

Download Ebook Schacter Daniel L Gilbert Daniel T Wegner Daniel Ms Psychology 2nd Second Edition By Schacter Daniel L Gilbert Daniel T Wegner Daniel M Published By Worth Publishers Hardcover 2010 Read Pdf Free

Psychology Nov 27 2023 This widely used, enthusiastically received textbook is the work of one of the most accomplished author teams in introductory psychology, each a distinguished educator and researcher. Together, they offer an approachable, engagingly written survey of the field's main ideas, filled with unusual stories, memorable examples, and lots of humor to captivate all kinds of students. Features include: 'Hot Science' highlighting important and interesting new research 'The Real World' highlighting applications of psychological research to real world contexts 'Other Voices' offering excerpts of great writing about psychology and showing how important psychology is to public discussion 'Changing Minds' questions at the end of the chapter that ask students to confront a scenario using information from the chapter. The new edition has been reshaped for the classroom chapter by chapter. Sections in each chapter now have specific Learning Outcomes in place, to emphasize "big picture" concepts and guide student learning. There is also new boxed feature called 'A World of Difference' highlighting important research on diversity and individual differences.

An Anecdoted Topography of Chance Oct 03 2021 This book is about the collaborative work by four artists associated with the FLUXUS and Nouveau Réalisme movements.

Mathematics for Machine Learning Nov 15 2022 The fundamental mathematical tools needed to understand machine learning include linear algebra, analytic geometry, matrix decompositions, vector calculus, optimization, probability and statistics. These topics are traditionally taught in disparate courses, making it hard for data science or computer science students, or professionals, to efficiently learn the mathematics. This self-contained textbook bridges the gap between mathematical and machine learning texts, introducing the mathematical concepts with a minimum of prerequisites. It uses these concepts to derive four central machine learning methods: linear regression, principal component analysis, Gaussian mixture models and support vector machines. For students and others with a mathematical background, these derivations provide a starting point to machine learning texts. For those learning the mathematics for the first time, the methods help build intuition and practical experience with applying mathematical concepts. Every chapter includes worked examples and exercises to test understanding. Programming tutorials are offered on the book's web site.

Thinking, Fast and Slow Sep 01 2021 Major New York Times bestseller Winner of the National Academy of Sciences Best Book Award in 2012 Selected by the New York Times Book Review as one of the ten best books of 2011 A Globe and Mail Best Books of the Year 2011 Title One of The Economist's 2011 Books of the Year One of The Wall Street Journal's Best Nonfiction Books of the Year 2011 2013 Presidential Medal of Freedom Recipient Kahneman's work with Amos Tversky is the subject of Michael Lewis's *The Undoing Project: A Friendship That Changed Our Minds* In his mega bestseller, *Thinking, Fast and Slow*, Daniel Kahneman, the renowned psychologist and winner of the Nobel Prize in Economics, takes us on a groundbreaking tour of the mind and explains the two systems that drive the way we think. System 1 is fast, intuitive, and emotional; System 2 is slower,

more deliberative, and more logical. The impact of overconfidence on corporate strategies, the difficulties of predicting what will make us happy in the future, the profound effect of cognitive biases on everything from playing the stock market to planning our next vacation—each of these can be understood only by knowing how the two systems shape our judgments and decisions. Engaging the reader in a lively conversation about how we think, Kahneman reveals where we can and cannot trust our intuitions and how we can tap into the benefits of slow thinking. He offers practical and enlightening insights into how choices are made in both our business and our personal lives—and how we can use different techniques to guard against the mental glitches that often get us into trouble. Winner of the National Academy of Sciences Best Book Award and the Los Angeles Times Book Prize and selected by The New York Times Book Review as one of the ten best books of 2011, *Thinking, Fast and Slow* is destined to be a classic.

The Code of Codes Jan 18 2023 Provided by Horace Freeland Judson, author of the bestselling *Eighth Day of Creation*. The book's broad and balanced coverage and the expertise of its contributors make *The Code of Codes* the most comprehensive and compelling exploration available on this history-making project.

Handbook of Social Psychology, Volume 1 Feb 29 2024 First published in 1935, *The Handbook of Social Psychology* was the first major reference work to cover the field of social psychology. The field has since evolved and expanded tremendously, and in each subsequent edition, *The Handbook of Social Psychology* is still the foremost reference that academics, researchers, and graduate students in psychology turn to for the most current, well-researched, and thorough information covering the field of social psychology. This volume of the Fifth Edition covers the science of social psychology and the social being.

