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For the Common Defense Understanding the U.S. Military

Fundamentals of Military Medicine *10 Excellent Reasons Not to Join the Military* *The Military Enlightenment* **Enlisted Soldier's Guide** **The Military Balance 2022** **How Everything Became War and the Military Became Everything** **Blacks and the Military** *Scraping the Barrel: The Military Use of Sub-Standard Manpower* **Inclusion in the American Military** *The U.S. Military and Civil Rights Since World War II* *Integration of the Armed Forces, 1940-1965* **Irregular Army** **How to Control the Military** *The Handy Armed Forces Answer Book* *American Military History, Volume II* **Animals in the Military** *Women in the Military* **Women in the Military As You Were** *The Medal of Honor* **Regulations for the Military Forces of the State of New York** *Joining the United States Army* **Strengthening the Military Family Readiness System for a Changing American Society** **Integrating the US Military** *Courage in Combat* **Women in the Military** **Reorganization of the Army** *Assessing Fitness for Military Enlistment* **Joining the United States Navy** *AWOL* *Combat-Ready Kitchen* **Barron's Guide to Military Careers** **The Mission: Waging War and Keeping Peace with America's Military** **The Marines** *Military Virtues* **Stories in Uniform** *Handbook of the Sociology of the Military* *Out of the Crucible*

There's a lot more than hype behind those recruitment spots that announce: "Be all that you can be!" ... "Aim High!" and "It's More Than a Job--It's an Adventure!" In fact, America's modern military service branches offer young men and women training that prepares them for hundreds of different, highly rewarding manual, technical, and professional occupations. Barron's Guide to Military Careers is a must-read volume for everybody considering a career in the army, air force, navy, marines, or coast guard. The book features an inventory of each branch's major military equipment, resource listings that include available publications and videos, and a glossary of military terms. It also describes military training and available academic and special training programs, as well as ROTC programs. Among the military career opportunities described in this book are those in administration, aviation, combat, construction, engineering, health, human services, law enforcement, machine work, public affairs, ship operations, and many more. "In the quarter century that followed American entry into World War II, the nation's armed forces moved from the reluctant inclusion of a few segregated Negroes to their routine acceptance in a racially integrated military establishment. Nor was this change confined to military installations. By the time it was over, the armed forces had redefined their traditional obligation for the welfare of their members to include a promise of equal treatment for black servicemen wherever they might be. In the name of equality of treatment and opportunity, the Department of Defense began to challenge racial injustices deeply rooted in American society. For all its sweeping implications, equality in the armed forces obviously had its pragmatic aspects. In one sense it was a practical answer to pressing political problems that had plagued several national administrations. In another, it was the services' expression of those liberalizing tendencies that were permeating American society during the era of civil rights activism. But to a considerable extent the policy of racial equality that evolved in this quarter century was also a response to the need for military efficiency. So easy did it become to demonstrate the connection between inefficiency and discrimination that, even when other reasons existed, military efficiency was the one most often evoked by defense officials to justify a change in racial policy." x000D_ Morris J. MacGregor, Jr., received the A.B. and M.A. degrees in history from the Catholic University of America. He continued his graduate studies at the Johns Hopkins University and the University of Paris on a Fulbright grant. Before joining the staff of the U.S. Army Center of Military History in 1968 he served for ten years in the Historical Division of the Joint Chiefs of Staff. Since the launch of the Afghanistan and Iraq wars—now the longest wars in American history—the US military has struggled to recruit troops. It has responded, as Matt Kennard's explosive investigative report makes clear, by opening its doors to neo-Nazis, white supremacists, gang members, criminals of all stripes, the overweight, and the mentally ill. Based on

