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Essentials of Clinical Geriatrics Gerontology for the Health Care Professional

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Many elderly patients suffer from psychiatric conditions that result from--or are made worse by--existing medical conditions. This new edition integrates clinical

expertise needed to evaluate and treat psychiatric, medical and neurologic disorders in the older patient. Both scientific foundations of and clinical approaches to psychiatric disease are discussed by a range of experts who rely on evidence-based clinical guidelines and outcomes data. Most chapters include case studies that illuminate the approaches to diagnosis and treatment. The book's five sections include basic principles of evaluation and treatment for specific disorders; appendices offer further insight into pharmacotherapy and neuroanatomic foundation of psychiatric diseases. This book highlights both recent innovations in professional health curricula and continuing education and interventions aimed at improving student attitudes towards geriatrics and aging. The contributors cover areas including simulation, online training, and standardized patients for evaluation, but also emphasize the important end-result of clinical training: to take care of real older adults outside the classroom. Importantly, this underscores the development of powerful learning experiences of students by sensitizing them to the frameworks of palliative care, cancer care, sexuality, and aging research, all of which serves as a powerful catalyst for creating a 'pipeline' of students who embrace aging as a central theme of their future work. As increased training in geriatrics is required to attune the health care workforce to the needs of older adults, this book will be of interest to those seeking to create a more age-friendly healthcare curriculum. This book was originally published as a special issue of the Gerontology & Geriatrics Education journal. With the projected shortage of geriatricians over the next many years, it is essential for every internist and primary care physician to be equipped with the most current information and clinical skills for the treatment of older adults. This edition of Medical Clinics of North

America brings the reader up to date on important issues in geriatrics including the following: treatment strategies for sarcopenia and frailty; congestive heart failure; revitalizing the aged brain; nutritional strategies for aging successfully; falls, osteoporosis and hip fractures; late-life Hypogonadism; hypertension in older persons; incontinence; delirium; weight loss; nursing homes and the physician; and diabetes and insulin resistance in older persons. Gerontology for the Health Care Professional, Second Edition is a comprehensive, practical text covering the evolving field of gerontology, written for health care students and professionals. This text is clinically relevant while implementing theoretical treatment of the subject matter. This text instills an appreciation for the multidimensional aspects of aging for those who are working with and caring for elderly patients or clients. Written by experts across many health professions, Gerontology for the Health Care Professional, Second Edition presents an up-to-date and realistic view on the aging process. With topics presented in an introductory fashion, this book covers all the important aspects of aging. Each chapter includes objectives, chapter outlines, multiple-choice review questions and learning activities! The fourth edition of the highly acclaimed Principles and Practice of Geriatric Medicine provides an account of the fundamental changes associated with ageing, which are essential to our understanding and management of the elderly sick population. The title has been extensively revised and updates to reflect the enormous changes in treatment options and medical conditions emerged since publication of the third edition. Written by worldwide experts of international repute, this is the most up-to-date and comprehensive single reference source currently available. Principles & Practice of Geriatric Medicine, Fourth Edition incorporates: More than 30 new chapters, including:

Preventive geriatrics, Anorexia of Aging, Managements of Weight Loss, Dehydration, Vitamins and Minerals in the Elderly, Cancer and Aging, Mild Cognitive Impairment, Treatment of Behavioral Disorders, The Older Patient with Down's Syndrome, Drug Abuse in Older People, Breast Cancer, Women's health A truly global perspective, including new chapter on: Care of the elderly in Israel: old age in a young land, Geriatric Medicine in China, Geriatric medicine education in Europe, Geriatrics from the European Union Perspective, India, Day Hospitals, Perspectives from Latin America The title will be indispensable for all those involved in the treatment of older patients: Gerontologists to keep up-to-date with the latest developments in the field General practitioners and specialists in health policy and community care, who increasingly have to deal with a significant number of older people. Academic researchers in geriatric medicine, who are in need for an all encompassing reference work Medical registrars (UK) / residents (US) in order to pass their exams Teachers of Geriatric Medicine Hospital libraries with increasing budgets to spend on much needed resource in this growing field. Professionals within the pharmaceutical industry in order to monitor treatment options and new prescription developments. This practical, ready-access reference provides clinicians and students with evidence-based strategies for the care of older patients. The book is organized to yield quick answers to questions arising during the patient encounter. The contributors offer pragmatic management guidelines appropriate for the complexities of multiple problems and advanced age, and emphasize a disease management approach. The most complete, authoritative guide available on the diagnosis and treatment of disorders affecting the elderly -- updated with a new global perspective A Doody's Core Title for 2011! "In addition to serving as a timely, comprehensive, state-of-the-art textbook of geriatric