The Big 5 Jun 30 2021 Imagine being part of a wholly transformed body of Christ that truly reflects the character of God to the world! What if God's people weren't tossed to and fro with every wind of the devil's deceit and every wave of secular culture, but instead stood firm on the foundation of sound, biblical doctrine? This can only happen if Christians understand and construct their spiritual lives on The Big 5 foundational doctrines of the faith. Dr. Daniel Gilbert is an international speaker, theologian, ministry consultant, and writer. Passionate about the transforming power of God to help people enter into a deeper relationship with their Creator, Dr. Gilbert wrote *The Big 5* so that every Christian can discover-or re-discover-the enduring biblical doctrines and foundational principles on which believers of all backgrounds can base their lives. In this book, you'll learn about five core beliefs: -Sola scriptura: how Scripture is the entirely trustworthy Word of God, which provides us with essential knowledge of God's character and how He designed us to live -Solus Christus: how Jesus Christ is our Lord, not a liar or a lunatic, and the only real path to life -Sola gratia: how grace, the single escape route from spiritual death, is God's gift to all -Sola fide: how committing our lives to Christ through faith leads us to do good works, but it's faith not works that leads to salvation -Soli deo gloria: how bringing glory to God in all things is our ultimate purpose and gives meaning to our daily lives -PLUS bonus workbook sections are included to help you reflect on each of these Big 5 of our faith! Free yourself from human-inspired ideas and habits that sound or feel good, and instead let the foundational truths of Christ's teaching transform you. Pick up your copy of *The Big 5* today and become part of the new reformation the church needs now more than ever!

Introducing Psychology Jan 30 2024 This is the textbook only without Launchpad. With an author team equally at home in the classroom, in the lab, or on the bestseller list, this book is written to keep students turning the pages. It offers expert coverage of psychology's scientific foundations, but communicates with students in a style that's anything but that of a typical textbook. *Introducing Psychology* keeps the level of engagement high, with quirky and unforgettable examples, and reminders throughout that the critical thinking skills required to study psychology will serve students well throughout their lives. The fourth edition has been completely retooled for the classroom. For the first time, each chapter section begins with Learning Outcomes to guide students' learning. These outcomes represent the big picture, so readers come away with more than a collection of facts. The new edition also includes the new 'A World of Difference' feature, which

highlights interesting and important research on individual differences such as sex, gender, culture and ethnicity in understanding the breadth of psychology. Introducing Psychology can also be purchased with the breakthrough online resource, LaunchPad, which offers innovative media content, curated and organised for easy assignability. LaunchPad's intuitive interface presents quizzing, flashcards, animations and much more to make learning actively engaging.

Redirect Jul 24 2023 What if there were a magic pill that could make you happier, turn you into a better parent, solve a number of your teenager's behavior problems, reduce racial prejudice, and close the achievement gap in education? There is no such pill, but story editing -- the scientifically based approach described in Redirect -- can accomplish all of this. The world-renowned psychologist Timothy Wilson shows us how to redirect the stories we tell about ourselves and the world around us, with subtle prompts, in ways that lead to lasting change. Fascinating, groundbreaking, and practical, Redirect demonstrates the remarkable power small changes can have on the ways we see ourselves and our environment, and how we can use this in our everyday lives. "There are few academics who write with as much grace and wisdom as Timothy Wilson. Redirect is a masterpiece." -- Malcolm Gladwell

Sound the Trumpet Aug 01 2021 While General Washington prepares to cross the Delaware, Continental Army dispatcher Micah Bradford is torn between two young women and God's call on his life.

Reactive Oxygen Species in Biological Systems: An Interdisciplinary Approach Aug 25 2023 Reactive oxygen species (ROS) which include free radicals, peroxides, singlet oxygen, ozone, and nitrogen monoxide and dioxide free radicals, is an area of intense research. This volume covers (1) the destruction of cellular function by ROS resulting in pathological states; (2) the protection by ROS of an organism against invading organisms that cause infections; and (3) the role of ROS in normal physiological processes. Designed for beginning graduate students, this book gives a concise overview of the field.

