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Everything Is Figureoutable Make Every Man Want You Project Me for Busy Mothers The Promise of a Pencil The Joy Diet Born For This The Awakened Woman 12 Months to \$1 Million Launch (Updated & Expanded Edition) Braving the Wilderness The Zee Files Lucky Bitch Negotiating Your Investments The Way of Integrity Chill and Prosper Women Rocking Business The Conquer Kit Blue Ocean Shift Do Less The Go-Giver Founder's FAQ Red Ocean Traps (Harvard Business Review Classics) Styled Mastering Your Mean Girl The Fearless Money Mindset Healthier Together Wellpreneur Love You This Naked Mind Money, a Love Story Ortho-Bionomy Unbound Writing The Buddha and the Badass Conquer Your Year The Magic of Tiny Business Driven to Distraction at Work Company of One Get a F*cking Grip The Law of Divine Compensation A Friend Like You

A practical and spiritual guide for working moms to learn how to have more by doing less. This is a book for working women and mothers who are ready to release the culturally inherited belief that their worth is equal to their productivity, and instead create a personal and professional life that's based on presence, meaning, and joy. As opposed to focusing on "fitting it all in," time management, and leaning in, as so many books geared at ambitious women do, this book embraces the notion that through doing less women can have--and be--more. The addiction to busyness and the obsession with always trying to do more leads women, especially working mothers, to feel like they're always failing their families, their careers, their spouses, and themselves. This book will give women the permission and tools to change the way they approach their lives and allow them to embrace living in tune with the cyclical nature of the feminine, cutting out the extraneous busyness from their lives so they have more satisfaction and joy, and letting themselves be more often instead of doing all the time. Do Less offers the reader a series of 14 experiments to try to see what would happen if she did less in one specific way. So, rather than approaching doing less as an entire life overhaul (which is overwhelming in and of itself), this book gives the reader bite-sized steps to try incorporating over 2 weeks! Can you learn to be lucky? Self-made millionaire Denise Duffield-Thomas not only believes this is possible, she knows it's possible. From being broke, hating her office job and generally having a life that made her completely miserable, Denise went on to travel the world and make all of her dreams come true within the space of a few years. She attracted more than half a million dollars- worth of free travel, scholarships, prizes and bank errors in her favour, and in this book she reveals how you can do the same. Whether you're already lucky and want to attract even more into your life, or you feel like your luck is just about to run out, Lucky Bitch will show you how to take action in areas of your life that are lacking in magic. With her trademark humour and encouragement, Denise gives clear and effective instructions based on the principles of the Law of Attraction to get you closer to living your dream life. You'll also learn the 'Ten Lucky Bitch Commandments' and how to use them to create luck in all areas of life, including business and money. This book has already changed the lives of tens of thousands of women. Now it has the potential to change yours. If you've been asking for an answer or a miracle, this book is it! The Active Living philosophy is how Lorna lives her life; by moving, nourishing and believing everyday - a practice that has evolved into a global movement. Active Living makes being fit and healthy simple because it breaks it down into a daily practice that anyone can fit into his or her busy life - it's ultimately a change in mindset. By moving your body everyday, giving your body the nutrients it needs to think and perform at it's best and going forward in life with a positive mindset you will discover an abundance of energy and mindfulness, which is vital for long-term wellbeing and improved mental health. We can choose to do anything, but not everything in life - that's why it's important to know your priorities. Founder's FAQ is an authentic guide for founders by revealing what works and what doesn't in the predictable journey of the startup. It covers the answers to all the possible questions of a founder in a startup journey--whether revealing lifesaving principles for the startup's survival path, building A+ teams, creating an evolving machine, setting up a neat culture, or interpreting the true path for the fundraising. All the chapters of the book are packed with real-life examples; from founders who scaled their startups and exited, investors of Airbnb, Coinbase, Deliveroo, Gusto, HubSpot, Instacart, Kayak, Lyft, Opendoor, Robinhood, Slack, Snapchat, Snowflake, Square, Stripe, Twilio, Udemy, to sales, marketing, and product leaders of high-growth startups. This enables you to merge practical knowledge with reality. It can undoubtedly be read cover-to-cover but invites you to open up to any page and digest a quick lesson. How would it be to write the book you're really here to write? In Unbound Writing, Nicola Humber shares years of experience as she unlocks why so many women aren't writing as their truest selves. What is holding you back? This book will take you through each layer of writing in a way that both frees you to express your unique magic and creates a rich connection with each of your potential readers. Who is it you want to write as? Who is your truest self? Learn how to realise your own process, and to trust yourself and your instincts as an author (because that is what you are!). But more importantly learn: How are you going to allow yourself to become Unbound? PRAISE FOR THE UNBOUND WRITING APPROACH 'Unbound Writing is SO much more than just words. It's an embodiment of a process that's powerful, life-changing, and truly transformative.' Jo Gifford, Author of Brilliance Unboxed 'Writing the unbound way has