medicine anchored in science, evidence-based medicine, and patient-centered practice, the book also is intended to meet the learning needs of fellows in geriatric medicine. The authors succeed in modeling a textbook of geriatric medicine on textbooks of internal medicine. 3 Stars."--Doody's Review Service The undisputed leader on the subject of geriatrics, this comprehensive guide combines gerontology principles with clinical geriatrics offering unmatched coverage of this area of medicine. Written by some of the world's most respected geriatricians, Hazzard's Principles of Geriatric Medicine and Gerontology presents the most up-to-date, evidence-based medical information available -- in a revamped 2-color design that makes finding the answers to your questions faster and easier than ever. Features: A greater emphasis on evidence-based medicine through the expanded use of Clinical Practice Guidelines and references to systematic reviews and critically appraised topics A new international advisory board of 12 global authorities and an increased number of international contributors for a greater global perspective Important new chapters on the cultural aspects of geriatrics, emergency geriatrics, hospital geriatrics, international geriatric care, and rural geriatric care Information integrated with additional online resources Tables, drawings, and clinical algorithms made even more effective by a new two-color design 300 illustrations (including 64 in a full-color insert) Pressure Injuries & Chronic Wounds, An Issue of Clinics in Geriatric Medicine, E-Book Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing, Ebersole & Hess' Toward Healthy Aging, 8th Edition is the most comprehensive resource on health promotion and maintenance for older adults and their caregivers. With coverage of communication, safety and ethical considerations, new genetic research, key aging

issues, and common and uncommon conditions, you will have the knowledge you need to promote healthy lifestyle choices, properly address end-of-life issues, and provide effective, holistic care for older adults. Consistent chapter organization with objectives, case studies with critical thinking questions, and research questions make information easy to access and use. A strong focus on health and wellness emphasizes a positive approach to aging. Disease processes are discussed in the context of healthy adaptation, nursing support, and responsibilities. Research highlights help incorporate the latest research findings into practice. Nutrition chapter includes the most current guidelines for older adults and addresses patients' dietary needs. Scales and guidelines for proper health assessment provide the essential information for assessing the older adult patient. Case studies with critical thinking questions offer realistic situations to expand your knowledge and understanding. Careful attention to age, cultural, and gender differences are integrated throughout and highlight important considerations when caring for older adults. Content grounded in the core competencies offers the knowledge needed to achieve the National League for Nursing ACES program's Essential Nursing Actions and meets the Recommended Baccalaureate Competencies and Curricular Guidelines for the Nursing Care of Older Adults, the Geriatric Nursing Education State of the Science Papers, and the Hartford Institute for Geriatric Nursing Best Practices in Nursing Care to Older Adults. NEW! QSEN content highlights quality and safety issues students need to know when treating older patients. NEW! Chapter covering the role of communication emphasizes the importance of communication in improving care. NEW! Focus on genetics highlights the vast amount of new genetic research and its effects on all aspects of health and aging. NEW! Information on ethical considerations explores and illustrates