several years of reporting, Irregular Army includes extensive interviews with extremist veterans and leaders of far-right hate groups—who spoke openly of their eagerness to have their followers acquire military training for a coming domestic race war. As a report commissioned by the Department of Defense itself put it, "Effectively, the military has a 'don't ask, don't tell' policy pertaining to extremism." Irregular Army connects some of the War on Terror's worst crimes to this opening-up of the US military. With millions of veterans now back in the US and domestic extremism on the rise, Kennard's book is a stark warning about potential dangers facing Americans—from their own soldiers. The Medal of Honor may be America's highest military decoration, but all Medals of Honor are not created equal. The medal has in fact consisted of several distinct decorations at various times and has involved a number of competing statutes and policies that rewarded different types of heroism. In this book, the first comprehensive look at the medal's historical, legal, and policy underpinnings, Dwight S. Mears charts the complex evolution of these developments and differences over time. The Medal of Honor has had different qualification thresholds at different times, and indeed three separate versions—one for the army and two for the navy—existed contemporaneously between World Wars I and II. Mears traces these versions back to the medal's inception during the Civil War and continues through the ongoing wars in Iraq and Afghanistan—along the way describing representative medal actions for all major conflicts and services as well as legislative and policy changes contemporary to each period. He gives particular attention to retroactive army awards for the Civil War; World War I legislation that modernized and expanded the army's statutory award authorization; the navy's grappling with both a combat and noncombat Medal of Honor through much of the twentieth century; the Vietnam-era act that ended noncombat awards and largely standardized the Medal of Honor among all services; and the perceived decline of Medals of Honor awarded in the ongoing Global War on Terror. Mears also explores the tradition of awards via legislative bills of relief; extralegislative awards; administrative routes to awards through Boards of Correction of Military Records; restoration of awards previously revoked by the army in 1917; judicial review of military actions in federal court; and legislative actions intended to atone for historical discrimination against ethnic minorities. Unprecedented in scope and depth, his work is sure to be the definitive resource on America's highest military honor. Through examinations of U.S. military racial and gender integration efforts and its handling of sexuality, this book argues that the need for personnel filling the ranks has forced the armed services to be pragmatically progressive since World War II. The integration of African Americans and women into the United States Armed Forces after World War II coincided with major social movements in which marginalized civilians demanded equal citizenship rights. As this book explores, due to personnel needs, the military was a leading institution in its opening of positions to women and African Americans and its offering of educational and economic opportunities that in many cases were not available to them in the civilian world. By opening positions to African Americans and women and remaking its "where boys become men" image, the military was an institutional leader on the issue of social equality in the second half of the 20th century. The pushback against gay men and women wishing to serve openly in the forces, however, revealed the limits of the military's pragmatic progressivism. This text investigates how policymakers have defined who belongs in the military and counts as a soldier, and examines how the need to attract new recruits led to the opening of the forces to marginalized groups and the rebranding of the services. Updated edition of the essential guide for enlisted soldiers in the U.S. Army This military reference guide, completely revised for the current army, is targeted at young men and women who have enlisted in the U.S. Army or are thinking about doing so. The book is a must-have resource for a successful career or tour as an American soldier and covers duties and responsibilities, promotion and career opportunities, real-world issues, customs and traditions, uniforms and insignia, pay and benefits, physical fitness, and personal and family matters. 1. A Dangerous New World, 1607-1689. 2. The Colonial Wars, 1689-1763. 3. The American Revolution, 1763-1783. 4. Preserving the New Republic's Independence, 1783-1815. 5. The Armed Forces and

National Expansion, 1815-1860. 6. The Civil War, 1861-1862. 7. The Civil War, 1863-1865. 8. From Postwar Demobilization Toward Great Power Status, 1865-1898. 9. The Birth of an American Empire, 1898-1902. 10. Building the Military Forces of a World Power, 1899-1917. 11. The United States Fights in the "War to End All Wars", 1917-1918. 12. Military Policy Between the Two World Wars, 1919-1939. 13. The United States and World War II. From the Edge of Defeat to the Edge of Victory, 1939-1943. 14. The United States of World War II: The Road to Victory, 1943-1945. 15. Cold War and Hot War: The United States Enters the Ages of Nuclear Deterrence and Collective Security, 1945-1953. 16. Waging Cold War: American Defense Policy for Extended Deterrence and Containment, 1953-1965. 