first published after the publication of DSM-5. Understanding Mental Disorders is designed to help combat mental illness through education about the disorders and their symptoms, know when to seek help, and what to expect from treatment"-- IN THIS STIRRING AND BEAUTIFULLY WRITTEN WAKE-UP CALL, psychiatrist Daniel Carlat exposes deeply disturbing problems plaguing his profession, revealing the ways it has abandoned its essential purpose: to understand the mind, so that psychiatrists can heal mental illness and not just treat symptoms. As he did in his hard-hitting and widely read New York Times Magazine article "Dr. Drug Rep," and as he continues to do in his popular watchdog newsletter, The Carlat Psychiatry Report, he writes with bracing honesty about how psychiatry has so largely forsaken the practice of talk therapy for the seductive—and more lucrative—practice of simply prescribing drugs, with a host of deeply troubling consequences. Psychiatrists have settled for treating symptoms rather than causes, embracing the apparent medical rigor of DSM diagnoses and prescription in place of learning the more challenging craft of therapeutic counseling, gaining only limited understanding of their patients' lives. Talk therapy takes time, whereas the fifteen-minute "med check" allows for more patients and more insurance company reimbursement. Yet DSM diagnoses, he shows, are premised on a good deal less science than we would think. Writing from an insider's perspective, with refreshing forthrightness about his own daily struggles as a practitioner, Dr. Carlat shares a wealth of stories from his own practice and those of others that demonstrate the glaring shortcomings of the

standard fifteen-minute patient visit. He also reveals the dangers of rampant diagnoses of bipolar disorder, ADHD, and other "popular" psychiatric disorders, and exposes the risks of the cocktails of medications so many patients are put on. Especially disturbing are the terrible consequences of overprescription of drugs to children of ever younger ages. Taking us on a tour of the world of pharmaceutical marketing, he also reveals the inner workings of collusion between psychiatrists and drug companies. Concluding with a road map for exactly how the profession should be reformed, *Unhinged* is vital reading for all those in treatment or considering it, as well as a stirring call to action for the large community of psychiatrists themselves. As physicians and drug companies continue to work together in disquieting and harmful ways, and as diagnoses—and misdiagnoses—of mental disorders skyrocket, it's essential that Dr. Carlat's bold call for reform is heeded. The inspiration for the PBS series *Mysterious of Mental Illness*, Shrinks brilliantly tells the "astonishing" story of psychiatry's origins, demise, and redemption (Siddhartha Mukherjee). Psychiatry has come a long way since the days of chaining "lunatics" in cold cells and parading them as freakish marvels before a gaping public. But, as Jeffrey Lieberman, MD, the former president of the American Psychiatric Association, reveals in his extraordinary and eye-opening book, the path to legitimacy for "the black sheep of medicine" has been anything but smooth. In *Shrinks*, Dr. Lieberman traces the field from its birth as a mystic pseudo-science through its adolescence as a cult of "shrinks" to its late blooming maturity — beginning after World War II — as a science-driven profession that saves lives. With fascinating case studies and portraits of the luminaries of the field — from Sigmund Freud to Eric Kandel — *Shrinks* is a gripping and illuminating read, and an urgent call-to-arms to dispel the stigma of

mental illnesses by treating them as diseases rather than unfortunate states of mind. "A lucid popular history...At once skeptical and triumphalist. It shows just how far psychiatry has come." —Julia M. Klein, Boston Globe Provides state-of-the-art information about cognition in schizophrenia with a wide ranging focus on measuring and treating cognitive deficits. The first introductory textbook in the emerging, fast-developing field of computational psychiatry. Computational psychiatry applies computational modeling and theoretical approaches to psychiatric questions, focusing on building mathematical models of neural or cognitive phenomena relevant to psychiatric diseases. It is a young and rapidly growing field, drawing on concepts from psychiatry, psychology, computer science, neuroscience, electrical and chemical engineering, mathematics, and physics. This book, accessible to nonspecialists, offers the first introductory textbook in computational psychiatry. "The landmark book that argued that psychiatry consistently expands its definition of mental illness to impose its authority over moral and cultural conflict." — New York Times The 50th anniversary edition of the most influential critique of psychiatry ever written, with a new preface on the age of Prozac and Ritalin and the rise of designer drugs, plus two bonus essays. Thomas Szasz's classic book revolutionized thinking about the nature of the psychiatric profession and the moral implications of its practices. By diagnosing unwanted behavior as mental illness, psychiatrists, Szasz argues, absolve individuals of responsibility for their actions and instead blame their alleged illness. He also critiques Freudian psychology as a pseudoscience and warns against the dangerous overreach of psychiatry into all aspects of modern life. Psychiatry Under the Influence investigates the actions and practices of the American Psychiatric Association and academic psychiatry in the