potential issues when dealing with older adults. **NEW!** Healthy People 2020 information assists your students in integrating their knowledge about healthy aging considerations into care. Written by noted authorities in geriatric psychiatry, this volume is a clinically oriented guide to the diagnostic workup and treatment of psychiatric and neuropsychiatric disorders in elderly patients. The book describes in detail the neurologic and neuropsychiatric patient assessment and the use of all treatment modalities, both psychotherapeutic and pharmacologic, in elderly patients. Chapters discuss the treatment of disorders in all clinical settings—inpatient, outpatient, emergency, primary care, assisted living, and long-term care. Algorithms for workup and treatment are included, as well as case studies and personal accounts by patients and care providers. Appendices provide drug information and additional resources. Over the past two decades there has been a marked change in global age demographics, with the number of over-60s increasing by 82% and the number of centenarians by 715%. This new-found longevity is testament to the success of recent advances in medicine, but poses significant challenges to multiple areas of health care concerning older patients. Building upon its predecessor's reputation as the definitive resource on the subject, this new edition of the Oxford Textbook of Geriatric Medicine offers a comprehensive and multinational examination of the field. Fully revised to reflect the current state of geriatric medicine, it examines the medical and scientific basis of clinical issues, as well as the ethical, legal, and socio-economic concerns for healthcare policy and systems. Over 170 chapters are broken up into 16 key sections, covering topics ranging from policy and key concepts through to infection, cancer, palliative medicine, and healthy ageing. New material includes focus on the evolving concepts of malnutrition,

sarcopenia, frailty, and related geriatric syndromes and integration of geriatric principles from public health, primary and specialized care, and transitional stages from home to emergency, medicine and surgery, rehabilitation, and long term care. The Oxford Textbook of Geriatric Medicine brings together specialists from across the globe to provide every physician involved in the care of older patients with a comprehensive resource on all the clinical problems they are likely to encounter, as well as on related psychological, philosophical, and social issues. The leading reference in the field of geriatric care, Brocklehurst's Textbook of Geriatric Medicine and Gerontology, 8th Edition, provides a contemporary, global perspective on topics of importance to today's gerontologists, internal medicine physicians, and family doctors. An increased focus on frailty, along with coverage of key issues in gerontology, disease-specific geriatrics, and complex syndromes specific to the elderly, makes this 8th Edition the reference you'll turn to in order to meet the unique challenges posed by this growing patient population. Consistent discussions of clinical manifestations, diagnosis, prevention, treatment, and more make reference quick and easy. More than 250 figures, including algorithms, photographs, and tables, complement the text and help you find what you need on a given condition. Clinical relevance of the latest scientific findings helps you easily apply the material to everyday practice. A new chapter on frailty, plus an emphasis on frailty throughout the book, addresses the complex medical and social issues that affect care, and the specific knowledge and skills essential for meeting your patients' complex needs. New content brings you up to date with information on gerontechnology, emergency and pre-hospital care, HIV and aging, intensive treatment of older adults, telemedicine, the built environment, and transcultural geriatrics. New editor

Professor John Young brings a fresh perspective and unique expertise to this edition. The most RENOWNED AND TRUSTED INTRODUCTORY GUIDE to core topics in geriatric medicine and health care A Doody's Core Title ESSENTIAL PURCHASE for 2011! 4 STAR DOODY'S REVIEW! "This continues to be the leading U.S. introductory textbook in geriatric medicine. It is user friendly, well written and edited, and easy on the eyes. Not a single major concept is omitted. With some 400-plus pleasant pages, this can easily be read on a rotation in geriatric medicine. If I had a magic wand, I would wave it, and copies of this brilliant book would appear under the pillow of every hospitalist in the land. See if it doesn't resonate with you as well."--Doody's Essentials of Clinical Geriatrics delivers a broad, well-written overview of all the important issues in geriatrics along with concise, practical guidance on the diagnosis and treatment of the diseases and disorders most commonly encountered in older patients. Features: A strong focus on the field's must-know concepts, from the nature of clinical aging to differential diagnosis of important geriatric syndromes to drug therapy and health services Time-saving tables that summarize conditions, values, mechanisms, therapeutics, and more Thorough coverage of preventive services and disease screening An appendix of internet resources on geriatrics NEW! Evidence-Based Summary section added to selected chapters NEW! The addition of a Nurse Practitioner to the author team for the widest perspective possible The gold-standard text on the diagnosis and treatment of disorders affecting the elderly - completely updated with a new full-color presentation A Doody's Core Title for 2021! The definitive treatise on the subject of geriatrics, this comprehensive text combines gerontology principles with clinical geriatrics, offering a uniquely holistic approach to this ever-expanding area of medicine. Written by some of the world's most respected