been one of the most healing processes, allowing my true Self within to have a voice without restriction.' Jessy Paston, Author of Release The Wild Within 'Nicola holds a beautiful and powerful container for writing in an unbound way, activating a deep connection to your book within a magically creative process.' Angie Northwood, Author of Take Off Your Armour and Have a Cup of Tea 'Unbound Writing is about so much more than writing, it's a way of living your life. It's giving FULL permission for your creative juices to flow as well as grounding it into a tangible form that benefits all who come into contact with it.' Lola Fayemi, Founder of Boss Ass Living 'Unbound Writing takes you on an alchemical journey of creative self discovery that heals, reveals and transforms.' Alison Roe, Founder of Ali Roe Creative 'Writing in an Unbound way is about co-creating with the soul of your book in the way that it wants to be written. It has taken me on the most expansive and alchemical journey, that I never could have 'planned'. It's magical and intuitive, and the only way I will ever write from now on.' Tara Jackson, Author of Embodied and Embodied Business Nicola Humber is the author of two previous books, Heal Your Inner Good Girl and UNBOUND. She's also the founder of The Unbound Press, a soul-led publishing imprint for unbound women. This is the road map to a seven-figure business . . . in one year or less The word "entrepreneur" is today's favorite buzzword, and any aspiring business owner has likely encountered an overwhelming number of so-called "easy paths to success." The truth is that building a real, profitable, sustainable business requires thousands of hours of commitment, grit, and hard work. It's no wonder why more than half of new businesses close within six years of opening, and fewer than 5 percent will ever earn more than \$1 million annually. 12 Months to \$1 Million condenses the startup phase into one fast-paced year that has helped hundreds of new entrepreneurs hit the million-dollar level by using an exclusive and foolproof formula. By cutting out the noise and providing a clear and proven plan, this roadmap helps even brand-new entrepreneurs make decisions quickly, get their product up for sale, and launch it to a crowd that is ready and waiting to buy. This one-year plan will guide you through the three stages to your first \$1 million: • The Grind (Months 0-4): This step-by-step plan will help you identify a winning product idea, target customers that are guaranteed to buy, secure funding, and take your first sale within your first four months. • The Growth (Months 5 - 8): Once you're in business, you will discover how to use cheap and effective advertising strategies to get your product to at least 25 sales per day, so you can prove you have a profitable business. • The Gold (Months 9-12): It's time to establish series of products available for sale, until you are averaging at least 100 sales per day, getting you closer to the million-dollar mark every single day. Through his training sessions at Capitalism.com, Ryan Daniel Moran has helped new and experienced entrepreneurs launch scalable and sustainable online businesses. He's seen more than 100 entrepreneurs cross the seven-figure barrier, many of whom go on to sell their businesses. If your goal is to be a full-time entrepreneur, get ready for one chaotic, stressful, and rewarding year. If you have the guts to complete it, you will be the proud owner of a million-dollar business and be in a position to call your own shots for life. This is the first book on Ortho-Bionomy, a bodywork technique which is quickly gaining popularity among laypeople and therapists from all bodywork disciplines. Kathy Kain gives clear descriptions of the philosophy and concepts of Ortho-Bionomy. The illustrations and easy to understand technical instructions show the standard releases taught in Ortho-Bionomy classes. The student is guided from the beginning of a session to the end in learning this gentle, effective approach to somatic re-education. Ortho-Bionomy's primary benefit lies in helping people to break the cycle of pain by learning how to correct structural and somatic dysfunction and to release stress. This noninvasive, quick acting approach is an effective preparation for mobilization, movement and therapeutic exercise. This Naked Mind has ignited a movement across the country, helping thousands of people forever change their relationship with alcohol. Many people question whether drinking has become too big a part of their lives, and worry that it may even be affecting their health. But, they resist change because they fear losing the pleasure and stress-relief associated with alcohol, and assume giving it up will involve deprivation and misery. This Naked Mind offers a new, positive solution. Here, Annie Grace clearly presents the psychological and neurological components of alcohol use based on the latest science, and reveals the cultural, social, and industry factors that support alcohol dependence in all of us. Packed with surprising insight into the reasons we drink, this book will open your eyes to the startling role of alcohol in our culture, and how the stigma of alcoholism and recovery keeps people from getting the help they need. With Annie's own extraordinary and candid personal story at its heart, this book is a must-read for anyone who drinks. This Naked Mind will give you freedom from alcohol. It removes the psychological dependence so that you will not crave alcohol, allowing you to easily drink less (or stop drinking). With clarity, humor, and a unique blend of science and storytelling, This Naked Mind will open the door to the life you have been waiting for. "You have given me my live back." —Katy F., Albuquerque, New Mexico "This is an inspiring and groundbreaking must-read. I am forever inspired and changed." —Kate S., Los Angeles, California "The most selfless and amazing book that I have ever read." —Bernie M., Dublin, Ireland Want to make twice as much money with half the work? It's time to shift your mindset, recognize your worth, and become a successful entrepreneur on your own terms! 'Denise is a much-needed voice of practical wisdom.' Marie Forleo, founder of B-School Feeling burned-out by your business? Sick of the 'hustle and grind' culture of your industry? There's a better way. Get over your perfectionism, chill, and prosper! With her trademark humour and down-to-earth wisdom, money mindset coach Denise Duffield-Thomas shares the invaluable business and counterintuitive millionaire mindset lessons (no blood, sweat or tears necessary) that will set you on the path of abundance – without all the hard work. You'll discover how to find the business model that works perfectly for your personality, and learn key concepts – such as the Golden Goose and the Keyless Life – to help you work less and earn more. Plus, Denise talks you through the small but important details of being an entrepreneur, including how to deal with awkward money situations and find the most effective ways to price offers. With real business case studies and practical advice, Chill and Prosper challenges the old, boring assumptions of what it takes to create success. This is a revised and updated edition of the book previously published as Chillpreneur. #1 NEW YORK TIMES BESTSELLER •