United States, and presents it as a case study of institutional corruption. An updated edition of the classic history of schizophrenia in America, which gives voice to generations of patients who suffered through "cures" that only deepened their suffering and impaired their hope of recovery. Schizophrenics in the United States currently fare worse than patients in the world's poorest countries. In *Mad in America*, medical journalist Robert Whitaker argues that modern treatments for the severely mentally ill are just old medicine in new bottles, and that we as a society are deeply deluded about their efficacy. The widespread use of lobotomies in the 1920s and 1930s gave way in the 1950s to electroshock and a wave of new drugs. In what is perhaps Whitaker's most damning revelation, *Mad in America* examines how drug companies in the 1980s and 1990s skewed their studies to prove that new antipsychotic drugs were more effective than the old, while keeping patients in the dark about dangerous side effects. A haunting, deeply compassionate book -- updated with a new introduction and prologue bringing in the latest medical treatments and trends -- *Mad in America* raises important questions about our obligations to the mad, the meaning of "insanity," and what we value most about the human mind. With real-world advice from professionals in the field, this Handbook provides step-by-step guidance to approaching tasks and challenges that face academic faculty members, such as interviewing for positions, evaluating contracts and offer letters, reading and preparing a basic budget, giving feedback, and engaging in self-care. The only current book on the topic, *Telepsychiatry and Health Technologies: A Guide for Mental Health Professionals* is a practical, comprehensive, and evidence-based guide to patient-centered clinical care delivered in whole or in part by technological devices and applications. Not a technology-centered "health informatics" book, but rather one that

describes basic technological concerns and emphasizes clinical issues and workflows, it is designed for psychiatrists, psychologists, and other mental health clinicians who seek to learn the modes, models, and methods of telepsychiatry. More than 30 practitioners of telepsychiatry across the core mental health disciplines were involved in development of the text, contributing knowledge and clinical examples. Rich with case studies and hands-on guidance, the book introduces strategies, then clearly illustrates how to put them into practice. The editors believe that psychiatry increasingly will focus on the treatment of populations, and that technology offers the best hope of doing so efficiently and effectively. Careful thought went into the book's conception and design, resulting in a marriage of structure and content that meets the needs of today's clinicians: The editors employed a unique process of manuscript development, first outlining each chapter in its entirety, then assigning sections to contributors selected for their specific clinical experience and therapeutic expertise. The result is a text that flows logically and creates synergy across chapters without duplication. The book provides "how-to" guidance on setting up a new telepsychiatry practice or integrating technologies into a current practice, covering critically important topics such as data collection, security, and electronic health records. Technologies addressed include telephony, smartphones, apps, e-mail, secure texting, and videoconferencing, all of which are increasingly being used in the assessment and treatment of patients with psychiatric disorders. More than 30 case examples of patients or programs are included, illustrating the range of clinical techniques that can be used and the types of patient that can be treated using available technologies -- whether in person, online, or in a hybrid form of care combining both modalities. Every chapter concludes with a summary of

major learning objectives or findings covered.

