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Your Competition Handgun Training Program *NRA Guide Basics of Pistol Shooting* Competition Handgun Training Drills **Competitive Shooting The NRA Guide to the Basics of Pistol Shooting** 30-10 Pistol Training **T a P S Tactical Application of Practical Shooting Criminal Investigation** *Shoot to Win* **Troubleshooting Handgun Training - Practice Drills for Defensive Shooting** **The NRA Step-by-Step Guide to Gun Safety** **Firearm Safety Certificate - Manual for California Firearms Dealers and DOJ Certified Instructors** **Successful Pistol Shooting Personal Protection Training** **Shooting to Live with the One-Hand Gun** **U.S. Army Combat Pistol Training Handbook** **The A B C of Rifle, Revolver and Pistol Shooting** *Dry-Fire Training* *Training Shooting Sports* *Shoot* American Pistol Shooting Navy SEAL Shooting **Strategies and Standards for Defensive Handgun Training** **Your Defensive Rifle Training Program** Air Pistol Shooting *The Modern Day Gunslinger* Process and Progress Pistol Training *Home Firearm Safety* The Advanced Pistol Marksmanship Instructor's Manual Gun Range Management The Practical Pistol Manual *Strategies and Standards for Defensive Handgun Training (large Format)* **Combat Shooting for Police** **Tactical Firearms Training** **Secrets How To Shoot - Some Lessons In The Science Of Shot Gun Shooting** **Fighting Handgun** Handgun Fundamentals for the New Shooter Skills and Drills **Range Drills**

Competition Handgun Training Drills Apr 02 2024 Another excellent performance training product from www.shooting-performance.com, Competition Handgun Training Drills contains the drills (and only the drills) found in the program in my book "Your Competition Handgun Training

Program". These drills are designed to teach the shooter the critical skills necessary to excel in practical shooting. It is meant to be used as a range guide for those that do not want to print the drills, or by shooters that want to use the drills to design their own program. The full training program is recommended for those wishing to really excel. If you have this book, and are interested in the full program, please visit www.shooting-performance.com to purchase it or other books and DVD's. Thanks for your interest in Shooting-Performance!

NRA Guide Basics of Pistol Shooting May 03 2024

Strategies and Standards for Defensive Handgun Training

Jun 11 2022 What percentage of carry permit holders attend training beyond the state minimum? What are the barriers keeping people from attending firearms training that isn't mandatory? What are realistic standards for minimum defensive handgun competency? What are the best drills to practice? How can you compare the difficulty level of one drill to another? Written by two trainers with decades of experience, this book explores those questions and others related to defensive pistol training.

Skills and Drills Feb 25 2021 This book contains the live fire training methods of Ben Stoeger. Drawing on his experience at the top levels of competition and his experience teaching others, he has refined his methodology for years. This book is the culmination of those ideas and experiences and is the most detailed and involved live-fire training manual ever produced for the USPSA/ISPC competitor. Skills and Drills contains a detailed set of drills and concepts to help you take your shooting to the next level, practice tips to help you get the most out of every single session, a section designed to explain how you are doing it wrong and how to do it better, a series of benchmarks to get you to the top level of shooting, advice on how to document

your progress, insight on what it takes to train and compete on the super squad, and much more!

Air Pistol Shooting Apr 09 2022 This invaluable, well-illustrated book presents a carefully crafted, step-by-step programme which teaches the complete novice air pistol shooter how to attain a high level of marksmanship. The training begins with a detailed consideration of safety procedures, basic pistol craft, range construction and the types of air pistol that are available (spring-powered, pneumatic and CO2) and how they work. The author then moves on to consider holsters, targets, and the advanced skills associated with trigger control, the hold, presentation, the stance, the fast draw and rapid fire shooting. Finally, detailed attention is paid to marksmanship exercises but the author emphasizes that these should only be undertaken after all of the techniques set out in the previous chapters have been mastered. Whether you are a novice or more experienced, if you are interested in the fast growing pastime of air pistol shooting for pleasure, then this is the book for you. Covers the mastering of basic pistol craft to the very advanced skills such as fast draw and rapid fire shooting, and is superbly illustrated with colour photographs.

Competitive Shooting Mar 01 2024 A unique encyclopedia of competitive rifle & pistol shooting.