REESE'S BOOK CLUB PICK • A timely and important book that challenges everything we think we know about cultivating true belonging in our communities, organizations, and culture, from the #1 bestselling author of *Rising Strong*, *Daring Greatly*, and *The Gifts of Imperfection* Don't miss the five-part HBO Max docuseries *Brené Brown: Atlas of the Heart!* "True belonging doesn't require us to change who we are. It requires us to be who we are." Social scientist Brené Brown, PhD, MSW, has sparked a global conversation about the experiences that bring meaning to our lives—experiences of courage, vulnerability, love, belonging, shame, and empathy. In *Braving the Wilderness*, Brown redefines what it means to truly belong in an age of increased polarization. With her trademark mix of research, storytelling, and honesty, Brown will again change the cultural conversation while mapping a clear path to true belonging. Brown argues that we're experiencing a spiritual crisis of disconnection, and introduces four practices of true belonging that challenge everything we believe about ourselves and each other. She writes, "True belonging requires us to believe in and belong to ourselves so fully that we can find sacredness both in being a part of something and in standing alone when necessary. But in a culture that's rife with perfectionism and pleasing, and with the erosion of civility, it's easy to stay quiet, hide in our ideological bunkers, or fit in rather than show up as our true selves and brave the wilderness of uncertainty and criticism. But true belonging is not something we negotiate or accomplish with others; it's a daily practice that demands integrity and authenticity. It's a personal commitment that we carry in our hearts." Brown offers us the clarity and courage we need to find our way back to ourselves and to each other. And that path cuts right through the wilderness. Brown writes, "The wilderness is an untamed, unpredictable place of solitude and searching. It is a place as dangerous as it is breathtaking, a place as sought after as it is feared. But it turns out to be the place of true belonging, and it's the bravest and most sacred place you will ever stand." This is the ultimate planning system to help you stay on track with your entrepreneurial goals. In *The Conquer Kit*, Natalie MacNeil handed you the tools to put your creative genius to work designing an airtight business plan. This new and inspiring guide takes you even further toward success, making it a perfect companion as well as a valuable resource in its own right. Designed to be picked up at any time of year, *Conquer Your Year* will help you put your ideas into action, keeping you on track with helpful tips and engaging exercises aimed towards setting achievable goals. With monthly themes, daily schedules, big picture goal setting, space to manage projects, and even daily doodles and inspiration, this really is the one-stop planner every entrepreneur needs on her desk. Are you driven to distraction at work? Bestselling author Edward M. Hallowell, MD, the world's leading expert on ADD and ADHD, has set his sights on a new goal: helping people feel more in control and productive at work. You know the feeling: you can't focus; you feel increasingly overwhelmed by a mix of nonstop demands and technology that seems to be moving at the speed of light; and you're frustrated just trying to get everything done well—and on time. Not only is this taking a toll on performance, it's impacting your sense of well-being outside the office. It's time to reclaim control. Dr. Hallowell now identifies the underlying reasons why people lose their ability to focus at work. He explains why commonly offered solutions like "learn to manage your time better" or "make a to-do list" don't work because they ignore the deeper issues that are the true causes of mental distraction. Based on his years of helping clients develop constructive ways to deal with distraction, Dr. Hallowell provides a set of practical and reliable techniques to show how to sustain a productive mental state. In Part 1 of the book, he identifies the six most common ways people lose the ability to focus at work—what he calls "screen sucking" (internet/social media addiction), multitasking, idea hopping (never finishing what you start), worrying, playing the hero, and dropping the ball—and he explains the underlying psychological and emotional dynamics driving each behavior. Part 2 of the book provides advice for "training" your attention overall, so that you are less susceptible to surrendering it, in any situation. The result is a book that will empower you to combat each one of these common syndromes—and clear a path for you to achieve your highest personal and professional goals. Winner of a 2017 NAACP Image Award for Outstanding Literary Work, this moving manifesto "empowers women to access a fearlessness that will enable community progress" (*Essence*). Through one incredible woman's journey from a small Zimbabwe village to becoming one of the world's most recognizable voices in women's empowerment and education, this book "can help any woman achieve her full potential" (*Kirkus Reviews*). Before Tererai Trent landed on Oprah's stage as her "favorite guest of all time," she was a woman with a forgotten dream. As a young girl in a cattle-herding village in Zimbabwe, she dreamed of receiving an education but instead was married young and by eighteen, without a high school graduation, she was already a mother of three. Tererai encountered a visiting American woman who assured her that anything was possible, reawakening her sacred dream. Tererai planted her dreams deep in the earth and prayed they would grow. They did, and now not only has she earned her PhD but she has also built schools for girls in Zimbabwe, with funding from Oprah. *The Awakened Woman: A Guide for Remembering & Igniting Your Sacred Dreams* is her accessible, intimate, and evocative guide that teaches nine essential lessons to encourage all women to reexamine their dreams and uncover the power hidden within them—power that can recreate our world for the better. Tererai points out that there is a massive, untapped, global resource in women who have, for one reason or another, set aside their wisdom, their skills, and their dreams in order to take care of the personal business of their lives. Not only is this a type of invisible suffering experienced by countless women, this rich resource is a secret weapon for improving our world. Women have the capacity to inspire, to create, to transform—and Tererai's call to action "shines as a beacon of hope to women everywhere" (Danica McKellar, actress and *New York Times* bestselling author). - You know the key to having more energy has nothing to do with crystals and chakras... and everything to do with how much sleep you get. - You know that neglecting your friends will leave you destitute and lonely... but you're still too damn lazy to pick up your phone and get in touch. - You know you could get through your to-do list in half the time... yet you're still stalking your ex on Facebook. - You know you just need a kick up the backside... and that's what you'll find within the pages of this book. *Get A F*cking Grip* is the self-help book for people who hate self-help, offering simple no-nonsense advice that you can