17. In Dubious Battle: The War for Vietnam and the Erosion of American Military Power, 1961-1975. 18. The Common Defense and the End of the Cold War, 1976-1993. Appendixes: A. Participation and Losses, Major Wars, 1775-1991. B. The Armed Forces and National Expansion. C. The Armed Forces of the Cold War. Published each year since 1959, *The Military Balance* is an indispensable reference to the capabilities of armed forces across the globe. It is used by academia, the media, armed forces, the private sector and government. It is an open-source assessment of the military forces and equipment inventories of 171 countries, with accompanying defence economics and procurement data. Alongside detailed country data, *The Military Balance* assesses important defence issues, by region, as well as key global trends, such as in defence technology and equipment modernisation. This analysis is accompanied by full-colour graphics, including maps and illustrations. With extensive explanatory notes and reference information, *The Military Balance* is as straightforward to use as it is extensive. The 2022 edition is accompanied by a full-colour wall chart illustrating security dynamics in the Arctic. This book is for the teenager or young adult who is interested in enlisting in the United States Navy. It will walk him or her through the enlistment and recruit training process: making the decision to join, talking to recruiters, getting qualified, preparing for basic training, and learning what to expect at basic recruit training. The goal of the McFarland *Joining the Military* book series is to help young people who might be curious about serving in the military decide whether military service is right for them, which branch is the best fit, and whether they are qualified for and prepared for military service. Features include lists of books, web links, and videos; a glossary; and an index. Inside secure command centers, military officials make life and death decisions-- but the Pentagon also offers food courts, banks, drugstores, florists, and chocolate shops. It is rather symbolic of the way that the U.S. military has become our one-stop-shopping solution to global problems. Brooks traces this seismic shift in how America wages war, and provides a rallying cry for action as we undermine the values and rules that keep our world from sliding toward chaos. This accessible handbook is the first of its kind to examine the sociological approach to the study of the military. The contents are compiled from the work of researchers at universities around the world, as well as military officers devoted to the sector of study. Beginning with a review of studies prior to contemporary research, the book provides a comprehensive survey of the topic. The scope of coverage extends to civic-military relations, including issues surrounding democratic control of the armed forces; military culture; professional training; conditions and problems of minorities in the armed forces; an examination of structural change within the military over the years including new duties and functions following the Cold War. This book offers an accessible introduction to the U.S. military as an institution and provides insights into the military's structure and norms. Designed for undergraduate students, the book offers an interdisciplinary overview of America's armed forces through three critical lenses. First, it introduces the military's constitutional and historical context. Second, it presents concise factual information chosen for its relevance to the military's structures, procedures, norms, and varied activities. Finally, it intersperses these facts with debates, theories, and questions to spark student interest, class discussion, and further research. The text is written for the beginner but covers complex topics such as force structure and the defense budget. With contributions informed by both scholarly approaches and long military careers, the book will prepare students for further studies in international relations, civil-military relations, or U.S. foreign policy. It also encourages critical thinking, elucidating an institution that undergraduates and other civilians too often perceive as both baffling and above reproach. This book will be of much interest to students of the U.S. military, civil-military relations, U.S. politics, and public policy. These stories of military heroism, focusing on members of the Legion of Valor, offer a sweeping study of