Drawdown Sep 13 2022 • New York Times bestseller • The 100 most substantive solutions to reverse global warming, based on meticulous research by leading scientists and policymakers around the world "At this point in time, the Drawdown book is exactly what is needed; a credible, conservative solution-by-solution narrative that we can do it. Reading it is an effective inoculation against the widespread perception of doom that humanity cannot and will not solve the climate crisis. Reported by-effects include increased determination and a sense of grounded hope." —Per Espen Stoknes, Author, *What We Think About When We Try Not To Think About Global Warming* "There's been no real way for ordinary people to get an understanding of what they can do and what impact it can have. There remains no single, comprehensive, reliable compendium of carbon-reduction solutions across sectors. At least until now. . . . The public is hungry for this kind of practical wisdom." —David Roberts, *Vox* "This is the ideal environmental sciences textbook—only it is too interesting and inspiring to be called a textbook." —Peter Kareiva, Director of the Institute of the Environment and Sustainability, UCLA In the face of widespread fear and apathy, an international coalition of researchers, professionals, and scientists have come together to offer a set of realistic and bold solutions to climate change. One hundred techniques and practices are described here—some are well known; some you may have never heard of. They range from clean energy to educating girls in lower-income countries to land use practices that pull carbon out of the air. The solutions exist, are economically viable, and communities throughout the world are currently enacting them with skill and determination. If deployed collectively on a global scale over the next thirty years, they represent a credible path forward, not just to slow the earth's warming but to reach drawdown, that point in time when greenhouse gases in the atmosphere peak and begin to decline. These measures promise cascading benefits to human health, security, prosperity, and well-being—giving us every reason to see this planetary crisis as an opportunity to create a just and livable world.

What Price Better Health? Oct 15 2022 Medical research, with its power to attract money and political support, and its promise of cures for a wide range of medical burdens, has good and bad

sides--which are often indistinguishable. In this book, the author teases out the distinctions and differences, revealing the difficulties that result when the research imperative is suffused with excessive zeal, adulterated by the profit motive, or used to justify cutting moral corners. Exploring the National Institutes of Health's annual budget, the inflated estimates of health care cost savings that result from research, the high prices charged by drug companies, the use and misuse of human subjects for medical testing, and the controversies surrounding human cloning and stem cell research, he clarifies the fine line between doing good and doing harm in the name of medical progress. His work shows that medical research must be understood in light of other social and economic needs and how even the research imperative, dedic.

Study Guide to Accompany Psychology, Second Edition by Daniel L. Schacter, Daniel T. Gilbert, Daniel M. Wegner Dec 05 2021

Hitler's Willing Executioners Nov 03 2021 This groundbreaking international bestseller lays to rest many myths about the Holocaust: that Germans were ignorant of the mass destruction of Jews, that the killers were all SS men, and that those who slaughtered Jews did so reluctantly. Hitler's Willing Executioners provides conclusive evidence that the extermination of European Jewry engaged the energies and enthusiasm of tens of thousands of ordinary Germans. Goldhagen reconstructs the climate of "eliminationist anti-Semitism" that made Hitler's pursuit of his genocidal goals possible and the radical persecution of the Jews during the 1930s popular. Drawing on a wealth of unused archival materials, principally the testimony of the killers themselves, Goldhagen takes us into the killing fields where Germans voluntarily hunted Jews like animals, tortured them wantonly, and then posed cheerfully for snapshots with their victims. From mobile killing units, to the camps, to the death marches, Goldhagen shows how ordinary Germans, nurtured in a society where Jews were seen as unalterable evil and dangerous, willingly followed their beliefs to their logical conclusion. "Hitler's Willing Executioner's is an original, indeed brilliant contribution to the...literature on the Holocaust."--New York Review of Books "The most important book ever published about the Holocaust...Eloquently written, meticulously documented, impassioned...A model of moral and scholarly integrity."--Philadelphia Inquirer

Directory of Directors in the City of New York Jun 10 2022

The Wisdom in Feeling Apr 20 2023 The fundamental concern of psychotherapy is change. While practitioners are constantly greeted with new strategies, techniques, programs, and interventions, this book argues that the full benefits of the therapeutic process cannot be realized without fundamental revision of the concept of change itself. Applying cybernetic thought to family therapy, Bradford P. Keeney demonstrates that conventional epistemology, in which cause and effect have a linear relationship, does not sufficiently accommodate the reciprocal nature of causation in experience. Written in an unconventional style that includes stories, case examples, and imagined dialogues between an epistemologist and a skeptical therapist, the volume presents a philosophically grounded, ecological framework for contemporary clinical practice.