The Practical Pistol Manual Oct 04 2021 Since more than 26 states have passed laws requiring training for concealed carrying of firearms, citizens and police have a duty to teach the safe and responsible use of the weapons. In eight other states that permit concealed carry with no training required, men and women have a moral obligation to learn how to carry and use their firearms safely and responsibly. This handy little book contains everything a novice gun owner needs to know to start learning the basics of competent and safe pistol use, as well as the essentials of using a gun in a

potentially violent confrontation with a criminal. It is an ideal textbook for state courses required for concealed carry permits. While there are many excellent books on handguns, marksmanship and self defense, all are designed for those who want to be expert in those subjects. There are no other books which address the specific concerns of someone who simply wants to carry a concealed firearm safely and responsibly until now. Bill Clede serves on the Connecticut State Police Firearms Advisory Committee which determines what training in his state will and will not include. A fruitless search for a suitable text is what prompted him to develop this book. One of Clede's primary goals is teaching how to avoid discharging the firearm in the first place, defusing aggressive behavior without resorting to shooting someone. The Practical Pistol Manual brings all these concerns together -- safety, competent shooting, and how to deal with violent behavior -- in one concise and affordable book. This is the only book that fills the need of a text for novices that covers safety, competent shooting, and how to deal with potentially violent encounters.

Your Defensive Rifle Training Program May 11 2022 "Your Defensive Rifle Training Program" is the ultimate functional training program designed to develop your skills while using the superior weapon system, the rifle. Whether you are an armed citizen, Law Enforcement Officer, or member of the U.S. Military that uses a rifle as a home defense or tactical tool, success requires an incredible amount of skill. Don't make the mistake of being the one who fails to prepare yourself for the fight of your life! The book is written for AR-15 type rifle systems, but also covers training with and the use of several other variations of rifles, including manually operated rifles. THIS STEP-BY-STEP GUIDE TO MAXIMUM PERFORMANCE INCLUDES: * Rifle Selection and Modification (including caliber and rifle length

consideration guest chapters written by key experts)*
Mental Preparation* Physical Preparation* Firearm Skills
Development* Alternate Methods of Training* The Training
Design Cycle* High Performance Rifle Marksmanship and
Manipulation Techniques* Rifle Retention Techniques*
Close Quarters Techniques* Low Light Techniques* And
much more!For the total immersion experience please
strongly consider buying the DVD set or Vimeo Download
(<https://vimeo.com/ondemand/defensiverifle>) that was
designed to be used in this program!

Gun Range Management Nov 04 2021 Over the past 30
years, I have organized firearms courses and training
events on some very high-end and formal ranges as well
as in purely improvised locations with no formal
infrastructure. I have worked with students of all skill
levels from the scared novice to the established expert
while using a wide array of firearms. My conclusion from
these last 30 years is that firearms are safe if handled
properly and gun ranges are safe if managed properly.
Whether you're shooting a .22 air rifle in your back
garden or a light anti-armor weapon on a military range,
as long as the basic principles of firearms/weapons
safety and range management are followed you shouldn't
have any problems. My aim with this book is to give you
in simple terms the points you need to consider and
procedures you need to implement to run a safe shooting
range and shooting events.

Tactical Firearms Training Secrets Jul 01 2021 In this
book, "Top Shot" Season 3 Winner, Dustin Ellermann, will
demonstrate training methods that have the power to have
a bigger impact on your tactical shooting level than any
book you have ever read. Why? Because they will help you
get around the biggest obstacles to locking in and
maintaining tactical firearms skills...time and money.
These tactics, techniques, and procedures are the very
same ones that elite special operations units from
around the globe, many with unlimited ammo budgets, use

to train beginning and advanced tactics as well as maintain their edge. Who else uses these tactics? Olympic athletes of all disciplines and competitive shooters, including the champion of Top Shot Season 3, Dustin Ellermann, who you see on the cover and who graciously agreed to demonstrate the skills throughout. Every tactic, technique, and procedure has been designed so that you can learn and refine your tactical firearms skills in the comfort of your own home without wasting precious money on ammo and range time, or wasting time driving to and from the range and cleaning your firearms. Perhaps most importantly, this book will show you how to practice advanced tactical and self-defense skills with a firearm, even if you live (or anticipate living) somewhere that is hostile towards gun owners. Finally, if you've got any new shooters who you want to introduce to shooting, you'll learn how to give them an advanced comfort at arms before they ever fire their first shot. You'll be able to imprint solid fundamentals and muscle memory BEFORE they have a chance to develop any undesirable habits.