geriatricians, Hazzard's Geriatric Medicine and Gerontology, Seventh Edition presents up-to-date, evidence-based information in a rich new full-color design. Unmatched as a textbook, this classic is also valuable to fellows in geriatric medicine. Hazzards' Geriatric Medicine and Gerontology, Seventh Edition is logically divided into five parts: Principles of Gerontology, Principles of Geriatrics, Geriatric Syndromes, Principles of Palliative Medicine, and Organ Systems and Diseases. Within its pages, you will find balanced, authoritative coverage of every essential topic - from evaluation and management to nutrition and palliative medicine. Here's why the Seventh Edition is the best edition ever: **NEW** full-color design with hundreds of color photographs **NEW** chapters: Quality of Care in Older Adults, Common Non-Pain Symptoms in Older Adults, Strategies of Effective Communication Around Advanced Illness, Palliative Medicine in the Continuum of Care Including Hospice, Coagulation Disorders, and Plasma Cell Disorders **MORE** chapters on Palliative Medicine **NEW** Learning Objectives and Key Points added to each chapter **MORE** tables, drawings, and clinical algorithms **EVIDENCE-BASED** through the use of the latest clinical practice guidelines , references to systemic reviews, and critically appraised topics **UPDATED** to reflect the most current clinical breakthroughs and advances for managing older adults in various settings Written with first-line primary care providers in mind, Ham's Primary Care Geriatrics: A Case-Based Approach, 7th Edition, is a comprehensive, easy-to-read source of practical clinical guidance for this rapidly growing population. Using a unique, case-based approach, it covers the patient presentations you're most likely to encounter, offering key clinical information, expert advice, and evidence-based medical guidelines throughout. This highly regarded text uses a consistent format and an enjoyable writing style to keep you

informed, engaged, and up to date in this increasingly important field. Uses a case study format that is ideal for learning, retention, and rapid recall. All case studies are thoroughly up to date with current references. Features an interdisciplinary perspective to provide team-oriented knowledge on the best diagnosis, treatment, and management strategies available to address the complex needs of older adults. Contains a new chapter on Lesbian, Gay, Bisexual, Transgender (LGBT) Medicine in Older Adults, as well as completely revised or rewritten chapters on rehabilitation, infectious disease, and urinary incontinence. Provides up-to-date information on key topics such as opioid management and polypharmacy, the "geriatric emergency room, cultural humility in the care of older adults, and the five signs of problematic substance abuse. Includes key learning objectives and USMLE-style questions in every chapter. Extensively revised and updated to reflect the current state of knowledge in the study of aging, this Fourth Edition offers a complete profile of the aging process at all levels, from molecules and cells to demography and evolution. Written by international experts in current basic and clinical aging research, this text includes aspects of individual, comparative, and differential aging, and discussions of theories and mechanisms of aging. This invaluable reference illustrates how bodily systems, organs, and functions are affected with aging, describes how genetic and environmental factors influence age-related changes, and addresses some of the clinical consequences of these changes for health and longevity. Well illustrated, with numerous tables and graphs, this book presents up-to-date information from internationally renowned experts in various bio-medical fields. The most up-to-date source of clinically focused information on the medical care of the increasing elderly population. This text features relevant