Psychology Jul 04 2024 Your students may forget it's a textbook. But they will always remember what they learn. View a sample chapter and student video reviews at www.worthpublishers.com/thedans Their research continues to change the way psychology is taught. Their teaching has inspired thousands of students. Their writing fascinates readers and vividly shows how psychological science is relevant to their lives. So it was no surprise that Dan Schacter, Dan Gilbert, and Dan Wegner's introductory psychology textbook was a breakout success. With the new edition, *Psychology* is more than ever a book instructors are looking for—a text that students will read and keep reading. Thoroughly updated, the new edition is filled with captivating stories of real people and breakthrough research, plus a variety of proven and effective new learning tools, all carried along by the Dans' uncanny way of making the story of psychological principles as riveting and enriching as reading a great book.

Happiness (HBR Emotional Intelligence Series) Dec 29 2023 What is the nature of human happiness, and how do we achieve it in the course of our professional lives? And is it even worth pursuing? This book explores answers to these questions with research into how happiness is measured,

frameworks for personal behaviors, management techniques that build happiness in the workplace—and warnings that highlight where the happiness hype has been overblown. This volume includes the work of: Daniel Gilbert, Annie McKee, Gretchen Spreitzer, Teresa M. Amabile. This collection of articles includes “Happiness Isn’t the Absence of Negative Feelings” by Jennifer Moss; “Being Happy at Work Matters” by Annie McKee; “The Science Behind the Smile” an interview with Daniel Gilbert by Gardiner Morse; “The Power of Small Wins” by Teresa M. Amabile and Steven J. Kramer; “Creating Sustainable Performance” by Gretchen Spreitzer and Christine Porath; “The Research We’ve Ignored About Happiness at Work” by André Spicer and Carl Cedarström; and “The Happiness Backlash” by Alison Beard. *How to be human at work. The HBR Emotional Intelligence Series* features smart, essential reading on the human side of professional life from the pages of Harvard Business Review. Each book in the series offers proven research showing how our emotions impact our work lives, practical advice for managing difficult people and situations, and inspiring essays on what it means to tend to our emotional well-being at work. Uplifting and practical, these books describe the social skills that are critical for ambitious professionals to master.

Psychology Jan 06 2022 Students will love learning from this fantastic introductory text. Its novel 'mindbugs' approach uses quirks of the mind to lend insights into how the brain works, making it both fresh and cutting-edge. Written by psychology superstars, this edition is strong on the real-world applications of experimental science from around the globe.

Loose-leaf Version for Psychology Feb 16 2023 David Myers’ new partnership with coauthor C. Nathan DeWall matches two dedicated educators and scholars, each passionate about teaching psychological science through writing and interactive media. With this new edition of the #1 bestselling *Psychology*, Myers and DeWall take full advantage of what an integrated text/media learning combination can do. New features move students from reading the chapter to actively learning online: *How Would You Know* puts students in the role of scientific researcher and includes tutorials on key research design principles; *Assess Your Strengths* self-tests help students learn a little more about themselves, and include tips about nurturing key strengths. These and other innovations rest on the same foundations that have always distinguished a new David Myers edition—exhaustive updating (hundreds of new citations), captivating writing, and the merging of rigorous science with a broad human perspective that engages both the mind and heart.

Oxygen and Living Processes, an Interdisciplinary Approach, Edited by Daniel L. Gilbert ... Mar 20 2023

Military Minutes of the Council of Appointment of the State of New York, 1783-1821 Feb 24 2021

A History of a Gilbert Family Oct 27 2023

Outsmart Your Brain Aug 13 2022 In this revolutionary, comprehensive, and accessible guide on how the brain learns, discover how to study more efficiently and effectively, shrug away exam stress, and most of all, enjoy learning. When we study, we tend to focus on the tasks we can most easily control—such as highlighting and rereading—but these practices only give the illusion of mastery. As Dan Willingham, professor of psychology and bestselling author, explains, familiarity is not the same as comprehension. Perfect for teachers and students of all ages, *Outsmart Your Brain* provides real-world practices and the latest research on how to train your brain for better learning. Each chapter provides clear and specific strategies while also explaining why traditional study processes do not work. Grounded in scientifically backed practical advice, this is the ultimate guide to improving grades and better understanding the power of our own brains.