Telepsychiatry and Health Technologies: A Guide for Mental Health Professionals is destined to become a core resource in the training of mental health professionals from all disciplines, as well as an indispensable reference for those already integrating new technologies into their practices. First multi-year cumulation covers six years: 1965-70. Why is psychiatry such big business? Why are so many psychiatric drugs prescribed – 47 million antidepressant prescriptions in the UK alone last year – and why, without solid scientific justification, has the number of mental disorders risen from 106 in 1952 to 374 today? The everyday sufferings and setbacks of life are now 'medicalised' into illnesses that require treatment – usually with highly profitable drugs. Psychological therapist James Davies uses his insider knowledge to illustrate for a general readership how psychiatry has put riches and medical status above patients' well-being. The charge sheet is damning: negative drug trials routinely buried; antidepressants that work no better than placebos; research regularly manipulated to produce positive results; doctors, seduced by huge pharmaceutical rewards, creating more disorders and prescribing more pills; and ethical, scientific and treatment flaws unscrupulously concealed by mass-marketing. Cracked reveals for the first time the true human cost of an industry that, in the name of helping others, has actually been helping itself. An introduction for residents and new psychiatrists who work with patients. Evolutionary psychiatry attempts to explain and examine the development and prevalence of psychiatric disorders through the lens of evolutionary and adaptationist theories. In this edited volume, leading international evolutionary scholars present a variety of Darwinian perspectives that will encourage readers to consider 'why' as well as 'how' mental disorders arise. Using

insights from comparative animal evolution, ethology, anthropology, culture, philosophy and other humanities, evolutionary thinking helps us to re-evaluate psychiatric epidemiology, genetics, biochemistry and psychology. It seeks explanations for persistent heritable traits shaped by selection and other evolutionary processes, and reviews traits and disorders using phylogenetic history and insights from the neurosciences as well as the effects of the modern environment. By bridging the gap between social and biological approaches to psychiatry, and encouraging bringing the evolutionary perspective into mainstream psychiatry, this book will help to inspire new avenues of research into the causation and treatment of mental disorders. Dr. Daniel Amen offers evidence-based approach to preventing and treating conditions like anxiety, depression, ADHD, addictions, PTSD, bipolar, and more. "Gary Greenberg has become the Dante of our psychiatric age, and the DSM-5 is his Inferno." —Errol Morris

Since its debut in 1952, the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders has set down the "official" view on what constitutes mental illness. Homosexuality, for instance, was a mental illness until 1973. Each revision has created controversy, but the DSM-5 has taken fire for encouraging doctors to diagnose more illnesses—and to prescribe sometimes unnecessary or harmful medications. Respected author and practicing psychotherapist Gary Greenberg embedded himself in the war that broke out over the fifth edition, and returned with an unsettling tale. Exposing the deeply flawed process behind the DSM-5's compilation, *The Book of Woe* reveals how the manual turns suffering into a commodity—and made the APA its own biggest beneficiary. *Reel Psychiatry* is a compendium of movie examples of psychiatric conditions, with expert commentary on the accuracy of the portrayals. This text covers most of the

conditions found in the DSM-IV-TR and is a suitable resource for patients, families, students, and instructors. There are introductory chapters detailing the diagnostic process in psychiatry, followed by an explanation of the disorder and diagnostic criteria in plain English before the movie examples are discussed. This book has it all - written by national and international experts and edited by world authorities, it is the first book on sport psychiatry in over a decade. Dealing with psychopathology, mental health problems and clinical management, it differs markedly from sports psychology books that focus on performance issues. Eating disorders, exercise addiction, drug abuse are all problems that are seen in 'everyday' athletes, not just elite performers. This book shows how to help. This text covers the most important topics in contemporary sports psychiatry/psychology from an international perspective. Chapter authors are experts in the field and global leaders in the related professional organizations, including current and past Presidents/Chairs of the International Society for Sports Psychiatry and of the World Psychiatric Association Section on Exercise and Sports Psychiatry. Authors are mainly psychiatrists: the rest are PhD sport psychologists. The book comprises representative chapter authors from around the world, to an extent unprecedented in this topic. The authors and editors are well-informed in global perspectives, e.g., having served as consultants to numerous Olympic teams, in addition to service on the International Society for Sports Psychiatry's Board of Directors. Specifically, this book covers four main categories of topics: 1) mental health challenges faced by athletes (including substance use disorders, exercise addiction, eating disorders, depression, suicide, and concussion), 2) treatment approaches and therapeutic issues with athletes (including different types of psychotherapy for