diagnostic and treatment content needed by every provider of healthcare to older adults. The text covers the major diseases and disorders of the elderly with particular attention to the care of the elderly. The leading introductory textbook on geriatrics - completely updated and revised *Essentials of Clinical Geriatrics* is an engagingly written, up-to-date introductory guide to the core topics in geriatric medicine. Since 1984, its goal has remained unchanged: to help clinicians do a better job of caring for their older patients. You will find thorough and authoritative coverage of all the important issues in geriatrics, along with concise, practical guidance on the diagnosis and treatment of the diseases and disorders most commonly encountered in an elderly patient. Presented in full-color, this classic features a strong focus on the field's must-know concepts, from the nature of clinical aging to differential diagnosis of important geriatric syndromes to drug therapy and health services. The Eighth Edition has been completely revised to provide the most current updates on the assessment and management of geriatric care. **FEATURES:**

- Numerous tables and figures that summarize conditions, values, mechanisms, therapeutics, and more
- Thorough coverage of preventive services and disease screening
- Eight chapters devoted to general management strategies
- Important chapters on ethical issues and palliative care
- Appendix of Internet resources

Essentials of Clinical Geriatrics, Eighth Edition is the best resource available to help healthcare professionals provide the innovative, cost-effective, and person-centered care that older people and their caregivers deserve. An engaging introductory guide to the core topics in geriatric medicine "This is a valuable reference for those treating geriatric patients, providing well-reasoned expectations. It offers a common-sense approach in a medical system that is oriented to procedure

numbers rather than focused on what a rational outcome is. Medicine owes a debt of gratitude to the authors of this work." --Doody's Review Service For nearly three decades, the goal of Essentials of Clinical Geriatrics has remained unchanged: to help clinicians do a better job of caring for their older patients. You will find thorough and authoritative coverage of all the important issues in geriatrics, along with concise, practical guidance on the diagnosis and treatment of the diseases and disorders most commonly encountered in an elderly patient. Features: A strong focus on the field's must-know concepts, from the nature of clinical aging to differential diagnosis of important geriatric syndromes to drug therapy and health services Numerous tables and figures that summarize conditions, values, mechanisms, therapeutics, and more Thorough coverage of preventive services and disease screening An appendix of Internet resources on geriatrics Recognizing the reality that medical issues interact with other social and environmental issues, Essentials of Clinical Geriatrics includes chapters on Health Services, Nursing Home Care, Ethical Issues in the Care of Older Persons, and Palliative Care. You will also find chapters on the differential diagnosis and management of confusion, depression, incontinence, falls, and immobility and general management strategies on cardiovascular disorders, decreased vitality, and sensory impairment. There is no better resource to help you effectively address the challenges faced by the upcoming "grey tsunami" than Essentials of Clinical Geriatrics. A comprehensive guide for Geriatric Care Managers (GCMs) to help define duties and procedures while providing guidelines for setting up a geriatric care practice. --from publisher description. Handbook of Geriatric Assessment, Fifth Edition is a multidisciplinary text that takes a contemporary approach in line with patient and family centered care. With contributions from the

foremost experts in the field, it contains the latest information on geriatric assessments for older adults. Completely updated and revised, the Fifth Edition includes several new chapters, including demographic trends, age friendly health systems, payment reform and impact, the VA health system, self-care and management, impact on familial relations, vulnerable populations, building geriatric interdisciplinary teams, advance care planning, caregiver information, spiritual assessment, senior hunger, and transitions of care. This book is designed to present the clinical geriatric trends within general internal medicine and family practice, which practitioners often encounter in caring for their older adult patients. Chapters focus on increasingly difficult clinical decisions that practitioners have to make in caring for older adults, who often experience medical complications due to memory loss, physical disability, and multiple chronic conditions. Written by experts in geriatric medicine, each of these chapters start with the most up-to-date clinical geriatric research and provide specific examples or case studies on how to use this information to address the clinical needs of older adult patients. In addition, there is a set of concise "take-home points" for each chapter that are easy to commit to memory and implement in clinical care of aging patients. As the only book to focus on current trends in geriatric research and evidence-based eldercare practice, *Clinical Trends in Geriatric Medicine* is of great value to internists, family practitioners, geriatricians, nurses, and physician assistants who care for older adults. Accompanying CD-ROM contains video learning modules on gait and balance and dizziness, a dermatology quiz, and downloadable cognitive assessment tools, to hone clinical skills. File formats include QuickTime movies, PDFs, and HTML documents. Popular with generations of practitioners, *Brocklehurst's Textbook of Geriatric Medicine and Gerontology* has been the