Process and Progress Pistol Training Feb 05 2022 Want to take your pistol training to the next level? If you're like most pistol enthusiasts, you spend a lot of time and money putting in your hours on the range. But that doesn't mean you'll see consistent improvement. Why not? Because most instructors don't teach you how to train and practice on your own to get better and more efficient. In other words, they don't teach you how to learn. Process and Progress Pistol Training shows you step-by-step how to structure your training plan for faster improvement in both your technique and your results, whether you're a new hobbyist or a seasoned professional. Then, it outlines a proven approach to help you experiment with and develop your own unique, personalized training and style. Whether you're a professional, a competition shooter, or a dedicated

enthusiast, pick up *Process and Progress Pistol Training* and get the results you've been looking for.

The NRA Guide to the Basics of Pistol Shooting Jan 31 2024

Shoot to Win Sep 26 2023 A surprising journey from tech support to professional marksman in front of the cameras. Chris Cheng won the title of "Top Shot," a \$100,000 cash prize, and a professional marksman contract with the show sponsor, Bass Pro Shops. How did a tech support guy who didn't shoot a lot of guns beat out seventeen other competitors—including seasoned military veterans, law enforcement officers, and pro marksmen—in History Channel's Top Shot season 4? An excellent guide for beginning shooters, Cheng focuses on the basics and ammunition of pistols, rifles, and shotguns, marksmanship fundamentals, and buying a firearm. Other chapters include: Dry Fire Practice Firearm Accessories Safely Storing Your Firearm Cleaning and Maintaining Your Guns And much more! Additionally, Cheng covers his approach to staying calm under pressure, teamwork, sportsmanship, and leadership. These traits contributed to his coming out on top and staying above the fray. With a foreword written by Top Shot season 3 champion Dustin Ellermann and an afterword written by the original Top Shot champion Iain Harrison, *Shoot to Win* is sure to please shooters of all stripes, but especially fans of History Channel's program Top Shot. Skyhorse Publishing is proud to publish a broad range of books for hunters and firearms enthusiasts. We publish books about shotguns, rifles, handguns, target shooting, gun collecting, self-defense, archery, ammunition, knives, gunsmithing, gun repair, and wilderness survival. We publish books on deer hunting, big game hunting, small game hunting, wing shooting, turkey hunting, deer stands, duck blinds, bowhunting, wing shooting, hunting dogs, and more. While not every title we publish becomes a New York Times bestseller or

a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

30-10 Pistol Training Dec 30 2023 These are secrets that go beyond what's taught in weekend firearms courses, aren't taught in self-defense courses, and are beyond the time and budget limitations of most police departments. The best part is, you don't even need to fire live rounds to accomplish this! We can PERFECT each of the micro-skills you need dry...in the COMFORT and PRIVACY of your own home and only later, head to the range to confirm what you already know how to do... All you need... is the ability to safely handle and legally possess a pistol to start... and then just pour on the 15 minute per day, 30 day training sequence I lay out here with YOUR PISTOL, holster, magazines, some cheap dummy training rounds and a properly setup (using commonly available household items) environment to practice! We start at square one and rebuild your skills from the ground up. You will MASTER a few basic micro-skills each day. Before you know it, you will be combining them to outperform veteran shooters. And After 30 days of short, enjoyable training sessions YOU WILL BE in the top 10 % of ALL SHOOTERS IN THE WORLD! In the 30-10 Pistol Training System, you'll discover the high-leverage secrets that most other trainers even refuse to admit are as important as they really are! But most importantly we chunk it down to manageable bites-we even train some key skills in reverse sequence for a very important reason that few instructors understand.