Study Guide to Accompany Daniel L. Schacter, Daniel T. Gilbert, Daniel M. Wegner Psychology May 02 2024

Stumbling on Happiness Jun 03 2024 A smart and funny book by a prominent Harvard psychologist, which uses groundbreaking research and (often hilarious) anecdotes to show us why we’re so lousy at predicting what will make us happy - and what we can do about it. Most of us spend our lives steering ourselves toward the best of all possible futures, only to find that tomorrow rarely turns out as we had expected. Why? As Harvard psychologist Daniel Gilbert explains, when

people try to imagine what the future will hold, they make some basic and consistent mistakes. Just as memory plays tricks on us when we try to look backward in time, so does imagination play tricks when we try to look forward. Using cutting-edge research, much of it original, Gilbert shakes, cajoles, persuades, tricks and jokes us into accepting the fact that happiness is not really what or where we thought it was. Among the unexpected questions he poses: Why are conjoined twins no less happy than the general population? When you go out to eat, is it better to order your favourite dish every time, or to try something new? If Ingrid Bergman hadn't gotten on the plane at the end of Casablanca, would she and Bogey have been better off? Smart, witty, accessible and laugh-out-loud funny, *Stumbling on Happiness* brilliantly describes all that science has to tell us about the uniquely human ability to envision the future, and how likely we are to enjoy it when we get there.

Personal memoir of Daniel Drayton, for four years and four months a prisoner, for charity's sake, in Washington Jail. Including a narrative of the voyage and capture of the schooner Pearl Jul 12 2022

Official Register of the United States May 10 2022

Heuristics and Biases Dec 17 2022 This book, first published in 2002, compiles psychologists' best attempts to answer important questions about intuitive judgment.

Squid as Experimental Animals Jun 22 2023 The predecessor to this book was *A Guide to the Laboratory Use of the Squid Loligo pealei* published by the Marine Biological Laboratory, Woods Hole, Massachusetts in 1974. The revision of this long out of date guide, with the approval of the Marine Biological Laboratory, is an attempt to introduce students and researchers to the cephalopods and particularly the squid as an object of biological research. Therefore, we have decided to expand on its original theme, which was to present important practical aspects for using the squid as experimental animals. There are twenty two chapters instead of the original eight. The material in the original eight chapters has been completely revised. Since more than one method can be used for accomplishing a given task, some duplication of methods was considered desirable in the various chapters. Thus, the methodology can be chosen which is best suited for each reader's requirements. Each subject also contains a mini-review which can serve as an introduction to the various topics. Thus, the volume is not just a laboratory manual, but can also be used as an introduction to squid biology. The book is intended for laboratory technicians, advanced undergraduate students, graduate students, researchers, and all others who want to learn the purpose, methods, and techniques of using squid as experimental animals. This is the reason why the name has been changed to its present title. Preceding the chapters is a list of many of the abbreviations, prefixes, and suffixes used in this volume.

Psychology, Canadian Edition Sep 25 2023 This bestselling textbook portrays the latest developments in psychology in a charismatic style that will inspire a lifelong love of science. As top researchers, committed educators, and writers who hit the bestsellers lists, this extraordinary author team keeps students captivated page after page, story after story, with Ingrid Johnsrude bringing in Canadian research and examples. The new edition takes a closer look at the role psychology plays in our society, with new material in Chapter 2 that looks at the truth about psychological science, the rate of replication in published studies, and how critical thinking is foundational in science and life. Chapter 1 presents a new look at the history of the science with unexpected stories and new insights into its surprising origins. Each chapter has been fully updated with Canadian-based research and examples to portray a field that is constantly evolving and illuminating the world today. Combined with LaunchPad, including the LearningCurve adaptive quizzing system, the new Fifth Edition is a powerful way to introduce students to the science of psychology.

Reactive Oxygen Species Apr 08 2022 This collection of papers as presented as a special symposium honouring Daniel L. Gilbert, a pioneer in reactive oxygen species research. Discovering ways to protect the body from oxidative damage - whether caused by radiation, ageing or diseases - is of contemporary interest.