implement into all areas of your life, allowing you to get on with everything you've always wanted to do. Learning how to get a f*cking grip is the key to taking back control of your life. As established markets become less profitable, companies increasingly need to find ways to create and capture new markets. Despite much investment and commitment, most firms struggle to do this. What, exactly, is getting in their way? World-renowned professors W. Chan Kim and Renee Mauborgne, the authors of the best-selling book *Blue Ocean Strategy* have spent over a decade exploring that question. They have seen that the trouble lies in managers' mental models--ingrained assumptions and theories about the way the world works. Though these models may work perfectly well in mature markets, they undermine executives' attempts to discover uncontested new spaces with ample potential (blue oceans) and keep companies firmly anchored in existing spaces where competition is bloody (red oceans). In this bound version of their bestselling Harvard Business Review classic article, they describe how to break free of these red ocean traps. To do that, managers need to: (1) Focus on attracting new customers, not pleasing current customers; (2) Worry less about segmentation and more about what different segments have in common; (3) Understand that market creation is not synonymous with either technological innovation or creative destruction; and (3) Stop focusing on premium versus low-cost strategies. The Harvard Business Review Classics series offers you the opportunity to make seminal Harvard Business Review articles a part of your permanent management library. Each highly readable volume contains a groundbreaking idea that continues to shape best practices and inspire countless managers around the world--and will have a direct impact on you today and for years to come. One of Book Authority's Best Self-Esteem eBooks of All Time Ready to live your dream life? You know that sneaky voice inside your head telling you that you're not good enough, smart enough, pretty enough, whatever enough? That's your Mean Girl. And she's doing her best to keep you stuck in Fear Town, too scared to go after the life you always imagined. But enough's enough! Melissa Ambrosini has made a life beyond her wildest dreams, all by mastering her Mean Girl, busting through limiting beliefs and karate-chopping through the fears that held her hostage for years. And now she wants to help you remember not only what you are capable of, but how amazing you truly are! In this inspiring, upbeat guide, Melissa provides a practical plan for creating your own version of a kick-ass life — one that's wildly wealthy, fabulously healthy and bursting with love. Designed to propel you out of stuck-ness and into action, this is a must read if you're ready to let go of your Mean Girl and start living the life of your dreams. **NEW YORK TIMES BESTSELLER** • The ultimate guide to thinking like a stylist, with 1,000 design ideas for creating the most beautiful, personal, and livable rooms. It's easy to find your own style confidence once you know this secret: While decorating can take months and tons of money, styling often takes just minutes. Even a few little tweaks can transform the way your room feels. At the heart of *Styled* are Emily Henderson's ten easy steps to styling any space. From editing out what you don't love to repurposing what you can't live without to arranging the most eye-catching vignettes on any surface, you'll learn how to make your own style magic. With Emily's style diagnostic, insider tips, and more than 1,000 unique ideas from 75 envy-inducing rooms, you'll soon be styling like you were born to do it. A new edition with expanded content is available now, "The Go-Giver, Expanded Edition: A Little Story About a Powerful Business Idea" An engaging book that brings new relevance to the old proverb "Give and you shall receive" The Go-Giver tells the story of an ambitious young man named Joe who yearns for success. Joe is a true go-getter, though sometimes he feels as if the harder and faster he works, the further away his goals seem to be. And so one day, desperate to land a key sale at the end of a bad quarter, he seeks advice from the enigmatic Pindar, a legendary consultant referred to by his many devotees simply as the Chairman. Over the next week, Pindar introduces Joe to a series of "go-givers:" a restaurateur, a CEO, a financial adviser, a real estate broker, and the "Connector," who brought them all together. Pindar's friends share with Joe the Five Laws of Stratospheric Success and teach him how to open himself up to the power of giving. Joe learns that changing his focus from getting to giving—putting others' interests first and continually adding value to their lives—ultimately leads to unexpected returns. Imparted with wit and grace, *The Go-Giver* is a heartwarming and inspiring tale that brings new relevance to the old proverb "Give and you shall receive." From the Hardcover edition. A healthy cookbook to share with a partner, featuring more than 100 recipes designed to nourish your bodies and souls. An Epicurious Best Cookbook for Spring • "Healthier Together focuses on real whole foods and bringing community together."—Kelly LeVeque, celebrity nutritionist and bestselling author of *Body Love* Food writer and health blogger Liz Moody once followed trendy diets and ate solely for fuel, not for flavor. That changed when she met her soon-to-be-boyfriend and they started cooking nutrient- and vegetable-rich meals. She not only fell in love with food again, but she also discovered that setting goals and sticking to them is easier and more gratifying when paired with someone else. Mincing garlic and sautéing onions together eventually led the couple to marriage—proving that good food really is the universal connector! These 100+ flavor-packed recipes are designed to be cooked and enjoyed by two people, plus they're all gluten-free, dairy-free, and plant-centered. They include homemade alternatives for all the foods you love to share, such as brunch, takeout, and sweet treats. Indulge in Cardamom Banana Bread Pancakes with Candied Coffee Walnuts, Cornflake "Fried" Chicken, General Tso's Cauliflower, and Chocolate Tahini Brownie Bites. Pick your partner—near or far—and get ready to get healthy. Praise for *Healthier Together* "This cookbook is one you'll be reaching for time and time again when you need healthy food that is satisfying and delicious."—Tieghan Gerard "Liz Moody offers heaps of tasty recipes packed with great ingredients."—Real Simple "Healthier Together is a brilliant concept! Cooking with a friend/partner/mom is so much better than cooking alone, plus having a partner will keep you both accountable on your healthy eating journey."—Gina Homolka "Liz does an amazing job helping you make delicious food in a way that is both feasible and fun."—Rachel Mansfield "Liz's book overflows with food made to share, healthy but with all the comfort and flavor that brings happy people around the table."—Daphne Oz "Liz's message is profound, yet so simple . . . you need to have both whole foods and whole, real relationships to truly be healthy and happy. This book makes eating healthy a celebration, not a sacrifice, and it brings an arsenal of fresh and flavorful