definitive reference of choice in the field of geriatric care. The new 7th Edition, by Howard M. Fillit, MD, Kenneth Rockwood, MD, and Kenneth Woodhouse, carries on this tradition with an increased clinical focus and updated coverage to help you meet the unique challenges posed by this growing patient population. Consistent discussions of clinical manifestations, diagnosis, prevention, treatment, and more make reference quick and easy, while over 255 illustrations compliment the text to help you find what you need on a given condition. Examples of the latest imaging studies depict the effects of aging on the brain, and new algorithms further streamline decision making. Emphasizes the clinical relevance of the latest scientific findings to help you easily apply the material to everyday practice. Features consistent discussions of clinical manifestations, diagnosis, prevention, treatment, and more that make reference quick and easy. Includes over 255 illustrations—including algorithms, photographs, and tables—that compliment the text to help you find what you need on a given condition. Provides summary boxes at the end of each chapter that highlight important points. Features the work of an expert author team, now led by Dr. Howard M. Fillit who provides an American perspective to complement the book's traditional wealth of British expertise. Includes an expanded use of algorithms to streamline decision making. Presents more color images in the section on aging skin, offering a real-life perspective of conditions for enhanced diagnostic accuracy. Includes examples of the latest imaging studies to help you detect and classify changes to the brain during aging. Offers Grade A evidence-based references keyed to the relevant text. Illustrated with abundant clinical material, this book provides essential knowledge and skills for effective mental health practice with older adults. It demonstrates how to evaluate and treat frequently encountered clinical

problems in this population, including dementias, mood and anxiety disorders, and paranoid symptoms. Strategies are presented for implementing psychosocial interventions and integrating them with medications. The book also describes insightful approaches for supporting family caregivers and addresses the nuts and bolts of consulting in institutional settings. Combining their expertise as a researcher and an experienced clinician, the authors offer a unique perspective on the challenges facing older adults and how to help them lead more fulfilling and independent lives. Three reproducible forms can also be downloaded and printed in a convenient 8 1/2" x 11" size. Offering a comprehensive look at physical therapy science and practice, Guccione's Geriatric Physical Therapy, 4th Edition is a perfect resource for both students and practitioners alike. Year after year, this text is recommended as the primary preparatory resource for the Geriatric Physical Therapy Specialization exam. And this new fourth edition only gets better. Content is thoroughly revised to keep you up to date on the latest geriatric physical therapy protocols and conditions. Five new chapters are added to this edition to help you learn how to better manage common orthopedic, cardiopulmonary, and neurologic conditions; become familiar with functional outcomes and assessments; and better understand the psychosocial aspects of aging. In all, you can rely on Guccione's Geriatric Physical Therapy to help you effectively care for today's aging patient population. Comprehensive coverage of geriatric physical therapy prepares students and clinicians to provide thoughtful, evidence-based care for aging patients. Combination of foundational knowledge and clinically relevant information provides a meaningful background in how to effectively manage geriatric disorders Updated information reflects the most recent and relevant information on the Geriatric Clinical Specialty Exam. Standard APTA terminology