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courage in service to America. Published in conjunction with the Legion of Valor of the United States of America, *Courage in Combat* shares the stories of military heroes from the Civil War onward. They are recipients of the Medal of Honor, the Distinguished Service Cross, the Navy Cross, and the Air Force Cross. Their awards are our nation's highest military decorations, given only to one in twenty thousand combatants. Among them are sergeants and generals, as well as corpsmen, civilians, engineers, "grunts," and paratroopers. There are men and women, a mess attendant, aviators, spies and POWs, a cavalry scout, candidates for sainthood, and a president of the United States. The stories of these brave individuals relate personal accounts of heroism, as well as reflections on combat and war. This book also includes a short history of the Legion of Valor, America's oldest military service organization, and an extensive list of its members, past and present. *Courage in Combat* explores the concept of courage through the lives, thoughts, and actions of this elite group—most of whom would say, "I was just doing my job." This book is for the teenager or young adult who is interested in enlisting in the United States Army. It will walk him or her through the enlistment and recruit training process: making the decision to join the military, talking to recruiters, getting qualified, preparing for and learning what to expect at basic recruit training. The goal of the McFarland *Joining the Military* book series is to help young people who might be curious about serving in the military decide whether military service is right for them, which branch is the best fit, and whether they are qualified for and prepared for military service. Features include lists of books, web links, and videos; a glossary; and an index. The role, status, and treatment of women is one of the major issues confronting the military today. This volume provides a range of perspectives on the magnitude of concerns, the sources of problems, how issues might best be addressed, and the future for women in the armed services. It is based on a special issue of the journal *Gender Issues*, supplemented with additional contributions from leading scholars. Historical and theoretical perspectives are provided by Lorry M. Fenner and Jean Bethke Elshtain. Fenner focuses on the role of women in the military since 1940, and argues for broader inclusion of women as well as other groups that have previously been restricted from full participation. Elshtain analyzes the extraordinary ability of war to draw both women and men into civic life, and observes how it calls forth and establishes a sense of particular identity for both men and women. Critical views are provided by other scholars. Laura L. Miller examines the feminist movement's insistence on full participation in combat units. Former Army chaplain Marie deYoung provides qualitative and quantitative data on military readiness and unit cohesion in mixed gender units. Leading military scholars (Mady W. Segal, David R. Segal, Jerald G. Bachman, Peter Freedman-Doan, and Patrick M. O'Malley) review national surveys comparing male and female high school seniors' responses to surveys conducted on questions about their propensity to enlist. Male-female differences are also addressed by Judith Hicks Steihm, who looks at the opinions each group has about the capabilities and performance of women. She finds differences by rank on questions as to how hard female soldiers work as compared to male soldiers and whether women are ready for combat duty. Historically, the military has provided minorities equal opportunity. Brenda L. Moore and Schulyler C. Webb examine whether or not this is still perceived to be the case in today's Navy. They focus on different perceptions by women and men, and by African American women in particular. Finally, William O'Neill examines whether the post-cold war downsized military will find women soldiers more or less important. Drawing upon social science research, historical data, and contemporary opinion surveys, *Women in the Military* is a cutting-edge assessment of a major gender issue in the United States. It will be valuable to researchers in women's studies, as well as those teaching courses in sociology, history, and military studies. Rita James Simon is University Professor in the School of Public Affairs and the Washington College of Law at American University. She is the editor of *Gender Issues* and author of *The American Jury*, *The Insanity Defense: A Critical Assessment of Law and Policy in the Post-Hinkley Era* (with David Aaronson), *Adoption, Race and Identity* (with Howard Alstein), *In the Golden Land: A Century of Russian and Soviet Jewish Immigration*, *Social Science Data and Supreme Court Decisions* (with Rosemary Erickson), and *Abortion: Statutes, Policies, and Public Attitudes the World Over*. "A powerful, enraging, tear-jerking reminder of how so few Americans have sacrificed so much during the so-called 'war on terror'. the best kind of war book." - Alex Kershaw, author of *The Bedford Boys* and *Escape from the Deep* "Through the voices and experiences of five very diverse members of the Virginia National Guard, *As You Were* gives the great majority of Americans who have not been