recipes that are fun to make and eat!”—Jeanine Donofrio *The Fearless Money Mindset* provides you with seven principles and tools to eliminate any fears that you may have around money. It doesn't matter what your current income is, the person who has a 7 figure salary can still be living below their potential. This book serves as a guide for you to operate at your best and highest self in the area of your finances, business, and life. Many people have more fear in being broke, rather than faith in having abundance. This shift is what you need to go from lack to more than enough. Discover a menu of ten behaviors you can add to your way of living and thinking to enhance every day's journey through the unpredictable terrain of your existence. Add these behaviors gradually and watch your life become steadily more vivid and satisfying. Or you can go on a “crash Joy Diet” to help you navigate life's emergencies. The ten menu items are:

- Nothing: Do nothing for fifteen minutes a day. Stop mindlessly chasing goals and figure out which goals are worth going after.
- Truth: Create a moment of truth to help you unmask what you're hiding—from others and from yourself.
- Desire: Identify, articulate, and explore at least one of your heart's desires—and learn how to let yourself want what you want.
- Creativity: Learn six new ways to develop at least one new idea to help you obtain your heart's desire.
- Risk: Take one baby step toward reaching your goal. The only rule is it has to scare the pants off you.
- Treats: Give yourself a treat for every risk you take and two treats just because you're you. No exceptions. No excuses.
- Play: Take a moment to remember your real life's work and differentiate it from the games you play to achieve it. Then play wholeheartedly.
- Laughter: Laugh at least thirty times a day. Props encouraged.
- Connection: Use your Joy Diet skills to interact with someone who matters to you.
- Feasting: Enjoy at least three square feasts a day, with or without food.

No matter what your long-term goals are, *The Joy Diet*, written with Martha Beck's inimitable blend of wisdom, practical guidance, and humor, will help you achieve the immediate gift of joyful living in the here and now. Begin your journey today. Why do some wellness entrepreneurs find freedom, flexibility and a healthy income online - while others get stuck spinning their wheels, never finding clients or making sales? It's not about who has the best website, or who spends more time on social media. The secret is in the system. Wellpreneurs who find clients online have a system in place that failing wellpreneurs don't. This system brings more of the right people to your website, and turns them into paying clients. It's this proven, step-by-step system you'll learn in this book. *Wellpreneur* is a guide to nailing your niche and finding more clients online, written just for wellness entrepreneurs. If you're a health coach, yoga teacher, personal trainer, nutritionist or other wellness professional, you'll:

- Get total clarity on your target market, so you know exactly who you're serving (and why).
- Learn the proven five-step Organic Growth System to attract ideal prospects to your website and turn them into paying clients.
- Peek inside the businesses of successful wellpreneurs, to learn how they grew profitable wellness businesses online.
- Streamline your online marketing, so you can spend less time marketing, and more time doing work you love!

The New York Times bestselling author of *The \$100 Startup*, Chris Guillebeau shows us how to enjoy greater career success and personal fulfillment by finding the work we were born to do, whether within a traditional company or business, or by striking out on our own. *Born For This* helps you create your own self-styled career with a practical, step-by-step guide to finding work that feels so right it doesn't even seem like work. Learn how to:

- Launch a side job that turns a passion into a profitable business.
- Win the career lottery by finding a dream position within a traditional organization.
- Become a DIY rock star by fashioning an entirely new profession around your varied interests.
- OR hack an existing humdrum job into work you will love.

Guillebeau offers an actionable method and framework for turning our passions into paychecks. *Unleash Your Irresistibility!* “Make Every Man Want You gives every woman the tools she needs to unlock her inner magnet.” --Kelly Ripa Let's make one thing clear: this book is like no other dating book you've read. There are no rules, no list of things to do to land a husband in thirty days, and no reason to blame yourself if “he's just not that into you.” Please. Throw those books away. Instead, let's focus on you--and how you can make yourself more appealing to others in almost every situation--whether you have a man or not. Think of it as a crash course in desirability, a life-changing lesson in loving yourself inside and out. Once you embrace your unique qualities and dissolve your bad relationship habits, you'll be amazed to find how irresistible you are to others! This girl-friendly guide reveals:

- Five Truths Every Irresistible Woman Needs to Know: Live in the moment, Men do not want to be changed or improved
- Seven Habits of Highly Unattractive Women: Boring in bed, Being needy
- Eight Secrets of Attracting the Right Man for You: Get rid of your "perfect man" checklist, Have your own life
- Can a woman like me, with just the spark of an idea, actually start a business and make money? Can I have a meaningful career that fits into my life, instead of fitting my life into the cracks of my work schedule?