psychiatric disorders, psychotherapeutic performance enhancement approaches, transference and countertransference issues, achievement by proxy, psychotherapeutic issues as applied to a couple of sports that are played around the world, and use of psychiatric medications in athletes), 3) psychosocial issues affecting athletes (including sexual harassment and abuse, cultural issues, and ethics issues), and 4) the field of sports psychiatry (including work within one common sports psychiatry practice setting, and current status of and challenges in the field of sports psychiatry). There is a growing need for this book. Performance-enhancing drugs, use of psychotropics in impaired athletes, head trauma, sexual abuse, eating disorders, ethics, and depression and suicide in athletes, are just a few of the timely subjects addressed in this text. This is the only comprehensive reference available for those working in the field (or merely interested in it) to consult for current information on these topics. The existing sports psychology texts all focus on performance issues, with little, if any, attention paid to these areas of clinical significance. The book addresses the core differences between sports psychiatry and sports psychology, as well as the areas of overlap. Emphasis is placed on how the disciplines should work together in diagnosing and treating athletes dealing with emotional stress and psychopathology. Chapters include case examples and specific goals listed at the beginning, along with tables and graphs to highlight key concepts. Updated to reflect all of the latest research in psychology and neurology, Psychiatry Test Preparation and Review Manual, 2nd Edition precisely mirrors the written ABPN board exam so you can expertly prepare and achieve your highest score. Enhance your preparation with recommended readings from key textbooks in the field. Understand why your answers are correct or

incorrect through detailed explanations of each possible response. A psychiatrist and award-winning documentarian sheds light on the mental-health-care crisis in the United States. When Dr. Kenneth Rosenberg trained as a psychiatrist in the late 1980s, the state mental hospitals, which had reached peak occupancy in the 1950s, were being closed at an alarming rate, with many patients having nowhere to go. There has never been a more important time for this conversation, as one in five adults--40 million Americans--experiences mental illness each year. Today, the largest mental institution in the United States is the Los Angeles County Jail, and the last refuge for many of the 20,000 mentally ill people living on the streets of Los Angeles is L.A. County Hospital. There, Dr. Rosenberg begins his chronicle of what it means to be mentally ill in America today, integrating his own moving story of how the system failed his sister, Merle, who had schizophrenia. As he says, "I have come to see that my family's tragedy, my family's shame, is America's great secret." Dr. Rosenberg gives readers an inside look at the historical, political, and economic forces that have resulted in the greatest social crisis of the twenty-first century. The culmination of a seven-year inquiry, *Bedlam* is not only a rallying cry for change, but also a guidebook for how we move forward with care and compassion, with resources that have never before been compiled, including legal advice, practical solutions for parents and loved ones, help finding community support, and information on therapeutic options. *Spirituality and Psychiatry* addresses the crucial but often overlooked relevance of spirituality to mental well-being and psychiatric care. This updated and expanded second edition explores the nature of spirituality, its relationship to religion, and the reasons for its importance in clinical practice. Contributors discuss the prevention and management of

illness, and the maintenance of recovery. Different chapters focus on the subspecialties of psychiatry, including psychotherapy, child and adolescent psychiatry, intellectual disability, forensic psychiatry, substance misuse, and old age psychiatry. The book provides a critical review of the literature and a response to the questions posed by researchers, service users and clinicians, concerning the importance of spirituality in mental healthcare. With contributions from psychiatrists, psychologists, psychotherapists, nurses, mental healthcare chaplains and neuroscientists, and a patient perspective, this book is an invaluable clinical handbook for anyone interested in the place of spirituality in psychiatric practice. As this bestseller predicted, Trump has only grown more erratic and dangerous as the pressures on him mount. This new edition includes new essays bringing the book up to date—because this is still not normal. Originally released in fall 2017, *The Dangerous Case of Donald Trump* was a runaway bestseller. Alarmed Americans and international onlookers wanted to know: What is wrong with him? That question still plagues us. The Trump administration has proven as chaotic and destructive as its opponents feared, and the man at the center of it all remains a cipher. Constrained by the APA's "Goldwater rule," which inhibits mental health professionals from diagnosing public figures they have not personally examined, many of those qualified to weigh in on the issue have shied away from discussing it at all. The public has thus been left to wonder whether he is mad, bad, or both. The prestigious mental health experts who have contributed to the revised and updated version of *The Dangerous Case of Donald Trump* argue that their moral and civic "duty to warn" supersedes professional neutrality. Whatever affects him, affects the nation: From the trauma people have experienced under the Trump administration to the cult-like