U.S. Army Combat Pistol Training Handbook Jan 19 2023 This handbook is perfect for those interested in joining the army as well as for those who merely want to learn how to shoot combat pistols. The U.S. Army Combat Pistol Training Handbook (FM 3-23.35) reflects current Army standards in weapons qualification and can be a guide

for the instructor to develop training programs, plans, and lessons that meet the objectives of the U.S. Army Marksmanship program for developing combat effective marksmen. The first part focuses on the components and functions of the pistols, where readers will learn about components, ammunition, maintenance and assembly, clearing procedures, preventive maintenance, operation, loading, unloading and clearing, troubleshooting, and much more. The second part is where things get fun and where readers will find instructions on topics such as basic marksmanship, grip and aiming, breath control, trigger squeeze, techniques of firing, target engagement, combat reloading techniques, coaching, and safety, among others. Finally, the appendixes include a thorough explanation of the U.S. Army qualification courses and training schedules. This compact guide will tell you everything you need to know about training with an M9 or M11 pistol. Loaded with illustrations and charts, this handbook shows as well as tells how to be the best pistol shooter in the Army.

Combat Shooting for Police Aug 02 2021

Fighting Handgun Apr 29 2021 Fighting Handgun is based on the comprehensive 3-day pistol program designed and conducted by the author. This book is intended to be a manual on how to prepare for and manage a fight for your life. It is about applying current fundamentals, tactics, and techniques in the lawful use of a handgun. Fighting Handgun is constructed in a manner, as is the actual course of instruction, to build upon each topic presented, as opposed to being a mixture of stand-alone topics. In this 266 page book, containing over 190 descriptive photos, the Author Don Redl draws on his 25+ years of practical experience personally leading and/or conducting Investigations, Executive Protection and/or Training operations, both Domestically and Internationally for major US corporations, law firms, insurance companies, high net worth individuals, heads

of state, political figures, foreign dignitaries and entertainment industry clients. Don is an active shooter response instructor as well as a scenario-based force-on-force instructor. He holds professional instructor certifications through the NRA and Simunition, as well as the NYS Department of State as both a Firearms Instructor and a General Topics Instructor. Don has trained a tremendous amount of people over his career, including everyone from serious armed professionals across the law enforcement, executive security and military spectrum to housewives. The majority of Executive Options courses are client-based, however, they include the NYS armed guard curriculum, judicious use-of-force, defensive and tactical firearms, active shooter response and scenario-based force-on-force training.

Successful Pistol Shooting Apr 21 2023 This new book, was a big seller at the 1997 National Pistol Matches at Camp Perry, Ohio. It offers a scientific approach to pistol shooting training. The revolutionary new pistol training methods described in this book are based on science & in accordance with the immutable laws of gravity & motion here on earth. This book belongs in the library of every gun owner around the world. One shooter wrote, "I borrowed a copy of SUCCESSFUL PISTOL SHOOTING from a competitive shooting acquaintance of mine & I am enjoying reading it. I have read many of the publications mentioned in your book & I agree that pistol shooting is made out to be all together too complicated. Your approach to competitive pistol shooting is refreshing. I would also like a copy of your book sent to my friend. His ten year old son is being loaded down with too much information from the local competitive shooters & not enjoying it. I think it would be a lifelong benefit to my friend & his family if they were to own a copy of your book." To order contact: STP Books, 3350 West Turtle Desert Way, Tucson, AZ

85742-9019. 520-744-8805, FAX: 520-744-8810, e-mail: bobhicke@MSN.com.

American Pistol Shooting Aug 14 2022

Shoot Sep 14 2022 Whether you're a firearms enthusiast, an experienced shooter, or someone who has never even held a gun, *Shoot: Your Guide to Shooting and Competition* will help you explore different types of firearms, understand crucial safety rules, and learn fundamental shooting skills. This book provides an introduction to a wide variety of shooting sports through detailed descriptions that relate each type of competition to everyday activities and interests. High-quality photography from actual competitions and step-by-step instructional images augment the clearly written descriptions of both basic and advanced shooting skills. Throughout the book, Julie shares beneficial tips, explains sport-specific lingo, and stresses vital safety concerns. Going beyond just a skill-building manual for those new to firearms and shooting, *Shoot* addresses competition stress, goal setting, logging, and beneficial practice techniques to help all shooters, from novices to champions, excel and take their skills to the next level.