Choosing Leadership May 22 2023 *Choosing Leadership* is a new take on executive development

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that gives everyone the tools to develop their leadership skills. In this workbook, Dr. Linda Ginzel, a clinical professor at the University of Chicago's Booth School of Business and a social psychologist, debunks common myths about leaders and encourages you to follow a personalized path to decide when to manage and when to lead. Thoughtful exercises and activities help you mine your own experiences, learn to recognize behavior patterns, and make better choices so that you can create better futures. You'll learn how to: Define leadership for yourself and move beyond stereotypes Distinguish between leadership and management and when to use each skill Recognize the gist of a situation and effectively communicate it with others Learn from the experience of others as well as your own Identify your "default settings" and become your own coach And much more Dr. Linda Ginzel is a clinical professor of managerial psychology at the University of Chicago's Booth School of Business and the founder of its customized executive education program. For three decades, she has developed and taught MBA and executive education courses in negotiation, leadership capital, managerial psychology, and more. She has also taught MBA and PhD students at Northwestern and Stanford, as well as designed customized educational programs for a number of Fortune 500 companies. Ginzel has received numerous teaching awards for excellence in MBA education, as well as the President's Service Award for her work with the nonprofit Kids In Danger. She lives in Chicago with her family.

Official Register of the United States May 29 2021

Air Force Register Mar 27 2021

Psychology Apr 01 2024 This bestselling textbook brings the latest developments in psychology to students in a signature writing style that will inspire a lifelong love of science. The authors--respected researchers and writers of popular press titles--invite students to join them on a tour of their favorite subject--psychological science. The new edition takes a closer look at the role psychology plays in our society, with new material in Chapter 2 that looks at the truth about psychological science, the rate of replication in published studies, and how critical thinking is foundational in science and life. Chapter 1 presents a new look at the history of the science with unexpected stories and new insights into its surprising origins. Each chapter has been fully updated with research and examples to portray a field that is constantly evolving and illuminating the world today. Combined with LaunchPad, including the LearningCurve adaptive quizzing system, the new Fifth Edition is a powerful way to introduce students to the science of psychology.

New York City Directory Feb 04 2022

A Hopeless Sheriff Apr 28 2021 A funny cozy mystery series full of bold women, a quirky and lovable town, and one seriously hopeless romance. A Hopeless Sheriff is Book 9 in the Series and the Fourth Book of Season Two of the Hope Walker Mysteries Investigative reporter Hope Walker doesn't have a problem. She's got lots of them. The mayor is out to get her. The hunky guy she likes just left town. The local bank's been robbed. And now the new sheriff is doing everything to get in her way. And that just might be the biggest problem of all. Because there's been another murder in Hopeless. And as usual, Hope's the only one who can solve this mystery. Buy the ninth book in the Hope Walker Mysteries, A Hopeless Sheriff, today! Five Star Praise For The Hope Walker Mysteries -"I really think this series and each book has the perfect mix of humor, mystery, real life, and suspense." -"I love this series. Carson has me guessing the whole time!" -"This book is every bit as good as the first! I can't get enough of Hope and the rest of the gang. An engaging plot, and laugh out loud humor make it difficult to put this book down." -"I absolutely enjoyed reading this cozy mystery. It had everything I look forward to in a mystery and once started I couldn't put it down." The Hope Walker Mysteries SEASON ONE - Book One: A Hopeless Murder - Book Two: A Hopeless Heist - Book Three: A Hopeless Discovery - Book Four: A Hopeless Game - Book Five: A Hopeless Christmas SEASON TWO - Book Six: A Hopeless Journey - Book Seven: A Hopeless Valentine - Book Eight: A Hopeless Queen - Book Nine: A Hopeless Sheriff - Book Ten: A Hopeless Storm

Happiness (HBR Emotional Intelligence Series) Mar 08 2022 What is the nature of human happiness, and how do we achieve it in the course of our professional lives? And is it even worth pursuing? This book explores answers to these questions by presenting research into how happiness

is measured, frameworks for personal behaviors, management techniques that build happiness in the workplace and warnings that highlight where the happiness hype has been overblown. This volume includes the work of: Daniel Gilbert Annie McKee Gretchen Spreitzer Teresa M. Amabile How to be human at work. HBR's Emotional Intelligence Series features smart, essential reading on the human side of professional life from the pages of Harvard Business Review. Each book in the series offers proven research showing how our emotions impact our work lives, practical advice for managing difficult people and situations, and inspiring essays on what it means to tend to our emotional well-being at work. Uplifting and practical, these books describe the social skills that are critical for ambitious professionals to master. "