characteristics of his followers, he has created unprecedented mental health consequences across our nation and beyond. With eight new essays (about one hundred pages of new material), this edition will cover the dangerous ramifications of Trump's unnatural state. It's not all in our heads. It's in his. Cultural psychiatry deals with the impact of culture on causation, perpetuation and treatment of patients suffering with mental illness. The role of culture in mental illness is increasingly being recognised, and the misconceptions that can occur as a result of cultural differences can lead to misdiagnoses, under or over-diagnosis. This second edition of the Textbook of Cultural Psychiatry has been completely updated with additional new chapters on globalisation and mental health, social media and tele-psychiatry. Written by world-leading experts in the field, this new edition provides a framework for the provision of mental health care in an increasingly globalised world. The first edition of the Textbook of Cultural Psychiatry was commended in the BMA Book Awards in 2008 and was the recipient of the 2012 Creative Scholarship Award from the Society for the Study of Psychiatry and Culture. Psychiatry: Made Simple presents the aspects of patient management particularly those with psychotic illnesses and long term disability. It discusses the psychiatric problems associated with AIDS and tranquilliser abuse. It addresses the orthodox standard National Health Service practice of treatment. Some of the topics covered in the book are the type of hospital cases; out-patient referrals; mental retardation; hospital admission under the mental health act of 1983; the mental health act commission; history of psychiatry; the mental health act 1959; dementia paralytica; the psychoses; and some major tranquillisers. The psychotherapy is fully covered. The causes of psychiatric illnesses are discussed in detail. The text

describes in depth the environmental influences of personality disorders. The physical methods of treatment are presented completely. A chapter is devoted to the types of psychotherapy. Another section focuses on the nature of electroplexy. The book can provide useful information to psychologists, doctors, students, and researchers. Many people consider stopping their psychiatric medications, but prescribers may not know how to do this in a collaborative, systematic way. This book describes the ins and outs of how clinicians can work closely with their patients to consider whether or not to try decreasing medications. It outlines the how and when, and gives recommendations on what the prescriber and patient may encounter along the way. The best and easiest way to learn psychiatry! Clinically oriented for all healthcare providers, including physicians, nurses, psychologists, pharmacists, physician assistants, and social workers Covers all types of psychiatric illness including depression, anxiety, bipolar disorder, schizophrenia, addiction, personality disorders, and more Incorporates recent advances in neuroscience to reflect a modern understanding of these conditions Original mnemonics for all major diagnoses Visual aids on nearly every page Over 150 original practice questions Summary page with all mnemonics for easy reference Second edition featuring dozens of new and improved mnemonics The closest a student can get to the wards without seeing patients! Designed to teach through clinical cases, this text offers 60 of the most common clinical problems in psychiatry along with case discussion questions, clinical pearls, key terms and concepts, and USMLE-style questions and answers to reinforce learning. This is an excellent study guide for the psychiatry shelf exam and the USMLE Step 2. Now in a new Fourth Edition, Psychiatry remains the leading reference on all aspects of the current practice and latest developments in

psychiatry. From an international team of recognised expert editors and contributors, Psychiatry provides a truly comprehensive overview of the entire field of psychiatry in 132 chapters across two volumes. It includes two new sections, on psychosomatic medicine and collaborative care, and on emergency psychiatry, and compares Diagnostic and Statistical Manual (DSM-5) and International Classification of Diseases (ICD10) classifications for every psychiatric disorder.

Psychiatry, Fourth Edition is an essential reference for psychiatrists in clinical practice and clinical research, residents in training, and for all those involved in the treatment psychiatric disorders.

Includes a a companion website at

www.tasmanpsychiatry.com featuring PDFs of each chapter and downloadable images Mind Fixers tells the history of psychiatry's quest to understand the biological basis of mental illness and asks where we need to go from here.

In Mind Fixers, Anne Harrington, author of *The Cure Within*, explores psychiatry's repeatedly frustrated struggle to understand mental disorder in biomedical terms. She shows how the stalling of early twentieth century efforts in this direction allowed Freudians and social scientists to insist, with some justification, that they had better ways of analyzing and fixing minds.