Handgun Training - Practice Drills for Defensive Shooting Jul 25 2023 Regardless of how you've trained, this book will help you keep your defensive handgun shooting skills in tip-top shape! This book has the tools you need to hone your skills at your favorite range

Range Drills Jan 24 2021 Designed for beginning, intermediate, and advanced shooters, this book features over 50 graded tactical training exercises and competitive challenges for pistol, carbine, and shotgun that promote accuracy, speed, and unique skill sets. These drills may be used individually or with an instructor as part of a dedicated training program, and also feature training logs on the back page of each

exercise to allow shooters to document ongoing improvements. These exercises promote the development of accuracy, strong- and off-hand shooting, leaning, standing, kneeling, prone shooting, magazine changes, and much more. Blank drill templates are also included to allow shooters to create their own exercises with an instructor to further develop specialized skills. A practical introduction to the pistol, carbine, and shotgun is also provided to ensure that students are equipped with basic knowledge on safety, fundamentals, selecting an appropriate firearm, carrying, self-defense, and other topics.

Criminal Investigation Oct 28 2023

Strategies and Standards for Defensive Handgun Training (large Format) Sep 02 2021 What percentage of carry permit holders attend training beyond the state minimum? What are the barriers keeping people from attending firearms training that isn't mandatory? What are realistic standards for minimum defensive handgun competency? What are the best drills to practice? How can you compare the difficulty level of one drill to another? Written by two trainers with decades of experience, this book explores those questions and others related to defensive pistol training.

Home Firearm Safety Jan 07 2022

Handgun Fundamentals for the New Shooter Mar 28 2021 Handgun Fundamentals for the New Shooter is a step-by-step guide for handling and shooting a handgun. Written by an active Law Enforcement Firearms Instructor, this book provides skills for the new shooter. The techniques used in this books are also for the seasoned shooter who is looking to enhance their performance. This book provides photographs of the skills, as well as many drills that you can perform to master the art of handgun shooting.

Troubleshooting Aug 26 2023 Firearms instructor, Gabby Franco, guides the reader by helping improve shooting

skills to a higher level.

The A B C of Rifle, Revolver and Pistol Shooting Dec 18
2022

The Advanced Pistol Marksmanship Instructor's Manual
Dec 06 2021 Acquiring the ability to accurately shoot a pistol is no simple matter. One should not assume that the art of advanced pistol marksmanship is fully realized immediately upon reading a training manual on the fundamentals and techniques of pistol shooting; nor completely understood after having received a few hours of advice and instruction from a qualified coach or expert shooter. To become a top pistol shooter and able to produce consistently high scores, one must learn to perform all the fundamentals of shooting, acquire certain definite habits, achieve flawless coordination - and above all - have a capacity for the intense concentration essential to exercising a high degree of mental control. For this, one must train. It is difficult, if not impossible, to establish a universal system of training in pistol marksmanship which will cover all cases - one that can be adapted to each shooter's technique or special need. Training pistol shooters requires an individual approach. There is no single pattern or system for the organization of training that will entirely meet the individual requirements of all competitors, nor can one ever be expected. This is the reason knowledgeable coaches take the peculiarities of an individual - such as experience, degree of preparation and fitness, and other items - into account. They use these, and by relying on their own experience, devise a training program which allows special consideration for each shooter's capabilities. In spite of the difference in details, technique or method, there is much that is common to the training of advanced marksmen, that - in the opinion of leading coaches and shooters, applies to everyone, without exception. This manual endeavors to present, in a

detailed, comprehensive manner, these universal applications. Advanced pistol marksmanship training must of necessity, avoid the involved and exceedingly complex because it is an activity whose participants form a great cross-section of our nation

Dry-Fire Training Nov 16 2022 "Dry-Fire Training - For the Practical Pistol Shooter" is an at home training manual designed to complement the live-fire manual "Skills and Drills." This manual gives you a comprehensive set of drills to take your skills to the next level. The drills and associated goal times are tailored for people looking to be pushed to get better. This book has extensive drill commentary, where specific information on the focal points and goals of each individual drill are explained in detail. There is enough information here so you have the ability to act as your own coach. This book is self-contained, but it works best if you are using it in conjunction with "Skills and Drills" or have already taken a class with Ben. This book contains: -A brand new set of "Learning Drills" designed to get your gun handling up to speed -A set of field course focused drills -Extensive drill commentary -Tips on danger areas to watch out for -and much more!

How To Shoot - Some Lessons In The Science Of Shot Gun Shooting May 30 2021 Many of the earliest books, particularly those dating back to the 1900s and before, are now extremely scarce and increasingly expensive. We are republishing these classic works in affordable, high quality, modern editions, using the original text and artwork.