If you're asking these questions, you've come to the right place—and the answer is a resounding YES! Sage Lavine is the CEO of Women Rocking Business, a consulting and coaching organization that has helped nearly 100,000 aspiring women entrepreneurs around the globe to build businesses that change the world. Her revolutionary approach is based on honoring innate feminine values: we become thriving entrepreneurs by empowering others rather than having power over them, working in a spirit of collaboration rather than competition, and prioritizing contribution rather than gain. In this book, Sage gives you the road map that has guided thousands of her clients—professional women in fields from health care to manufacturing to consulting, from therapists and artists to yoga teachers and real estate agents—to build their own successful and sustainable businesses on their own terms. You'll learn how to:

- Identify your gift to the world
- Heal your relationship with money
- Build a support network of entrepreneurial sisters
- Plan winning strategies for marketing, sales, and service
- Achieve success by working just 12 days a month (yes, it's true!)
- And much more

Filled with real-life case studies, integration exercises, and practical advice on every aspect of entrepreneurship, *Women Rocking Business* is an answered prayer for any woman who wants to get a business off the ground or take it to the next level. If you're ready to make the difference you were born to make, Sage is ready to show you the way. You've got this! **OPRAH'S BOOK CLUB PICK** **AN INSTANT NEW YORK TIMES BESTSELLER** “A roadmap on the journey to truth and authenticity... [The Way of Integrity] is filled with aha moments and practical exercises

that can guide us as we seek enlightenment.” –Oprah Winfrey Bestselling author, life coach, and sociologist Martha Beck explains why “integrity”—needed now more than ever in these tumultuous times—is the key to a meaningful and joyful life As Martha Beck says in her book, “Integrity is the cure for psychological suffering. Period.” In *The Way of Integrity*, Beck presents a four-stage process that anyone can use to find integrity, and with it, a sense of purpose, emotional healing, and a life free of mental suffering. Much of what plagues us—people pleasing, staying in stale relationships, negative habits—all point to what happens when we are out of touch with what truly makes us feel whole. Inspired by *The Divine Comedy*, Beck uses Dante’s classic hero’s journey as a framework to break down the process of attaining personal integrity into small, manageable steps. She shows how to read our internal signals that lead us towards our true path, and to recognize what we actually yearn for versus what our culture sells us. With techniques tested on hundreds of her clients, Beck brings her expertise as a social scientist, life coach and human being to help readers to uncover what integrity looks like in their own lives. She takes us on a spiritual adventure that not only will change the direction of our lives, but also bring us to a place of genuine happiness. Marianne Williamson is a bestselling author (*Return to Love, Healing the Soul of America*), a world-renowned teacher, and one of the most important inspirational thinkers of our time. In *The Law of Divine Compensation*, she reveals the spiritual principles that help us overcome financial stress and unleash the divine power of abundance. A guru to anyone interested in spirituality, Williamson’s words ring with power and truth as she assures us that, with faith in God’s promise of prosperity for all, we need never fear the future. *The Conquer Kit* is a canvas for your dreams and goals. You are invited to sketch, scribble, collage, and write all over these pages, all while developing an airtight business plan with proven strategies for success. Author and entrepreneur Natalie MacNeil guides you to tap into your creative genius, build a strong foundation with the four pillars that hold up every thriving business, create heart-centric product and marketing plans, put together your A-team, envision the bigger picture, map your next steps, and ultimately bring your dream business to life. So what are you waiting for? Dive in. Explore. Envision. Create.

