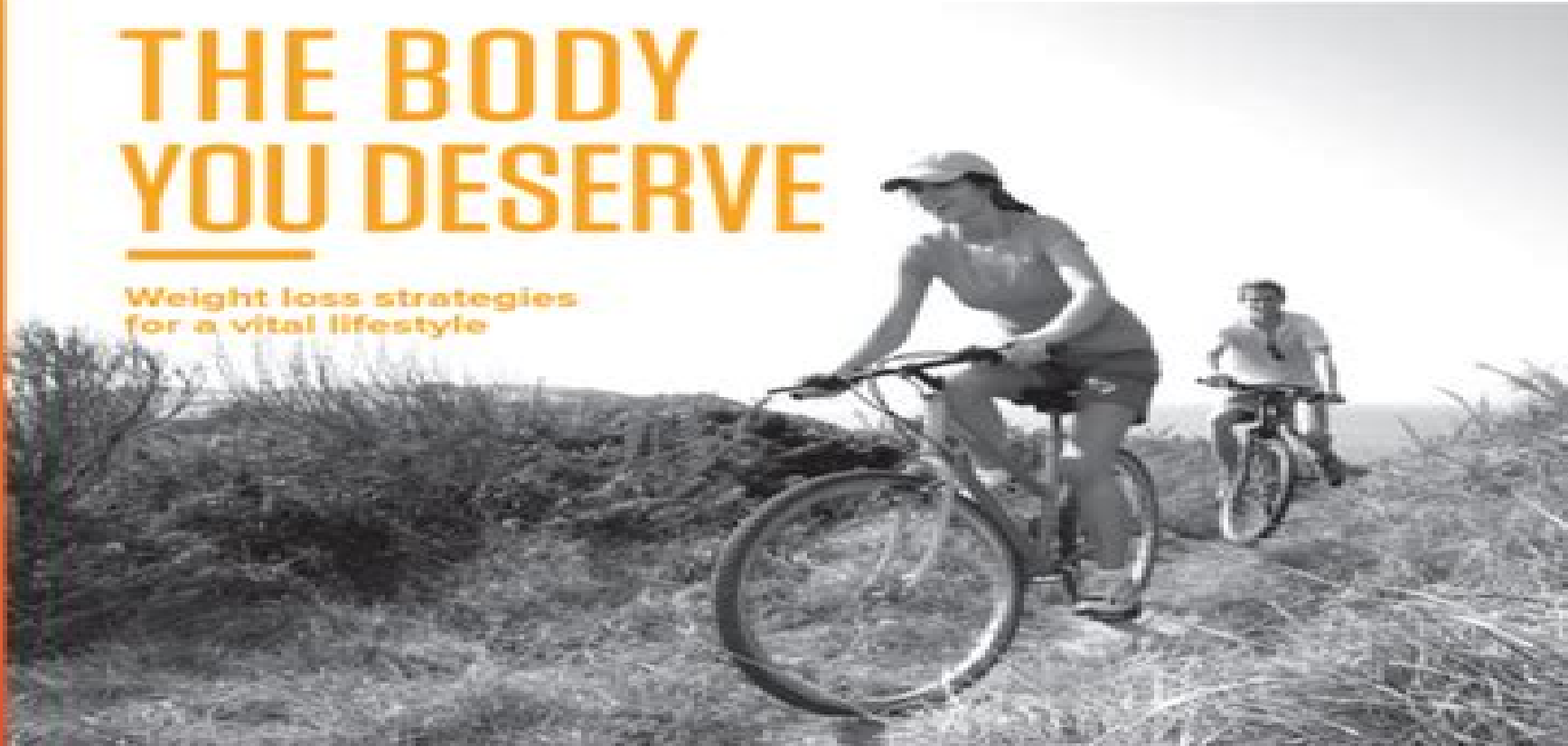


TONY ROBBINS

# THE BODY YOU DESERVE

Weight loss strategies  
for a vital lifestyle



## WORKBOOK

*"Willpower by itself is not enough.  
If we want to achieve lasting change,  
we must have an effective strategy."*

— Tony Robbins

# **Tony Robbins The Body You Deserve Workbook**

**Minjie Lin**



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