sent to war a sense of the experiences of our citizen-soldiers and the family, employment, and health problems they face reentering American society after experiencing combat." - David R. Segal, Director, Center for Research on Military Organization, University of Maryland "A sad, stirring, sometimes maddening story. Christian Davenport writes not so much about combat, but rather the home front—the struggles of the families left behind while their providers go off to war and of the soldiers themselves as they stagger back to a civilian world that declines to reward, or even betrays, their sacrifice." - Fred Kaplan, "War Stories" columnist, Slate; author of *Daydream Believers: How a Few Grand Ideas Wrecked American Power* Army veteran Brian Mitchell shatters stock Pentagon assurances to reveal that women have had a profoundly negative effect on U.S. fighting capabilities. A few of the grim facts: When the going gets tough, the tough get "stress passes" The truth about female troop performance during the Gulf War The two countries that tried a feminized military and quickly abandoned it The hard data on soaring attrition rates, skyrocketing medical costs, lower rates of deployment, mushrooming levels of single parenthood, and more... For much of the nation's history, the participation of blacks in the armed forces was approximately in line with their proportion in the total population. This changed during the 1970s: by 1980 one of every three Army GIs and one of every five marines were black. The reaction has been mixed. Many Americans look with approval on the growth of black participation in military service, since it often affords young blacks educational, social, and financial opportunities that constitute a bridge to a better life not otherwise available to them. But for other Americans, the opportunities are outweighed by the disproportionate imposition of the burden of defense on a segment of the population that has not enjoyed a fair share of the benefits that society confers. From this perspective, the likelihood that blacks would suffer at least a third—and perhaps a half—of the combat fatalities in the initial stages of conflict is considered immoral, unethical, or otherwise contrary to the precepts of democratic institutions. Some also worry that military forces with such a high fraction of blacks entail risks to U.S. national security. A socially unrepresentative force, it is argued, may lack the cohesion considered vital to combat effectiveness. Others fear that such a force would be unreliable if it were deployed in situations that would test the allegiance of its minority members. And some have even expressed concern that a large proportion of blacks may raise questions about the status of U.S. fighting forces, as judged by the American public, the nation's allies, and its adversaries. The authors of this book examine evidence on both sides of the issue in an effort to bring objective scrutiny to bear on questions that for many years have been loaded with emotion and subjective reaction. They also discuss the implications for the military's racial composition of demographic, economic, and technological trends and the possible effects of returning to some form of conscription. The U.S. Department of Defense (DoD) faces short-term and long-term challenges in selecting and recruiting an enlisted force to meet personnel requirements associated with diverse and changing missions. The DoD has established standards for aptitudes/abilities, medical conditions, and physical fitness to be used in selecting recruits who are most likely to succeed in their jobs and complete the first term of service (generally 36 months). In 1999, the Committee on the Youth Population and Military Recruitment was established by the National Research Council (NRC) in response to a request from the DoD. One focus of the committee's work was to examine trends in the youth population relative to the needs of the military and the standards used to screen applicants to meet these needs. When the committee began its work in 1999, the Army, the Navy, and the Air Force had recently experienced recruiting shortfalls. By the early 2000s, all the Services were meeting their goals; however, in the first half of calendar year 2005, both the Army and the Marine Corps experienced recruiting difficulties and, in some months, shortfalls. When recruiting goals are not being met, scientific guidance is needed to inform policy decisions regarding the advisability of lowering standards and the impact of any change on training time and cost, job performance, attrition, and the health of the force. *Assessing Fitness for Military Enlistment* examines the current physical, medical, and mental health standards for military enlistment in light of (1) trends in the physical condition of the youth population; (2) medical advances for treating certain conditions, as well as knowledge of the typical course of chronic conditions as young people reach adulthood; (3) the role of basic training in physical conditioning; (4) the physical demands and working conditions of various jobs in today's military services; and (5) the measures that are used by the Services to characterize an individual's physical condition. The focus is on the enlistment of 18- to 24-year-olds