CONQUER. A #1 New York Times Bestseller "This book will change lives." --Elizabeth Gilbert, author of *Eat, Pray, Love Now* in paperback with a new prologue, the indispensable handbook for becoming the creative force of your own life by the host of the award-winning *MarieTV* and *The Marie Forleo Podcast*. While most self-help books offer quick fixes, *Everything is Figureoutable* will retrain your brain to think more creatively and positively in the face of setbacks. In the words of Cheryl Strayed, it's "a must-read for anyone who wants to face their fears, fulfill their dreams, and find a better way forward." If you're having trouble solving a problem or reaching a dream, the problem isn't you. It's that you haven't yet installed the one belief that changes everything. Marie's mom once told her, "Nothing in life is that complicated. You can do whatever you set your mind to if you roll up your sleeves. Everything is figureoutable." Whether you want to leave a dead end job, break an addiction, learn to dance, heal a relationship, or grow a business, *Everything is Figureoutable* will show you how. In this revised and updated edition, you'll learn: The habit that makes it 42% more likely you'll achieve your goals. How to overcome a lack of time and money. How to deal with criticism and imposter syndrome. It's more than just a fun phrase to say. It's a philosophy of relentless optimism. A mindset. A mantra. A conviction. Most important, it's about to make you unstoppable. Get smart about personal finance with the art and science of negotiation *Negotiating Your Investments* is an in-depth guide to applying the principles of negotiation to your personal finances. With expert insight into the before, during, and after of a successful negotiation, you'll learn how to prepare for and conduct important financial discussions with an eye toward getting the best possible outcome. The book contains practical, actionable guidance toward pursuing what you really want, and tools that can greatly improve your chances of getting it. Clear, concrete advice describes how to influence the other side, avoid being taken advantage of, and direct the conversation to your advantage. As a rule, investors fail to negotiate over financial matters, to their great detriment. Improving returns, or reducing fees, by a mere 1 percent per year can make a remarkable difference in your bottom line. For example, a million dollar investment that returns 7.5 percent rather than 6.5 percent, over 30 years, will put an extra \$2.1 million dollars in your pocket. On the other hand, that much money could easily go straight into someone else's purse. With that much money at stake, good negotiating practices become extremely valuable. *Negotiating Your Investments* provides the skills and tools you need to hold your own at the negotiating table while offering advice you can put to work immediately. Topics include: The elements of negotiation – identifying goals, interests, commitments, alternatives, and power Preparation, information exchange, bargaining, and closing and commitment – the four phases of negotiation Asymmetric information, conflicts of interest, professionalism, and whom to trust Investment vehicles and the economic science that lies behind wise investing Hard economic truths involving past results, rational market pricing, diversification, interest rates, and the effect of costs on investment returns While the focus is on personal finance, the book also includes techniques, analysis, and examples drawn from award winning negotiation courses. It explores the basic theoretical models of bargaining in depth. With *Negotiating Your Investments*, you'll gain the skills and confidence you need to be smarter, and get better outcomes, in both your financial affairs and the many other negotiations you conduct every day. What if the real key to a richer and more fulfilling career was not to create and scale a new start-up, but rather, to be able to work for yourself, determine your own hours, and become a (highly profitable) and sustainable company of one? Suppose the better--and smarter--solution is simply to remain small? This book explains how to do just that. *Company of One* is a refreshingly new approach centered on staying small and avoiding growth, for any size business. Not as a freelancer who only gets paid on a per piece basis, and not as an entrepreneurial start-up that wants to scale as soon as possible, but as a small business that is deliberately committed to staying that way. By staying small, one can have freedom to pursue more meaningful pleasures in life, and avoid the headaches that result from dealing with employees, long meetings, or worrying about expansion. *Company of One* introduces this unique business strategy and explains how to make it work for you, including how to generate cash flow on an ongoing basis. Paul Jarvis left the corporate world when

he realized that working in a high-pressure, high profile world was not his idea of success. Instead, he now works for himself out of his home on a small, lush island off of Vancouver, and lives a much more rewarding and productive life. He no longer has to contend with an environment that constantly demands more productivity, more output, and more growth. In *Company of One*, Jarvis explains how you can find the right pathway to do the same, including planning how to set up your shop, determining your desired revenues, dealing with unexpected crises, keeping your key clients happy, and of course, doing all of this on your own. "This is a powerful book--tiny is mighty. Sharon Rowe's simple shift in thinking is a profound idea, precisely what we need to hear." --Seth Godin, author of *Linchpin* Too many of us feel trapped by work that keeps us from living our purpose. We fantasize about starting our own business, yet we're warned against falling into debt, working eighty hours a week, and coping with the pressure to grow. Eco-Bags Products founder Sharon Rowe says there's another way: go tiny. Like a tiny house, a tiny business is built on maintaining a laser focus on what is essential by living an intentional life. As an entrepreneur and mother, Rowe is most concerned with putting family first, maintaining financial security, and doing something that makes an impact in the world. Using the success story of Eco-Bags Products, Rowe distills the step-by-step process of building a profitable, right-scaled, sustainable venture that doesn't compromise your values. She shows you how to test your concept, manage your money and priorities, and more, while staying true to the "tiny" ethos. **NEW YORK TIMES BESTSELLER #1 WALL STREET JOURNAL BESTSELLER** *Blue Ocean Shift* is the essential follow up to *Blue Ocean Strategy*, the classic and over 4 million copy global bestseller by world-renowned professors W. Chan Kim and Renee Mauborgne. Drawing on more than a decade of new work, Kim and Mauborgne show you how to move beyond competing, inspire your people's confidence, and seize new growth, guiding you step-by-step through how to take your organization from a red ocean crowded with competition to a blue ocean of uncontested market space. By combining the insights of human psychology with practical market-creating tools and real-world guidance, Kim and Mauborgne deliver the definitive guide to shift yourself, your team, or your organization to new heights of confidence, market creation, and growth. They show why nondisruptive creation is as important as disruption in seizing new growth. *Blue Ocean Shift* is packed with all-new research and examples of how leaders in diverse industries and organizations made the shift and created new markets by applying the process and tools outlined in the book. Whether you are a cash-strapped startup or a large, established company, nonprofit or national government, you will learn how to move from red to blue oceans in a way that builds your people's confidence so that they own and drive the process. With battle-tested lessons learned from successes and failures in the field, *Blue Ocean Shift* is critical reading for leaders, managers, and entrepreneurs alike. You'll learn what works, what doesn't, and how to avoid the pitfalls along the way. This book will empower you to succeed as you embark on your own blue ocean journey. *Blue Ocean Shift* is indispensable for anyone committed to building a compelling future. From the creator of *Product Launch Formula: A new edition of the #1 New York Times best-selling guide that's redefined online marketing and helped countless entrepreneurs make millions.* The revised and updated edition of the #1 New York Times bestseller *Launch* will build your business - fast. Whether you've already got an online business or you're itching to start one, this is a recipe for getting more traction and a fast start. Think about it: What if you could launch like Apple or the big Hollywood studios? What if your prospects eagerly counted down the days until they could buy your product? And you could do it no matter how humble your business or budget? Since 1996, Jeff Walker has been creating hugely successful online launches. After bootstrapping his first Internet business from his basement, he quickly developed a process for launching new products and businesses with unprecedented success. And once he started teaching his formula to other entrepreneurs, the results were simply breathtaking. Tiny, home-based businesses started doing launches that brought in tens of thousands, hundreds of thousands, and even millions of dollars. Whether you have an existing business or you're starting from scratch, this is how you start fast. This formula is how you engineer massive success. Now the question is this: Do you want to start slow, and fade away from there? Or are you ready for a launch that will change the future of your business and your life? Fans of the bestselling Mackenzie Blue books will love this spin-off series that follows Zee's new adventures across the pond—in London! **MOM'S CHOICE AWARDS® Gold Recipient 2021 American Fiction Awards Finalist, Young Adult category Winner, 2022 IndieReader Discovery Awards Mackenzie ("Zee") Blue Carmichael** has never eaten fish 'n' chips, never slept away from home longer than a few nights, and knows nothing about London. But after her family relocates for her dad's new job, 13-year-old Zee leaves her old life in California behind for a new one in England. Zee lands in London and at her new boarding school, The Hollows, hoping to find new friends and jump-start her music career. All of that proves difficult between a chilly roommate, a BFF who's gone MIA, and distractions from the poshest—and cutest—student in her grade. Will Zee thrive in her new environment, and will London end up not being so bad after all? What readers are saying about *The Zee Files: ?????* "My daughter read this in just over a day!" ????? "Got this for my daughter for her 10th birthday! We read it together and absolutely LOVED the book!" ????? "We gave this book to my niece, and she loved it! She can't wait to see what happens next in the second book." "There's nothing in the world like a wonderful friend. Friends are there to laugh with you and ready with a hug when you need one. Adventure friends and study friends. There are forever friends and brand new friends. In this book, celebrate ALL the marvelous ways to be a friend!"-- **NEW YORK TIMES, USA TODAY, AND #1 WALL STREET JOURNAL BESTSELLER** • Forget hustling. This book, from the author of *The Code of the Extraordinary Mind*, will disrupt your deeply held beliefs about work, success, and, indeed, life. If you're the average person in the developed world, you spend 70 percent of your waking hours at work. And if you're the average person, you're miserable for most of those hours. This is simply not an acceptable state of affairs for your one shot at life. No matter your station, you possess incredible unique powers. It's a modern myth that hard work and hustle are the paths to success. Inside you is a soul. And once you unleash it fully into the domain of work, magic happens. Awakening the Buddha and the Badass inside you is a process that will disrupt the way you work