Firearm Safety Certificate - Manual for California Firearms Dealers and DOJ Certified Instructors May 23 2023 The growing concern over the number of accidental firearm shootings, especially those involving children, prompted passage of the initial handgun safety law which went into effect in 1994. The stated intent of the

California Legislature in enacting the current FSC law is for persons who obtain firearms to have a basic familiarity with those firearms, including, but not limited to, the safe handling and storage of those firearms. The statutory authority for this program is contained in Penal Code sections 26840 and 31610 through 31700. These statutes mandate DOJ to develop, implement and maintain the FSC Program. Pursuant to Penal Code section 26840, a firearms dealer cannot deliver a firearm unless the person receiving the firearm presents a valid FSC, which is obtained by passing a written test on firearm safety. Prior to taking delivery of a firearm from a licensed firearms dealer, the purchaser/recipient must also successfully perform a safe handling demonstration with that firearm..

Navy SEAL Shooting Jul 13 2022 Learn to shoot safely and effectively at home to protect yourself or your family. With easy-to-follow, step-by-step instructions and 385 illustrations, learn to plan your training, improve your accuracy and speed, shoot while moving, and clear malfunctions. Plus every manipulation needed for any semi-automatic pistol or rifle.

The NRA Step-by-Step Guide to Gun Safety Jun 23 2023 Having shaped our nation since its birth, guns are an integral part of American life. As more and more Americans choose to own firearms, it becomes increasingly important to educate them on proper shooting and handling techniques. Drawing on the National Rifle Association's more than two centuries of shooting experience, as well as the collected knowledge of more than 55,000 certified instructors, The NRA Step-by-Step Guide to Gun Safety offers key-and life-saving-advice on using, caring for, and storing handguns, rifles, and shotguns. Packed with essential information and resources, including details on how propellants burn in cartridges, shooting etiquette on and off the range, and where to find a certified NRA

shooting instructor, The NRA Step-by-Step Guide to Gun Safety will help reinforce the importance of safe gun-handling habits. Included is information on: The safest and most effective way to store and transport pistols, rifles, and shotguns The anatomy of the many kinds of guns available The proper way to reload any firearm The best way to clean your gun Proper use of eye and ear protection The correct clothing to wear while hunting Whether you are an experienced shooter or haven't shot a round in your life, The NRA Step-by-Step Guide to Gun Safety will provide new and enlightening information that will make you, and your family, safer gun owners. Skyhorse Publishing is proud to publish a broad range of books for hunters and firearms enthusiasts. We publish books about shotguns, rifles, handguns, target shooting, gun collecting, self-defense, archery, ammunition, knives, gunsmithing, gun repair, and wilderness survival. We publish books on deer hunting, big game hunting, small game hunting, wing shooting, turkey hunting, deer stands, duck blinds, bowhunting, wing shooting, hunting dogs, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

T a P S Tactical Application of Practical Shooting Nov 28 2023 Recognize the void in your tactical training Train like you fight Maintain safety at all times Choose targets that force accountability Develop a series of standards Patrick McNamara spent twenty-two years in the United States Army in a myriad of special operations units. When he worked in the premier special missions unit, he became an impeccable marksman, shooting with accurate, lethal results and tactical effectiveness. McNamara has trained tactical applications of shooting to people of all levels of marksmanship, from varsity

level soldiers, U.S. Secret Service agents and police officers who work the streets to civilians with little to no time behind the trigger. His military experience quickly taught him that there is more to tactical marksmanship than merely squeezing the trigger. Utilizing his years of experience, McNamara developed a training methodology that is safe, effective and combat relevant and encourages a continuous thought process. This methodology teaches how to maintain safety at all times and choose targets that force accountability, as well as provides courses covering several categories, including individual, collective, on line and standards. TAPS: Tactical Application of Practical Shooting: Recognize the void in your tactical training will increase the confidence and efficiency in your shooting by providing training tips and courses of fire to help you significantly improve your marksmanship. Utilize his tips and techniques and reap the benefits as you shoot.