and their first term of service. One of the military's most celebrated branches, the United States Marine Corps participated in battles from the Civil War on. But the Corps came into its own during World War II, fighting the Japanese Army. Since then, Marines have played a central role in every conflict, including the war on terrorism. This riveting book moves from the Marines' origins up through modern operations. More than 200 action photographs capture recruitment and training today, along with Marines in Afghanistan and Iraq. This book pays tribute to the unrecognized warriors and unsung heroes of human warfare: millions of animals from a surprising variety of species, ranging from rodents to dolphins to llamas. When one thinks of war, armies of soldiers and assaults with bullets and bombs delivered by deadly machinery typically come to mind. Throughout human history, however, animals have also played significant roles in our armed conflicts. In *Animals in the Military: From Hannibal's Elephants to the Dolphins of the U.S. Navy*, author John M. Kistler examines these contributions, describing the work of animals in human warfare throughout time, from lowly insects to birds to elephants. Drawing on both ancient and modern sources, the book reveals the full scope of heroics and horror committed by—and against—animal warriors in three unique areas: animals in combat, animals in support, and animals in incidental and experimental roles. Each chapter describes a single species, chronologically recounting its fascinating place in human warfare over time, from insects used as stinging projectiles to message-delivering pigeons. So you're walking out of school and parked at the gate is a new, bright red Ford Mustang with a hulk of a man in the front seat. He's sporting a razor cut and wraparound shades. Before you can pass he's out of the car and blocking your path. "Mind if I take a minute"—he has you by the arm now—"to tell you about the great life in today's Army and why you should seriously think about signing up?" The armed forces are having a tough time attracting new recruits lately, in no small part due to the mess in Iraq. Young people are getting wise to the many excellent reasons not to join the U.S. Military, and this handy book brings them all together, combining accessible writing with hard facts and devastating personal testimony. Contributors with firsthand experience point out the dangers facing soldiers, describe the tricks used by recruiters, and emphasize that there really are other options, even in a sluggish economy. It's essential reading for anyone thinking of signing up. *Out of the Crucible: How the U.S. Military Transformed Combat Casualty Care in Iraq and Afghanistan* edited by Arthur L. Kellermann, MD and MPH, and Eric Elster, MD is now available by the US Army, Borden Institute. This comprehensive resource, part of the renowned Textbooks of Military Medicine series, documents one of the most extraordinary achievements in the history of American medicine - the dramatic advances in combat casualty care developed during Operations Enduring Freedom and Operation Iraqi Freedom. Each chapter is written by one or more military health professionals who played an important role in bringing the advancement to America's military health system. Written in plain English and amply illustrated with informative figures and photographs, *Out of the Crucible* engages and informs the American public and policy makers about how America's military health system, devised, tested and widely adopted numerous inventions, innovations, technologies that collectively produced the highest survival rate from battlefield trauma in the history of warfare. Examines the increasing problem resulting from the fact that the people who make, support, or protest military policy have no military experience, analyzing the disconnect between military service and the privileged elite. *Stories in Uniform* is a chronological retrospective of the best military pieces *Reader's Digest* has run; pieces that will make you weep, make your heart sing, inspire you, enrage you, and make you laugh. Beginning in World War I and continuing through to the war in Iraq, readers will follow soldiers into the trenches, peer in on emergency surgery taking place in the depths of the ocean, watch heroes carry the bodies of fallen brethren, trail Eisenhower for the three days leading up to D-Day, and be inspired as men and women rise above and beyond normal human limits to preserve our rights and save their friends. Stories include: • A moving memorial to D-Day • A tribute to one of the first African-Americans to serve as a Naval Officer • A pilot rescued after his F-16 is shot down • A soldier returns to the front after losing his foot in action • An American soldier who takes a big risk to save a dying Afghan girl This book gives a complete perspective on the hell that is war, the love that grows from camaraderie, the pride from accomplishing the impossible, the humor that springs from the military bureaucracy, and more. "Integrating the US Military is an edited collection that examines the US Army's role and place in progressive social change through the lens of the military experience of African