prepares students for terms they will hear in practice. Expert authorship ensures all information is authoritative, current, and clinically accurate. NEW! Thoroughly revised and updated content across all chapters keeps students up to date with the latest geriatric physical therapy protocols and conditions. NEW! References located at the end of each chapter point students toward credible external sources for further information. NEW! Treatment chapters guide students in managing common conditions in orthopedics, cardiopulmonary, and neurology. NEW! Chapter on functional outcomes and assessment lists relevant scores for the most frequently used tests. NEW! Chapter on psychosocial aspects of aging provides a well-rounded view of the social and mental conditions commonly affecting geriatric patients. NEW! Chapter on frailty covers a wide variety of interventions to optimize treatment. NEW! Enhanced eBook version is included with print purchase, allowing students to access all of the text, figures, and references from the book on a variety of devices. Since the publication of the third edition of Geriatric Medicine, extraordinary advances have occurred in the science of aging and the potential for biomedical research to give us answers to many, if not most, of the age-related disorders that threaten the quality of life in older years. At the most basic level, the successful mapping of the human genome was declared complete in the fall of 2000. Understanding the map of the human genome is as important as understanding the map of genomes of important laboratory species, ranging from the microscopic worms and fruit flies used in most classic genetic studies to rodents such as laboratory mice, and eventually to primates, on which much of the research on the aging human brain is done. The genetic maps of all of these species, including our own, does not answer clinical questions, but it does open the door to dramatic, rapid, and efficient answers to questions about

the genetic polymorphisms related to diseases in humans. The telomerase story also unfolded since the third edition. Telomerase is an enzyme responsible for maintaining the telomeres—the redundant DNA portions at the end of chromosomes—whose shortening seems to be linked directly to cell senescence, apoptosis, and the control over cell death, which, at the level of the individual cell, seems to be linked to the decline of organ function and eventually aging and death within the organism. The essential reference for all aging Americans and their families, and the most important, comprehensive, and useful guide of its kind ever published. Covers: how we age, how to make wise health-care decisions, alternatives for long-term care, and aging and public policy. Essentials of Gerontological Nursing presents the best practices needed to care for older adults. Its brief, yet comprehensive, grasp of issues in elder care is a refreshing addition to the current literature, which is more commonly focused on theory than on clinical practice. Designed primarily for students in gerontological nursing courses in BSN and graduate programs, the book provides: Essential clinical information and "best practices" needed to care for older adults Current research and new patient approaches in gerontological nursing Overviews of rarely discussed issues, such as elder abuse, cultural considerations, and restraint alternatives Clinical specifications and practical applications Content designed to fit into a one-semester course Essentials of Gerontological Nursing is everything the nursing student needs to know when caring for older adults. This book serves as a comprehensive reference for the basic principles of caring for older adults, directly corresponding to the key competencies for medical student and residents. These competencies are covered in 10 sections, each with chapters that target the skills and knowledge necessary for achieving competency. Each of the 45 chapters follow

a consistent format for ease of use, beginning with an introduction to the associated competency and concluding with the most salient points for mastery. Chapters also includes brief cases to provide context to the clinical reasoning behind the competency, strengthening the core understanding necessary to physicians of the future. Written by expert educators and clinicians in geriatric medicine, Geriatric Practice is key resource for students in geriatric medicine, family and internal medicine, specialties, hospice and nursing home training, and all clinicians studying to work with aging patients. The definitive guide to safe, effective care of older adults—updated with important new content and streamlined for quick access Doody's Core Titles for 2023! Covers the complete range of topics in geriatric care, including theory and fundamentals, assessment, conditions, diseases, symptoms, policies, and societal issues that affect older patients Provides a framework for using the functional and cognitive status, prognosis, and social context of patients to guide diagnosis and treatment of medical conditions Delivers essential information on important topics such as delirium, cognitive impairment, dementia, falls and mobility disorders, Parkinson disease and other movement disorders, sleep disorders, and arthritis Includes guidance on care in all settings - clinic, home, hospital, and long-term care, as well as pre- and post-operative settings New content on technology to enhance geriatric care, caregiving support, the unique needs of older immigrants, Medicare and Medicaid, legal issues and conservatorship, aid in dying, assisted living care, short-stay rehabilitation, prostate cancer, marijuana use, syncope, and driving safety Gain the nursing skills you need to provide wellness-based care for older adults! Ebersole and Hess' Gerontological Nursing & Healthy Aging, 6th Edition uses a holistic approach to describe compassionate care along a continuum of