altogether. You'll gain access to tools that bend the very rules of reality. • The Buddha is the archetype of the spiritual master. The person who can live in this world but also move with an ease, grace, and flow that comes from inner awareness and alignment. • The Badass is the archetype of the changemaker. This is the person who is out there creating change, building, coding, writing, inventing, leading. The badass represents the benevolent disruptor—the person challenging the norms so we can be better as a species. Once you integrate the skill sets of both archetypes, you will experience life at a different level from most people. You will operate from a space of bliss, ease, inspiration, and abundance. The Buddha and the Badass: The Secret Spiritual Art of Succeeding at Work will show you how. Author of the New York Times bestseller The Code of the Extraordinary Mind and founder of Mindvalley, Vishen Lakhiani has turned his own life and company into his research lab. He's codified everything he's learned into the how-to steps in this book. The Buddha and the Badass teaches you how to master your work and your life. Do the demands of motherhood tip you out of balance, leaving some parts of your life brushed aside? Are you pulled in all directions - never sure if anything you're doing is 'good enough'? Project Me for Busy Mothers is the essential go-to guide for modern mothers who want to take control of their lives. Become the expert of you and your family by doing the Project Me Life Wheel® assessment, then head straight to the life area chapter that needs your focus first - family, love, health, money, personal growth, productivity, work or fun. You'll soon gain a fresh perspective and become proactive about your own happiness. Filled with practical strategies, guiding questions, inspirational accounts, and a treasure trove of recommended resources, this workbook and guide will motivate you to become the project manager of your life. This the story of how a young man turned \$25 into more than 200 schools around the world and the guiding steps anyone can take to lead a successful and significant life. The author began working summers at hedge funds when he was just sixteen years old, sprinting down the path to a successful Wall Street career. But while traveling he met a young boy begging on the streets of India, who after being asked what he wanted most in the world, simply answered, "A pencil." This small request led to a staggering series of events that took the author backpacking through dozens of countries before eventually leaving one of the world's most prestigious jobs at Bain & Company to found Pencils of Promise, the organization he started with just \$25 that has since built more than 200 schools around the world. This book chronicles the author's journey to find his calling, as each chapter explains one clear step that every person can take to turn your biggest ambitions into reality, even if you start with as little as \$25. His story takes readers behind the scenes with business moguls and village chiefs, world-famous celebrities and hometown heroes. It is filled with compelling stories and shareable insights. All proceeds from this book support Pencils of Promise.

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