But when the Freudians overreached, they drove psychiatry into a state of crisis that a new "biological revolution" was meant to alleviate. Harrington shows how little that biological revolution had to do with breakthroughs in science, and why the field has fallen into a state of crisis in our own time. Mind Fixers makes clear that psychiatry's waxing and waning biological enthusiasms have been shaped not just by developments in the clinic and lab, but also by a surprising range of social factors, including immigration, warfare, grassroots activism, and assumptions about race and gender. Government programs

designed to empty the state mental hospitals, acrid rivalries between different factions in the field, industry profit mongering, consumerism, and an uncritical media have all contributed to the story as well. In focusing particularly on the search for the biological roots of schizophrenia, depression, and bipolar disorder, Harrington underscores the high human stakes for the millions of people who have sought medical answers for their mental suffering. This is not just a story about doctors and scientists, but about countless ordinary people and their loved ones. A clear-eyed, evenhanded, and yet passionate tour de force, *Mind Fixers* recounts the past and present struggle to make mental illness a biological problem in order to lay the groundwork for creating a better future, both for those who suffer and for those whose job it is to care for them. 'In a very Jungian way, the writing is episodic and discursive and the whole is embellished with dreams. Most readers will find something of interest: I was drawn to the story of his time as a psychiatrist at Powick Hospital in the 1950s and the development of the unit treating patients with combined LSD and psychotherapy. Others may relish his many examples of group work in action or the tantalizing glimpses of Louis Zinkin as his analyst in the 1980s.' - *Journal of Analytical Psychology*

This compelling book argues for the integration of medical and psychoanalytic models of the workings of the mind, and applies an integrated approach to general psychiatric practice and psychotherapy. Ronald Sandison looks at the seminal ideas of key figures such as Freud, Jung and Foulkes and shows how they have transformed the way people perceive themselves and society. He draws on his experience of over fifty years' of psychiatric practice, which include twenty years' work in the former mental hospitals. He interweaves and enriches his account with personal experiences and with his dreams. This biographical

material extends his concept of searching for and finding a unifying principle, not only for psychiatry, but also for himself. Sandison challenges the exclusive use of the medical model in psychiatry, arguing that psychoanalysis and its derivatives are the most effective treatments in psychiatry, as they take into account the inner life of the client. He shows how the prescription of clinical drugs to alleviate mental symptoms can present a barrier to the therapeutic relationship. This book brings together the key ideas in psychotherapy in the last century: it gives an essential overview that will enable practitioners and theoreticians to gain a deeper understanding of their own work and its significance within the development of this significant field. A new edition of a highly successful, award winning textbook for trainee psychiatrists, covering in one volume all the subjects required for the new MRCPsych and similar exams. Written in a highly engaging manner, it will also prove invaluable to qualified psychiatrists who need to keep up-to-date with the latest developments, as well as clinical psychologists, general practitioners, psychiatric nurses and senior medical students Concise yet comprehensive, Core Psychiatry reflects the latest developments in the curriculum plus all that is new and essential in clinical practice and the sciences that underpin it. It includes new information on the new Mental Capacity Act and Mental Health Act as well as enhanced sections on psychopharmacology, old age psychiatry, child and adolescent psychiatry, forensic psychiatry and rehabilitation. The book also makes reference to the latest NICE guidelines and includes new sections on sleep medicine and trauma psychiatry. New edition of a popular MRCPsych curriculum based text Previous edition 'Highly Commended' (Mental Health category) in the BMA Awards 2005 Contains useful summary boxes, lists and key points to make last minute learning

easy Comprehensive and authoritative resource written by contributors to ensure complete accuracy and currency of specialist information Chapters prepared by specialists working in conjunction with trainees – content totally up-to-date and jointly written by authors who have recently been in the exam situation Contains the latest findings in sleep medicine and trauma psychiatry Expanded section on psychology – including social psychology – to reflect the latest MRCPsych examination format Text updated in full to reflect the new Mental Capacity Act and Mental Health Act Relevant chapters now contain a ‘skills and competency’ section to reflect changes in MRCPsych curriculum Updating and amendments to improve coverage of old age psychiatry, child and adolescent psychiatry, forensic psychiatry and rehabilitation Contains reference to the latest NICE guidelines in boxes and tables Enhanced discussion of the use of the best current management options, both pharmacological and psychotherapeutic, the latter including CBT, DBT, EMDR and psychodynamic group, couple and family therapy. A comprehensive and accessible guide to passing the CASC, the MRCPsych practical examination.

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