Americans, women, and gays since World War II. By making this long overdue comparison, the editors argue this anthology demonstrates how the challenges launched against the racial, gender, and sexual status quo in the years after World War II transformed overarching ideas about power, citizenship, and America's role in the world. This anthology's major contribution is synthesizing recent scholarly work on the history of minorities and women in the US military. It does so by examining connections between GIs and civilian society in the context of ideologies of race, gender, and sexuality. Given the militarization of American society since World War II, revealing the links between these legally marginalized groups within the Armed Services is historically significant in its own right. At the same time, this comparison also sheds new light on a broad range of issues that affected civilian society, such as affirmative action, integration, marriage laws, and sexual harassment. Integrating the US Military is a book designed for college students, military professionals, policy makers, and general readers. Allowing readers to view the history of several civil rights movements within the Armed Forces will prompt them to rethink the way they understand the history of social movements. It will also help them to better understand the relationship between the military and American society. Finally, readers will gain a historical perspective on recent debates about the rights of gays in the military and the implications of deploying women in combat."--Provided by publisher. Walk with America's generals, grunts, and Green Berets through the maze of unconventional wars and unsettled peace. Four-star generals who lead the military during wartime reign like proconsuls abroad in peacetime. Secretive Green Berets trained to hunt down terrorists are assigned to seduce ruthless authoritarian regimes. Pimpily young soldiers taught to seize airstrips instead play mayor, detective, and social worker in a gung-ho but ill-fated attempt to rebuild a nation after the fighting stops. The Mission is a boots-on-the-ground account of America's growing dependence on our military to manage world affairs, describing a clash of culture and purpose through the eyes of soldiers and officers themselves. With unparalleled access to all levels of the military, Dana Priest traveled to eighteen countries—including Uzbekistan, Colombia, Kosovo, Indonesia, Nigeria, and Afghanistan—talking to generals, admirals, Special Forces A-teams, and infantry troops. Blending Ernie Pyle's worm's-eye view with David Halberstam's altitude, this book documents an historic and thought-provoking trend, one even more significant in the aftermath of September 11 as the country turns to its warriors to solve the complex international challenges ahead. The story of the United States military is the story of the country itself. Both have grown and changed over time. Learn about the unique histories, traditions, weapons, leaders, stats, and fun facts of the Army, Navy, Marine Corps, Coast Guard, Air Force, and Space Force, and their roles within the military in this fun and fascinating guide! From the few hundred soldiers in its ranks when it was first established, to the over one million service members today, the U.S. military has grown in power and size over its 250-year history. Its organization and branches have changed to adapt to new technologies and national needs. The Handy Armed Forces Answer Book: Your Guide to the Whats and Whys of the U.S. Military looks at each branch of the U.S. military. It answers more than 500 of the most intriguing questions, including ... How is the U.S. military organized? How do the branches work together? When did the Army Air Corps become the U.S. Army Air Force? What is the selection process like for Special Forces? Who was the Continental Army's first Commander in Chief? How does the military rank structure function? How does somebody become an Air Force officer? What was the "Brown Water Navy"? What is the motto of the Coast Guard? How many bases does the military have? What is the Marine Corps Hymn? Did any Coast Guard vessels serve in combat? What type of aircraft is Air Force One? Who said "Retreat? Hell! We just got here!" Who were the Buffalo Soldiers? What are the Blue Angels? What is the most challenging USAF plane to fly? What is the origin of the Coast Guard "racing stripe"? Does the Space Force have any operational bases? How did a mutiny help establish the United States Naval Academy? What is the longest-serving personal weapon used by the American soldier? What is the difference between a UAV and a drone? What attack submarines does the Navy deploy? Who defends the United States against cyberattacks and other digital threats? The Army, Navy, Air Force, Marines, Coast Guard, and Space Force are uniquely American, each in their own way. Learn what makes each branch special in The Handy Armed Forces Answer Book! With more than 140 photos and graphics, this fascinating to me is richly illustrated. Its helpful bibliography and extensive index add to its usefulness. The U.S. military has been continuously engaged in foreign conflicts for over two decades.