The Modern Day Gunslinger Mar 09 2022 "Serves the needs of the gun owner; the experienced shooter; those who own a weapon strictly for home-and self-defense; the military member who wants to become a better shooter in defense of our country; the law enforcement officer who risks his or her life going against the thugs of our society; and anyone interested in learning the defensive and tactical training techniques from some of the best and most experienced shooters in the world." -- Cover, p. [4]

Shooting to Live with the One-Hand Gun Feb 17 2023 Shooting to Live describes methods developed and practiced during an eventful quarter of a century and adopted by numerous police organization in the Far East and elsewhere. It covers everything from the purpose of the pistol, to selection, training, advance methods and more! This book was the first time that fighting with firearms was clearly and explicitly disassociated from classical target/range shooting. The proven techniques

displayed have spawned most modern pistol techniques because of their simplicity and effectiveness. It is written as instruction to police forces in the methods of shooting (reflexive/instinctive) and training (realistic/challenging) that the author developed over two decades active service in Shanghai.

Training Shooting Sports Oct 16 2022 *Training Shooting Sports* is especially written for young people. It is easy to understand and offers a lot of fun while practicing and playing You have already learned the basics of shooting sports and now you want to continue to improve? Then this book is the perfect training companion for you! In this book you will find important training tips for both rifle and pistol. In addition to explanations of proper technique you learn how to recognize and correct mistakes and how to do additional exercise at home. Here you will learn why flexibility, strength and speed are so important, how you can improve you fitness level and how to document your performance development. And surely you are interested in finding out how to cope with competitive pressure through conscious breathing techniques and relaxation exercise. And there is also lots of interesting information about shooting sports, tips for good nutrition, training and preparing for competition. Book jacket.

Personal Protection Training Mar 21 2023 Some Comments from Lens Students I want you to know that in my many years of being a student, you easily rank as the best teacher I have ever had. Your skill and patience has made me infinitely more comfortable with my weapons and myself. The next class you teach, I'll be there in a heartbeat. I'm sure you don't have to be reminded of the multitude of people you have touched and the positive impact you have had on firearms training overall. Bob Patridge Len has taught me to effectively and safely use a handgun and rifle and for that I will always be grateful. I look forward to the time I spend once or

twice a week under his instruction. Len has created a wide range of firearms training programs out of virtually nothing and trained a sizeable and competent cadre of firearms instructors who, like me, greatly respects the man. He is engaged with his students and always approachable. Students who have shot much longer than me comment on his great depth of knowledge and ability to improve their shooting. He clearly loves to teach the material and his enthusiasm is contagious. He has a great sense of humor and makes his classes a lot of fun. But in spite of all of this the safety of his students is always his first concern.

Dr. Noel Pillman, MD I am a retired police officer and a former police firearms instructor for over 20 years. I have been to numerous firearms training classes over the years but have not had any instructors more professional, knowledgeable, and dedicated to what they do then Len Breure.

Maurice Merabella "Len was my first real 'tactical' instructor a few years ago. He is a thorough, safe, and well versed instructor. His teaching style is unique in a way that clearly conveys lessons and makes them easy to understand for experienced shooters and novices alike. Len brings a wealth of prior "been there, done that" experience to the table that's an asset to his teaching, and is rarely found in many of the new instructors that have come to the arena since most states have enacted concealed carry laws. I continue to train with a variety of tactical instructors, and am always amazed by how much of the information Len taught me is still the foundation upon which I build." Mike VanMeeteren "I have been fortunate enough to receive numerous training courses that were being taught by Len Breure. In my opinion, Len is one of the best in the business! It is very rewarding to be able to learn from someone who has the experience and knowledge to take tactical training to the next level." Jim Bryant I first meet Len while taking my Minnesota Concealed Carry

Course in 2005. Since that time I have taken every course that Len teaches. In my opinion Len is the consummate professional, who teaches with passion and an incredible degree of knowledge. I would strongly urge anyone interested in personal protection to take Len's courses. Mike Pingel

Your Competition Handgun Training Program Jun 04 2024
Another excellent performance training product from Shooting-Performance (www.shooting-performance.com), this book will give you a complete and functional training program designed to introduce and dramatically increase skills needed to perform your best in practical handgun competitions. No matter where you are in your skill level, this book will take you higher. Dozens of competitive shooters have used this program to win their class, division, or regional titles! It is a comprehensive program that contains:
* Planning/Goal Setting Concepts
* A Full Mental Training Routine
* Physical Fitness Guidelines
* Firearm Training Drills (including a full week by week training program)
* A Vision training section
* And more! Don't forget to order the two-volume set of DVD's that compliment this book! (Competition Handgun Training Program Skills and Drills volumes 1 and 2 on Amazon)

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