wellness. Designed to promote healthy aging regardless of the patient's situation or disorder, this text provides best-practice guidelines in covering physical, psychosocial, spiritual, and cognitive health. New to this edition are Next Generation NCLEX®-style case studies, updates on measuring clinical judgment, expanded coverage of core competencies, and more. Written by gerontological nursing experts Theris Touhy and Kathleen Jett, this concise text provides a solid foundation in every aspect of healthy aging. Focus on health and wellness provides the evidence-based information and strategies needed to promote healthy aging. Key concepts, learning activities, and discussion questions in every chapter emphasize the information needed to enhance care. Recommended competencies from the AACN and the Hartford Institute for Geriatric Nursing are integrated throughout. Discussion of disease processes is placed in the context of healthy adaptation, nursing support, and responsibilities. Easy-to-use information on nursing techniques and communication appears with the associated disorders, symptoms, and situations. Tips for Best Practice and Resources for Best Practice boxes provide insight into proven methods of nursing care. Discussions of nursing and interprofessional actions help students learn to enhance wellness, maintain optimal function, and prevent unnecessary disability. Coverage of age, cultural, racial, and gender differences highlights these important considerations in caring for older adults. NEW! Updates reflect the NCSBN Clinical Judgment Model. NEW! Next Generation NCLEX® (NGN)-style case studies provide optimal preparation for the Next Generation NCLEX Examination. NEW! Specialized information addresses the unique needs of older adults such as atypical disease presentation, geriatric syndromes, neurocognitive disorders, quality of life with chronic illness, legal and ethical issues, and mental health

challenges such as depression and substance abuse. NEW! Coverage of competencies of expanding nursing roles in the care of older adults addresses the continuum of care. NEW! Gerontological expertise is incorporated into nursing actions and complements other nursing texts (including med-surg, community health, mental health, and assessment books) used in programs without a freestanding gerontological nursing course. NEW! Expanded content includes information on COPD guidelines, medication use and misuse, Alzheimer's Disease, wound care guidelines, diagnosis and treatment of sleep-disordered breathing, joint replacement, caregiver strain, hospice and transitional care, and more. Ensure you thoroughly understand the intricate details of providing effective care for adults as they age. Ebersole & Hess' *Toward Healthy Aging*, 10th Edition is the only comprehensive gerontological nursing text that effectively communicates how to provide holistic care, promote healthy lives, and address end-of-life issues and concerns. Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing, the tenth edition has been extensively revised and updated with shorter, more streamlined chapters and pedagogical features to facilitate learning. It covers the areas of safety and ethical considerations, genetics, communication with the patient and caregiver, promoting health in persons with conditions commonly occurring in later-life world-wide addressing loss and palliative care and much more. Special sections provide an honest look at the universal experience of aging and the nurse's role in the reduction of health disparities and inequities as a member of the global community. Plus, it contains a variety of new learning features that focus on applying research and thinking critically in when providing care to aging adults across the care continuum. This book distills the wealth of knowledge

contained in the classic text, *Geriatric Medicine: An Evidence-Based Approach*, 4/e into a practical guide for primary care, family medicine, and internal medicine residents. Written by top experts in the field, the book offers a detailed, compact overview of geriatric care. It addresses geriatric pharmacology, Medicare and Medicaid, and numerous other subjects unique to older adults. The case-based instructional approach helps readers navigate the complexity of prevention, presentation, and treatment for conditions such as depression, dementia, and hypertension. Graphs and tables aid the reader in determining the proper courses of treatment. Using a problem-oriented approach, the manual guides you systematically through the clinical implications of aging and reviews evaluation, diagnosis, and management of the major clinical problems encountered in daily practice. And much has been added to this edition to keep you at the cutting edge of clinical geriatrics. A authoritative reference written to help professionals understand the role of nutrition in the maintenance of health, the management of chronic conditions, and the treatment of serious illness. The fourth edition of this text provides a comprehensive review of nutritional assessment, intervention programs for the elderly, and health promotion activities.

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