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The strains that these deployments, the associated increases in operational tempo, and the general challenges of military life affect not only service members but also the people who depend on them and who support them as they support the nation — their families. Family members provide support to service members while they serve or when they have difficulties; family problems can interfere with the ability of service members to deploy or remain in theater; and family members are central influences on whether members continue to serve. In addition, rising family diversity and complexity will likely increase the difficulty of creating military policies, programs and practices that adequately support families in the performance of military duties. Strengthening the Military Family Readiness System for a Changing American Society examines the challenges and opportunities facing military families and what is known about effective strategies for supporting and protecting military children and families, as well as lessons to be learned from these experiences. This report offers recommendations regarding what is needed to strengthen the support system for military families. This revised edition of Maj. Gen Jeanne Holm's classic work on the history and role of women in the U.S. armed forces brings the reader up-to-date by covering the role of American military women in all post-Vietnam military operations -- including the recent Persian Gulf War. Just as important is her discussion of the changing role of women in the military during the 1980s and 1990s. Book jacket. From the Publisher: This latest edition of an official U.S. Government military history classic provides an authoritative historical survey of the organization and accomplishments of the United States Army. This scholarly yet readable book is designed to inculcate an awareness of our nation's military past and to demonstrate that the study of military history is an essential ingredient in leadership development. It is also an essential addition to any personal military history library. Americans eat more processed foods than anyone else in the world. We also spend more on military research. These two seemingly unrelated facts are inextricably linked. If you ever wondered how ready-to-eat foods infiltrated your kitchen, you'll love this entertaining romp through the secret military history of practically everything you buy at the supermarket. In a nondescript Boston suburb, in a handful of low buildings buffered by trees and a lake, a group of men and women spend their days researching, testing, tasting, and producing the foods that form the bedrock of the American diet. If you stumbled into the facility, you might think the technicians dressed in lab coats and the shiny kitchen equipment belonged to one of the giant food conglomerates responsible for your favorite brand of frozen pizza or microwavable breakfast burritos. So you'd be surprised to learn that you've just entered the U.S. Army Natick Soldier Systems Center, ground zero for the processed food industry. Ever since Napoleon, armies have sought better ways to preserve, store, and transport food for battle. As part of this quest, although most people don't realize it, the U.S. military spearheaded the invention of energy bars, restructured meat, extended-life bread, instant coffee, and much more. But there's been an insidious mission creep: because the military enlisted industry—huge corporations such as ADM, ConAgra, General Mills, Hershey, Hormel, Mars, Nabisco, Reynolds, Smithfield, Swift, Tyson, and Unilever—to help develop and manufacture food for soldiers on the front line, over the years combat rations, or the key technologies used in engineering them, have ended up dominating grocery store shelves and refrigerator cases. TV dinners, the cheese powder in snack foods, cling wrap . . . The list is almost endless. Now food writer Anastacia Marx de Salcedo scrutinizes the world of processed food and its long relationship with the military—unveiling the twists, turns, successes, failures, and products that have found their way from the armed forces' and contractors' laboratories into our kitchens. In developing these rations, the army was looking for some of the very same qualities as we do in our hectic, fast-paced twenty-first-century lives: portability, ease of preparation, extended shelf life at room temperature, affordability, and appeal to even the least adventurous eaters. In other words, the military has us chowing down like special ops. What is the effect of such a diet, eaten—as it is by soldiers and most consumers—day in and day out, year after year? We don't really know. We're the guinea pigs in a giant public health experiment, one in which science and technology, at the beck and call of the military, have taken over our kitchens. The Military Enlightenment brings to light a radically new narrative both on the Enlightenment and the French armed forces from Louis XIV to Napoleon. Christy Pichichero makes a striking discovery: the Geneva Conventions, post-traumatic stress disorder, the military "band of brothers," and soldierly heroism all found their antecedents in the eighteenth-century French armed forces. Readers of The Military Enlightenment will be startled to learn of the many ways in which French

military officers, administrators, and medical personnel advanced ideas of human and political rights, military psychology, and social justice. Military professionals need to have a clear and working knowledge of the ethical decision-making process that underpin their profession in order to evaluate situations quickly. This volume identifies 14 key virtues and through introductory essays and real world examples, provides guidance for service personnel at every stage of their career. From the dawn of organized conflict, sub-standard men--the inverse of the elites that get the lion's share of our attention-- have served their countries. This is their untold history. The US military is one of the largest employers in the country and is a relative microcosm of American society, bringing in people from diverse backgrounds and history to defend the nation from all enemies. Military and civilian leaders address the same challenges as those found in the civilian world, including diversity, inclusion, equity,

and belonging. The US military has both led and followed the nation in establishing policies of diversity and inclusion. In this second edition, the editors and contributors provide a revised, updated, and expanded overview of the ways in which diversity and inclusion are dispatched in the US military by providing information and knowledge about celebrated and contested social characteristics including race, ethnicity, religion, gender, and sexuality and three new groups comprising the military: the (dis)abled, civilians, and immigrants. Astute subject matter experts contribute contemporary, must have, go to chapters into a fresh, compelling, and insightful volume on the roles that each of these groups occupy in the US armed services as well as the laws, rules, and regulations regarding their participation. This new edition also provides eleven Lived Experiences that enliven and humanize each chapter and will assuredly inspire readers.